

Om Shanti everyone!

As much as we are practicing to change awareness into embodiment or image, many beautiful experiences are being shared. It is only when we pay attention to the practice, that there are beautiful experiences and also attainments. When there is attainment, that becomes part of yourself. That is the siddhi you have, because you have attained. So, when you think, or speak, or look at others, you will also have that experience. When we were all practicing stability, I think everyone must have done it in a different way, but one of the attainments, I felt I could use more of, is actions, we say action and reaction. In the same way, thoughts also have a kind of chain, they continue. What you were thinking yesterday, you continue from there. This happens with words also. I noticed that when I practiced a few times to just be stable in my eternal state, that the chain broke. Generally, we use Drama for full stop. So, sometimes thoughts stop, but stopping thoughts is not enough. Not only did the chain break, but when I created my stage, something was changing. Something is stopping, but also, I'm able to create something. So, that means if you have to think, you are thinking from that stage, and this could be very new, clean, and powerful.

I tried a few things and I found that if you are able to hold that eternal stage for 10 minutes or 12 minutes, you will see the change. The pattern of your thoughts changes. You always speak or think of the incorporeal world as your home. That is a place where you are very silent, very still, very stable. Of course, there are many other practices, remembrance of Baba is one also. As soon as you experience and you see the benefit, you will want to do it more often. That becomes your experience, and also your dharna. That means you become the embodiment of that. I feel that that change is very visible in many different ways. So, siddhi really is what you have attained, and when you have attained from that stage, when you think or say something, that will have siddhi. I'm sure you all will have many experiences, and you can keep writing and we could share.

So, let us see how we practice tomorrow to be a detached observer. I thought that first I have to be in soul consciousness. I am a soul detached from my body. When I am practicing this detachment from the body, then I am looking at others and seeing them as souls. However, if you see so and so because of the body and body consciousness, then you will receive something, you will take something. This person is like this or that, you know, more things will emerge in body consciousness. So, tomorrow we can experiment that I am detached. I am a soul. This can also be called bodiless stage. So, when I am seeing others, I have mercy, I have love, I have benevolent feelings because I am seeing the soul. If I am seeing a person, as the person, then I will see sanskars or whatever it is. We also say that one who is detached will also be lovely. It is very interesting, once I heard someone saying something, and I decided I am not going to take it. I will respond to whatever is there, but I will do it from my eternal stage. Everyone has different vibrations, so on some level, we are exchanging vibrations. When you are detached in soul consciousness looking at others also as souls, you will find that very subtly, your vibrations will be very pure, your thoughts will be pure, and your words will be pure. I think

that is called a lovely stage. You will remain lovely because you were detached, otherwise you can't be lovely. There will be something or other that comes in the mind. Baba said in Murli so many times that we should be like a lotus flower, because a lotus is very still. It is in the still water, in the pond, but also very detached, and so beautiful. Detachment will not be that I cut off someone, or I don't care, but it will be a very lovely stage.

There are so many scenes of Drama. Every minute is different, every place, every person. So, with so many scenes, we have to practice being a detached observer, because you cannot close your eyes, right? When you are looking at the soul, from soul consciousness, you are seeing through the third eye, but the main thing is that you are not taking in any kind of characteristics, habits or anything of any person. Detached observer is something very important, and we all will practice tomorrow from awareness, then drishti, through words, through actions. I am sure, as we practice, there will be a good percentage increase, we can check in the evening. We are definitely paying attention to saving words, saving thoughts, and saving actions. Today is the day of receiving blessings and giving blessings. From now onwards, always just use the words of blessings.

Om Shanti