

You are Baba's ever happy children, right? It's Baba's love as Father and as Teacher to see all of us as having all the attainments. Baba says that through remembrance, everything has to be experienced long term, whether it is practice of soul consciousness, cheerfulness, or contentment, everything has to be long term. In the past, whatever we had long term, kept emerging again and again. Your strong sanskars emerge from the past, because they were practiced long term. So, when anything is long-term, it keeps emerging, and we do say sometimes, it is taking such a time to change. How do we create a strong sanskar from long term practice? When it comes to all attainments, how do we stay cheerful or happy long term? I really really felt Baba's love, when He was saying that children should pay attention. Yesterday, Baba said that we become careless sometimes. The more we remember Baba, when there are attainments, then the service for which we will become an instrument to do, will be unlimited service. Baba said that it won't be limited.

One of the important attainments, I feel, is that Baba has made us free from bondage. Bondage causes thoughts to come to the mind, even when you don't want them to come. Baba is the Liberator, so somewhere we have to break that chain and say, "No, this is not how I am going to use this sanskar." I have to create something new, I have to create long term sanskars. So, whichever virtue is required, I have to keep using it, so nothing can emerge from the past. Baba has liberated us so that we don't think unnecessary thoughts. It shouldn't be that I think and say things that I really don't want to. Something from the past should not force us to do that. I wouldn't want it to be like that. We take care of the body, we feed the body, we sustain the body, keep it clean, use it as an instrument, but we don't create bondage. With all our lokik, alokik family, let there be very loveful relationships, not bondage. It's not that I am pulled by anything, even alokik relationships. My intellect should not be pulled. Baba said that to pass with honor is when the intellect is not pulled anywhere. Yoga of intellect only with Baba, that's why when we wake up in the morning, we say, "Good morning" to Baba. Baba says that morning is the best time even to churn the knowledge, to go into depth of knowledge, because churning knowledge is like creating wisdom, becoming sensible. When you go really deep into knowledge, you start getting insights.

Why does Baba say that it is necessary to be trikaldarshi? Do I have to be trikaldarshi? How do I become trikaldarshi? It's very interesting when the intellect has that capacity, but it doesn't just come. Knowing three aspects of time doesn't make me trikaldarshi. I have to use it, you know, one or two times during the day, when you have to decide on something, think about past, present, and future. When Baba says to churn the knowledge, I deeply want to understand, I want to be trikaldarshi. It's really such a subtle quality of the intellect, to be trikaldarshi. When you are trikaldarshi, many qualities will emerge. You might get more patience, or you might have more power, to discern something deeper. So, with churning of knowledge, Baba says to get up in the morning, say "good morning" to Baba, and then that's also a very good time to churn the knowledge. So take just one point and go into depth of that point, then you see the energy of that, and the capacity of that in your intellect. Then everyone would want to take advice from you, would like to consult with you, will have trust in you, because you are trikaldarshi.

Trikaldarshi is not an ordinary quality. Great saints and sages used to be trikaldarshi, and here Baba has given us knowledge of the three aspects of time. So, I need to be trikaldarshi, but sometimes I just wake up. Baba said, "Child you are trinetri." So, you should be able to see very far, but that really comes from deeper feelings or when you start feeling, "Yes, this is what is good for the future." Especially these days, we have a lot to reflect on, what is happening at present, and what direction we have to take. What important dharna do we need? Even when it comes to remembrance, is it about the relationship. I have to think of Baba's powers, Baba's qualities, or of what I am receiving from Baba. In the morning. I always like to remember Baba with a lot of love as my parents. Then I think of Baba as Teacher, Satguru, my supreme guide. In all relationships, remembrance of relationships, Baba says, "You have to be like me." So, I have to come very close to Baba through remembrance. In attainments, the right attainment is what has become yours now. That is your expertise, your stage, your attitude, not in the form of knowledge, but in the form of, "I have become that." Knowledge is Baba's knowledge, but when I really churn, I receive power, understanding, or being sensible in the mind, and that is attainment. Just having knowledge is not attainment, but churning practice, inculcation, then it becomes knowledge as light, knowledge as might, knowledge as virtue. The light of knowledge is in me, and light means you can see clearly, might is your Baba and the virtues.

So, in attainments, one of the methods that can become my long term sanskar even in lokik families, they wake up and say, "Good morning". So, then it becomes natural. The same with Baba, it has become natural, "Good morning, Baba." Then either from murli or any of the points, you find that you want more clarity, of course through discussion, clarity comes, but churning also brings a lot of clarity. For me, with many points, I just go into depth, "What exactly is Baba saying here? How is it beneficial? How can I make it part of me?" So, Baba says in the morning hours, you churn, then you study, listen to murli, you are drinking nectar.. When you drink nectar in the morning, then the whole day just imagine, in the intellect there is nectar, and nectar is what makes devils into deities. Nectar emerges by churning the ocean, and when you drink that nectar, the purity, it is the sacredness of nectar that makes you divine. So, first it will be divine intellect, then it will be divine virtues, because sometimes we take it for granted by thinking, "I understand, I know." However, some work has to be done. I think that you will feel very happy when you are able to do it and you feel, "Yes, it really has become part of me, now I own it, now I inherit it." So, Baba keeps telling us the method of attainment, and of course we can say we have all attainments, right? We have God's love, and God's love has now become our love. I feel this, then I share with others. Think about this more and more. We are always cheerful and happy. Baba has given so many unlimited gifts to me and to everyone. So, I have to keep these gifts with me, and remain very happy.

Om Shanti