

Om Shanti Everyone!

When we listen to Baba, we all feel that, "Yes, we can do it." Baba wants us to be consistent, not just sometimes. For that, Baba said that we just need to have attention and awareness, smriti. Today, Baba gave us two yuktis. One is to have the awareness that, "I am a charioteer and in the company of Baba." Two words that Baba used are yogyukt and yuktiyukt. Yoga means remembrance, and yukt means constant remembrance. Any action, when you begin, just spend a moment or half a minute to remember Baba, that is called yogyukt. Let's say, whatever is happening sometimes it could not be pleasant, but I keep remembering Baba. Instead of saying "Oh it shouldn't have happened, why is this happening, this is not right." Remember Baba, and see the help that you get. We have to have remembrance before we start action, whether you are eating or cooking or whatever. When I pick up the pot, let me remember Baba for a moment, and this will create a kind of consistent remembrance. So, the intellect is not with the action, it will be, but before starting any action, remember Baba, be yogyukt. So, when there is remembrance, your thinking, your speaking, and your actions will be appropriate, accurate, and elevated. If there is a lack of that remembrance, then the way we will think and speak will not be yuktiyukt. When it is not yuktiyukt, you yourself know, sometimes you say certain things and after saying it, you say, "Oh I shouldn't have said that." I didn't create good feelings or I didn't speak with good feelings. So, it is not yuktiyukt, because you didn't remember Baba.

Baba said this morning in the murli, that we need to implement knowledge. You know one is to have knowledge, but how do I apply knowledge? Baba said that you need two things for that: a clean intellect and a soul conscious stage. When the intellect is clean, and the stage is soul conscious, then when you are listening to Baba's murli, the intellect is able to imbibe. Then you are able to apply that knowledge. We have knowledge in our intellect, but we don't know how to use it. Just as Baba said to use your speciality, it is the same as using knowledge, and you will have a lot of beautiful experiences. If there is any situation where people have a different kind of mood, just look at them as souls. Keep thinking, "You are a peaceful soul, you all are a loveful soul," and see the changes that will happen. This is called applying knowledge. However, if we just have a lot of knowledge in the intellect, you know one of the most deceiving things in life is, "I know", but if you know, then you have to do it now, and do it according to knowledge.

When I was listening to murli this morning, I kept thinking about it. Baba said that one of the biggest weaknesses is that you don't follow shrimat, What is shrimat? Be soul conscious, remember Me. Manmanabhav is shrimat. What is shrimat?, to have thoughts, words, actions, and be pure. So, every day, we pay attention to having more and more implementation of knowledge, and to practice what we really believe. We have more realizations, more power, plus Baba says that the path becomes very easy and smooth. Even when there are tests in the form of situations, we pass with honor. Every day, there is so much influence of opinions, atmosphere, or situations. Nothing has to be mixed into our intellect, nothing. Something happened, so you find the right thought, and if not, just remain quiet, and the right thought will come. Keeping the intellect clean and clear is very important, so that we can imbibe the knowledge and

we can feel the signals Baba is giving us. We know that intellect is also sight, vision. As we see through these eyes clearly, I also see clearly through the intellect. So, the whole day be yogyukt and yuktiyukt. This automatically prepares us to receive blessings from everyone. Any action you do, what will emerge in the heart of another person is bless you, like blessings.

Baba said that you are sweet, you are royal, you are detached, lovely. Detached is not that I don't care, but that I am not getting affected. So, I can do what I have to do, because when you are affected, it is like you are shut down. Your intellect doesn't know what to do, you are not able to discern, "What is next? What should I do?" For the intellect to smoothly function, clearly function, use power to discern and very quickly whatever is needed, that thought should immediately come in the intellect. So, it's very beautiful when Baba says detached and lovely. Baba keeps saying, children be soul conscious. Understanding of knowledge is based on soul consciousness. Look at Baba as the Supreme Soul, we just take one or two main points from the murli, and the whole day we make efforts. So by the evening, you feel a little progress, improvement, transformation. So all the thoughts the whole day, I want to think of Baba. "Baba you are my guide, you are my friend, Baba I get inheritance from you. Your qualities are my qualities, we claim inheritance from You."

Watch your thoughts the whole day and see the impact of being yogyukt. Yogyukt into yuktiyukt. Let's say you have to say something and you say, "I'm very frank. I'm going to say it as it is", but it may hurt someone. I always say that we all are Baba's sweet children. It's not, I am a sweet child and you are not, so this is where you are giving an example. Even if you say nice words, but somewhere or other there are some feelings there. So, when there is remembrance of Baba, we keep clearing, not using that influence from the past. This is not just renunciation of five vices, but very subtle attitudes, because when we say that all are souls, there's a lot of love, and this love is spiritual, it's pure and true. So, Baba wants us to be consistently yogyukt, rajyukt, detached, lovely and of course, Baba said to consider yourself to be a charioteer and be in the company of Baba. We can do it. There are so many habits that we have created, and they have become natural. Now we need to have the same habit of paying attention to the self.

Om Shanti