

Om Shanti Everyone!

How is everyone's pilgrimage of silence? I am getting very good feedback about paying attention to having more silence. Now, we are starting another homework that while doing actions, what awareness should there be? In the morning, start with silence, then during the day, check that you have the right kind of awareness while doing actions. Then again, in the evening, we go into silence. Baba is saying that it is our responsibility to bring the time close, for the completion of Baba's task. Today, I was thinking that there is so much expansion now, so many countries all over the world, but even in India, there are so many centers, and so much Brahmin population. We all have to keep the aim, as Baba said, that we have to become complete and perfect, so there won't be any obstacles, there won't be any difficulties and no 'I' and 'mine'. Everything will finish. That's what we are supposed to do. Remembrance of Baba becomes the power that brings cooperation.

To become karmateet while doing actions, there should be remembrance, because if remembrance is there, the soul is creating beautiful sanskars, the original eternal sanskars are emerging. It is possible to emerge personal sanskars, or sanskars of others, while I am doing Baba's yagya seva. In the rosary, there is a very beautiful class that Sr.Jayanti gave on Sunday morning in London. She was saying how in each religion, there is this tradition of remembrance but it may be in a different way. It is through silence. Silence is not only not speaking, but just being in your eternal stage of purity, peace, and love. Just remain absorbed, not speaking, not thinking, just the awareness that I am a pure soul. This kind of silence, the power that you are accumulating is said to get you accomplishments. Today, the whole topic was on siddhi. I noticed that If your thought is a pure thought, it awakens the soul. If you are talking about a soul, about a task, that awakening should happen, then a response comes immediately. So, it is up to me.

One thing we always have to remember at the confluence age, is that whatever Baba's shrimat is, I have to do everything, I even have to think according to Baba's shrimat. This is not only about following principles and maryadas, although that is important for actions to keep our safety. In our mind also, our thoughts should be based on shrimat. That is why our main sustenance comes from Baba's murli. So read murli, listen to murli, and then study murli. There are three things. I listen to murli after amritvela, sometimes I read, and then I listen.

There will be many situations and settling of karmic accounts, but what is my response? What is my reaction? Is there bhavna? Is there love? Is there peace? Maybe I just get a little bit forceful or some sanskars emerge from the past. That means that my study is not very good. Baba says that your stage should be such that, whatever circumstances, situations you have to face, you should remain peaceful. You should stay calm and pass with honor. Every scene of drama is accurate. Baba said

that we should be stable and that there should be no influence of any kind. These days there are a lot of problems in the world, a lot of negativity in the world, but I don't have to absorb anything. As much as possible, listen just a little, not too much. Too much information creates thoughts. There is no harm in being informed. When there are details, they keep repeating, they keep coming in the mind. If any wasteful thoughts come, change them with knowledge. You have to become quiet inside. It should not keep going on and on. I will talk more on how introspection helps in developing silence. Check to see if a thought comes out of fear or something that has happened in the past. All of us have different kinds of fear. There is fear within the sanskars. Check to see if I am losing courage, I don't think I can manage, I don't think I can do it. So, in silence I have to observe and find out the root sanskar and change it. Almighty Baba is there, and I should have faith.

In the bhog message, Baba said to always remind yourself, "I am a victorious soul." Don't think of defeat. Maybe something has happened, you lost something and you lost trust also. I cannot say, "I can't trust anyone anymore." So, I cannot lose the quality of trust, because I need that quality. Introspection is where you are finding, from where these thoughts are coming, and then you change it, any vice or weakness, you change into a virtue. As much as you keep changing, transformation happens. Introspection is not only about looking at weakness. Definitely, we want the quality of our thoughts to be very elevated, so the power of silence keeps increasing. Whatever you are thinking now, there is attention to that, it is very auspicious and elevated. You yourself feel how much you are benefiting, that there is power in there, otherwise, you could feel weak. We are ascending and we are moving forward. Everyday, there will be more courage, more trust. These should keep growing.

Keep the awareness of being a detached observer while carrying out every task. Do you experience yourself to be a detached soul, who is enabling actions to be performed? The stage of a detached observer constantly makes every task easily successful. The stage of a detached observer is so lovely. A soul who performs actions as a detached observer is always detached and loving to the father. Do you have the intoxication, "I am an alokik soul who performs actions with this practice, one who has alokik experiences, a soul who has an alokik life?" While performing actions, continue to increase this practice. This practice will enable you to attain your karmateet stage. This is called being an elevated soul.

Om Shanti