

Om Shanti everyone!

We are on a pilgrimage of silence, so it is important to have balance between sound and silence. We do need to speak, but when should we be in silence, when should we speak, and how much should I speak? When we are on this journey, we are very clear, and we see the value of words. For those who value their words, even if they only speak a few words, they will convey the right message. If there is no silence, only words, then you have to keep speaking, keep repeating, and keep emphasizing. The aim is to have a good balance between sound and silence so you are clear in silence, and that your words will be accurate. In silence, there is love and peace, so words will also have your vibrations of love and peace. When you speak, the other soul experiences that they have been told with a lot of love and respect. Even when we have to give knowledge, how do we present it, what is the right way to say it? So, we should use the power of silence to keep refining our words, and keep improving the way we say things.

Another very subtle balance is between your own mind and intellect. The mind has bhavna, and the intellect has logic. Sometimes you will find that the mind has bhavna, so the mind wants to do something, and the intellect will say no, you don't have to do it. We don't have to do that much, or this is not the time, you will do it later. So, deep within, I need to have both. Yes, there is logic, but also bhavna. You have to be sensible, but also have a lot of pure feelings. That means that even your expression of pure feelings is based on Baba's knowledge, that is in the intellect. When we really have this balance, every action will then be an appropriate action. You all can reflect on this aspect of balance between mind and intellect and listen to both. What is your heart saying, what is your brain saying? In silence, both mind and intellect are in an eternal stage, or loveful stage, or peaceful stage, free from any influence or desires. So, if you keep internal attention, you will see how they both converse, and then something is decided. When there is internal balance, automatically, everything will be balanced.

For the last two days, Baba has been talking about balance between child and master. There is the awareness that I have all rights as a child, to Baba's treasures, that I should use them as a master, but I also have to be responsible in the way I am using them. We have Baba's inheritance of all attainments. How do I use

those attainments so they can multiply? It is the way we use them, the way we share with others, where my fortune is increased, and I definitely become more lovely and lucky. Baba says that we are lovely and lucky stars, we have the innocence of a child and the authority of a master. We listen to Baba and everyone with total innocence, but when it comes to accepting, deciding, and acting, I have to be a master. This is a very beautiful balance, and I think every balance requires a lot of practice. Even physically, our whole life is a balance.

One very important balance is between incorporeal and corporeal. I am doing action; the soul has to use the body to do actions, but my awareness is incorporeal. I am a soul, I am incorporeal, a point of light, and doing actions through the organs of the body. Even if I am totally soul conscious, I have to use the body to do actions, I have to walk and talk, so I have to balance that stage also. In other words, even if I am very angelic, very subtle, I also have to be practical when I do actions.

They say that balance brings bliss. The definition of bliss is total balance. Bliss means no fluctuations in emotions. How subtle, when I look at Brahma Baba and I see how incorporeal ShivBaba and Brahma Baba's soul are together, this is a kind of balance, right? It is the same for the soul and the body. In this blissful stage, you are very internally stable and always happy, always in supersensuous joy. Bliss is beyond sorrow and happiness, profit and loss, defeat and victory. Baba says that if you have balance, you receive blessings from everyone. You are very spiritual, but also you are very practical. We call this a balance between lokik and alokik, every virtue and power has to be in balance. You are very gentle and sweet, but also firm and determined. You have to be introverted, but also cheerful. Another example is when you have tolerance, you have to be careful that you are not subservient to anyone. So, there are many balances that should happen naturally when we are on the pilgrimage of silence.

Tomorrow we have homework for an elevated life. Baba always says that you are special souls, you are elevated souls. Keep reminding yourself that I am an elevated soul, so that the sanskars of being elevated emerge. Today, do you have the happiness that out of everyone in the whole world, the Father selected you, and made you belong to Him, that I am that same fortunate soul of the previous cycle? Constantly continue to move forward in that happiness.

Om Shanti