

Om Shanti

It has been very beneficial and amazing when we are doing the practice through thoughts, and trying to stay in this stage. Then, there are so many of what I call 'under current thoughts', I don't know where they come from. Is it a past experience, what we're seeing, or sanskars? How many of you have noticed? There are lots and lots. It's so interesting, I found that a certain type of thoughts were very consistent and I realized that maybe I have to change my perspective about the way the mind is working somewhere in the subconscious or whatever way. I really found out why these kinds of thoughts are emerging. They're not negative, but they are still somewhere deeply within, about the future, fear, or whatever. Do you relate to this or do only I get it? I thought okay, let me change, and then I remembered Dadi Prakashmani's words. One day Dadi Janki was talking to Dadi Prakashmani about certain things and Dadiji said that 98% percent of everything is okay, and two percent is not okay, and you all think of is the two percent and you forget the 98. Dadi Janki said, "Everything changed inside. Now, when I come out, I see people doing things, sevadhari doing this, the place is clean and everything is running. I was so changed in the way I think." Sometimes it does happen that a few situations arise or a few things happen. Our mind is so much with that, we feel like that's our whole life, and we forget that there are a lot of good things. I'm just giving an example that if you practice that means that transformation, this realization can happen. This is a big achievement because now all those kinds of thoughts will change into elevated, beautiful thoughts. Siddhi really is that I realized, and then I said, "Okay, now I will think about a new picture, new things, in a completely different way." So, that's a kind of accomplishment, the beginning and then when you change it, you get it. It really becomes a gift for you to function, to allow yourself to be part of whatever has to be done.

Every night, when I look at the chart, I find this homework or practice is very beneficial. When we do it, naturally we can help others to have that realization, but you start with, what is benevolence? There's a beautiful word, 'benevolence' in English is very good but in Hindi, it's 'Kalyan'. Kalyan only gurus can say, a father or teacher cannot say. The guru will say "Kalyan ho" which means, in the sense of everything for you will now be well. One day is never enough for any practice, but at least you start seeing why it is important, that soul consciousness is important for everything. I don't know whether we will be able to play it today or not, but there's a very beautiful song, I think we played yesterday. It is Hindi plus they have English words. It is a very simple way of soul consciousness of my eternal self and original self. This song is very simple, but it's beautiful. Now practice.

Tomorrow we start "Image of Purity". As Brahmins, we all have a pure life, but whatever there is in the attitude, whether it is towards my own self, or even for others,

we want a very clean, pure attitude and also drishti. If the attitude is clean, then our drishti will bring souls closer to Baba. Purity in the sense of principles, but very subtly there may be alloy there, impressions, this person is like this, all these thoughts, even before we interact with someone. We are not changing, not allowing other one to change. Purity is removing alloys from the past, and we all have to become pure gold. Just like my original and eternal self. What am I? Eternally, I am pure, loveful, peaceful, powerful, blissful, light and might. That's what the eternal self is. Keep emerging this. When you emerge it often, you can see the difference in your thinking. From general ordinary thinking, comes very powerful thoughts from that stage. Think about purity at the very subtle, deeper level. An interesting thing is that the words that we speak, the element of the mouth is ether, or 'sky'. That is why they have a radio station, they call it Akashvani. Every word you speak, it reaches the sky and the sky returns to you the way you speak, because they say every element in the body, the way you use it, determines the reaction or response from that element. I never connected words with the sky element, but they say because the sound really is coming because of this hollowness or whatever. So, we will be practicing that and have many experiences and realizations. I find that Baba is making it easier and easier for us, it's higher and higher, but also easier and easier. He knows this is a very high destination but then again to go back, reclaim what I was, shouldn't be very difficult, right?

In Sunday's Avaykt Murli, Baba said that if you want to become an angel, use two words. Do you remember? Which two words can make you an angel? Why are we making so much effort? 'Manmanabhav' He always told us. So, Baba said "Ha ji" and "Thank you". Some always say "Ha ji" but they don't say "Thank you." I realized that it's true because I say thank you a lot and you know even if somebody gives me a cup of something, I say thank you from my heart. 'Ha ji' and 'Thank you' will make you become angels. I said that's good, why shouldn't we do that, right? It's not just to say 'Ha ji' but you mean 'Ha ji' right, in the sense of yes, I accept, and then, 'Thank you'. I thought it was very good that the whole Murli is making things easier. As I said, you still feel it is a very high destination but He says, no, it's easy, you can do it.

Om Shanti!