

Om Shanti

This morning, Baba started the Murli beautifully, saying that when we are in soul consciousness, our faces are fully blossomed, like flowers, and we are very very happy. Does each one of you feel that you all are happy? If not, we just check in some subtle way, if there is some kind of body consciousness. Baba said that body consciousness is the cause of all other vices. So, when Baba begins the Murli in this way, I say, "Well that's how Baba wants to see me, and that's how I have to be, always happy."

For the last few days, we have been paying attention to increasing the power of silence. I think that each one of us has noticed some difference, because when there is silence, there is a very deep experience of peace, and the mind is clear. When we think too much, wasteful thinking, unnecessarily thinking, there is confusion. However, when we are in silence, necessary thoughts will emerge at the right time. Silence actually helps us to think properly, because in silence, we are creating different practices and creating our stage. I have been practicing the whole day, how to be a bestower of peace. It is very good to do our homework, because when there is attention on each aspect, we are able to cultivate and accumulate. We accumulate peace even though we know that peace is our eternal quality. We should pay attention, especially on silence, because whatever we have to do, we have to think, no one else is going to think for us. In silence, there will not be unnecessary or excessive thinking. In this way, we find that our self-trust is growing, and in self-trust, whatever you are thinking, you know it is right and true.

Baba is using the word elevated. Elevated thoughts and elevated stage are not just being positive where there is a virtue, but there is also some charity, there is something beneficial. Like today's slogan said to be an image of virtues and help others. Yesterday, in the bhog message, Baba said, very nicely, that we all are co-travelers. Whenever we are on a journey, if someone midway says, "No, I don't want to continue" or "I am feeling weak, I am tired", we try to help that soul. We try to convince that soul to continue, to restore their enthusiasm. When the mind is strong, everything is easy, so we cooperate through the mind, and give blessings. "You will make it!" "You are very elevated." "You have strong determination." When you have these thoughts or even speak these words, they are like blessings for that soul. Recently, I was asked to give a short message for a UN Program called "Shakti". So, I did a recording. I don't remember what I said, but they were saying that it was such a beautiful message. I find that because there is the power of silence, your intellect emerges and you come up with some thoughts for different themes, according to the situation and what people need. In silence, we really connect with the souls of the world, not in a physical way, but according to what the soul needs. We see this also in families, how we speak to our children, not to control, but to guide and help them move forward on their path. So, in our thoughts, there is this power and clarity. In silence, you are so much with your own true self, that whatever you think and convey to other souls, they will be touched by that truth. This is what I experienced.

Whether we are speaking or verbally silent, this is a living energy, working consistently 24 hours. Deep silence can be experienced when we are deeply churning, reflecting,

or when we want to experience all relationships with Baba. Deep silence can also be experienced while reading and listening to murli. If the mind is silent, you really understand and you are touched by what Baba is saying, by His directions. Otherwise, while listening, the mind and intellect are thinking and evaluating what Baba is saying. If you can really listen to Baba in silence, or even when reading in silence, every word has such deep meaning and also creates the awareness of whatever Baba is saying. In silence, I have the capacity to receive. Even to experience God's love, one needs to have silence. Whatever you have to say to Baba, say it, and then be silent to get the answers, to receive what you want. Once your thought is a pure thought, it will be accomplished. Brahma Baba never doubted, because he knew that one day or other, thoughts will change into reality. The same will happen to us also when you have a thought for someone's upliftment, or bringing some benefit to the soul, because our vision is always high on each one. We always say, "Oh this one should also go fast, this one should be in remembrance of Baba more," whatever pure thoughts are there. These are not desires or expectations, but these are the thoughts coming from a pure heart, and when you have that, they will be fulfilled, they become blessings for others. That's why Baba said that we are bestowers of blessings, because in silence, the soul's power becomes very subtle. Anything that is angelic and subtle has more power. Our intellect and mind are now very subtle, they do not get caught up in physical and gross things, you remain light, you are not overthinking or burdened, then you are free.

Baba and Drama are very powerful. Baba is almighty, and everything will happen according to Drama, so why should I overthink?. Think elevated and share that and be detached and observe. Baba said, "Don't wait for the result, but continue on the journey by sharing virtues, sharing powers, and sharing blessings." Those who are charitable great souls have such kindness that they want to share all the time. They are very incognito and they don't announce it. Today, a beautiful story was sent to me. There is a person in india who is the second richest, but not known, and he is muslim. During partition, he decided to stay in india. Many times in Pakistan they called him and said they will make him prime minister because he is a very successful person. He said, "No, India is my mother country, that's where I'm born and I'm not going to live anywhere else." Seventy-five percent of his property is just for development in villages for education and he is one of the richest people in the world, but not known. So, a real charitable soul doesn't hold on to anything. Baba said, "You got the message, now you give the message to others. Now that you know how to connect with Baba, help others also. That is charity." So, elevated thoughts are always also thoughts of how we can help souls who are suffering. The capacity to do all of that is through silence. Baba is also in silence. So, continue to connect with Baba, and keep taking powers from Baba.

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