

Om Shanti

Every day we are accumulating the power of silence. Baba said that each thought has to be so powerful, not only to help me in creating my stage, but also in my activities. One is the power of thought, another is having the right thought at the right time. Thought is also connected with silence. I think, "I am a peaceful soul, I am in loveful soul", and I go in silence. From that silence, I think about what I have to do, and what I have to decide. As much as the power of silence increases, that much power of thought increases. When we start seeing the connection between silence and thought, then we are able to pay more attention to them both. Sometimes we have certain feelings or certain thoughts. When we express them, we forget that whatever I am expressing whether to a person or the situation, it should not hurt anyone's feelings, but it should help other souls to express their feelings.

Experiment with going into silence for a moment, and then think. The power in your thoughts will also help you to go into silence. If thoughts are not very organized, or very spiritual or loving, you cannot go in silence. Those thoughts will keep bothering you, and you won't be able to stop them. It's like you are regretting your own thinking. Everything is connected with thoughts. So, to integrate silence and power, you need to integrate silence and thoughts. If we want very pure thoughts, clear thoughts, beneficial thoughts, then silence is important. Shiv Baba is silent all the time, so when he speaks knowledge, you can feel that power. Our thinking is connected with silence, and when you speak from that thinking, others will experience silence. For example, lokik people would come in front of Brahma Baba and they had so many questions to ask. Baba would sweetly say, "Child sit." Baba always used to take a few moments of silence before saying anything. The souls would forget everything and just go into the experience of peace, and vibrations of love.

Silence increases our capacity for thoughts to create vibrations. If someone wants to say a lot and if you are in deep silence, the vibration of that silence will remove many of the thoughts in the mind of the other one, and they will say, "Thanks, that's all I have to say." Later on, they would say that they had so much to share, but they did not feel like saying anything. There are some who are asking how this power of silence really works. One way is that it can help others to experience silence so their speed and quantity of thoughts can be reduced. Silence will also help reduce weak thoughts, doubt, lack of confidence, or whatever weakness is present. If I have silence, through thoughts and just a few words, they get power; power of faith and power of love. This is a very beautiful way to do service and to have relationships. That is why there is a tradition in the Brahmin family that we always share drishti, and then say Om Shanti. What drishti means is silence, and when we say Om Shanti, the speed of the thoughts of the other person also reduces. Then that person feels peace and silence and says, "Om Shanti." Many come to Baba and as soon as they enter Baba's room, they say, "I feel so peaceful and rested in Baba's home." Even in your home, if you have a little room or a little corner for Baba, when you go there, you experience love and peace. This is all coming from silence.

When we say touching and catching power, there is silence in your personality or silence in your words. Try not to keep talking. Say whatever you have to say, but beforehand have silence. In silence, have a few thoughts and speak those thoughts. If I am in silence, and tell them before we start, "Let's have a few minutes of silence", a lot of things get cleared even before speaking. They wanted to say something, but now they don't want to, or they didn't want to talk, but want to now. So, apply this power of silence in communication, in activity, as Baba said, and see the success. The power in your own thoughts and the power that other souls receive, as well as thoughts of other souls, becomes very pure, reformed. This is what Baba has been saying: to use the power of silence in your thoughts and words. After silence, when you speak or think it will be very powerful.

When we read Murli, every word of Baba touches us so deeply. Yes, I am on a pilgrimage of the intellect, I am going to the land of immortality. Other people's pilgrimages have to look at the season, but for us, no, it is a silent journey. While reading Murli, Baba is giving directions, "Children, now is the time to think about Home, about your own journey". Everything in life has to be based on Murli, because that's what the Father, Teacher, Satguru is saying. Baba said that we have to give the message to everyone, we have to serve the world. Today we had a small meeting and I said every center, Baba's home and child's home can have a message or a blessing recorded. People are going through so much. When they listen to that blessing, they can get power, comfort, and clarity. The thought came this morning and I said let's start with some centers, so they said yes. Instead of posting it in an email, if it's spoken, it has more impact on the soul. Let's do this, it can be on the radio or on television, just very short, and every day. All we have to prepare is someone to record it or make a clip on video, but mostly it will be listening. The thought is from Baba's Murli. One of the important things they say about the success of Avyakti Parivar is that it is consistent, the same as any service you do. If it is consistent, then it will touch them and they will listen every day. They will also have more interest and then more awakening can happen. Silence increases the power of touching and catching. So, the heart is touched, awareness is touched, and when your feelings are touched then you remember what touched you. If you see something and it touches your heart whether it gives happiness or causes sorrow you don't forget it, right? That's why Baba said that if you don't want to feel sorrow, you have to forget the world of sorrow. So, the more you remain silent, the more you are clear as to what you are feeling and what you want to do. Regular planning is different, but when you are touched by what you want to do, you will definitely be able to accomplish service for the Yagya and service of giving messages to the world. So, go into silence for a few moments whenever possible, create bodiless stage, remain in soul consciousness. All that helps us to increase our power in thoughts, words, and actions.

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