## Om Shanti

Everyone is well? Yes, I can see nodding and showing of hands, very good! So, yesterday we finished the offering to the ancestor souls, and as the day goes, weeks and months, we are almost in the tenth month. So, the year will be ending soon and the new year will begin. We are very fortunate, we are passing time happily, with the family, in a very beneficial way. We thank our fortune, we thank Baba, and Drama. Today they start the worshipping of the Goddesses all over the world, in temples, in homes, they call it nine nights of Goddesses. Here we are practicing, we are invoking our own virtues and worship worthy form. That is what siddhi swaroop is, when you are able to do for yourself first, but then through thoughts, you are able to bestow. We know that it's Baba who will fulfill the wishes of everyone. If a soul has to receive, then Baba has to give. It is very beautiful to experience how to give saakash. Saakash is not given to the body, but to the soul. I connect my mind with Baba, and keep that soul also in mind so that soul has to receive. These days, there is a lot of news about health situations, and different things are happening. So what do we do? Give good wishes, saakash.

You have to pay attention to invoking your own divine, deity form, your worship worthy form. You know that siddhi swaroop is also kind of giving, preparing to give, but of course, as I said, paying a lot of attention to first accomplishing for the self, become complete, become perfect. This is the journey from awareness to embodiment. It will be my thoughts, my words, my actions, my attitude, my drishti. So, not only while sitting, but the whole day, observe yourself and give to yourself, observe and pay attention. Just remind yourself, that is called smriti, and that, drop by drop, is making your stage, you are becoming swaroop, the embodiment.

Internally, when there is contentment, there is a very natural kind of stability. First, I look at the intellect, "Can I be stable in my internal form? For how long? Can I be stable in my original form? Can I be stable in remembrance of Baba?" Sometimes, because of some subtle thoughts, the intellect is not stable, even when it comes to remembrance of Baba, it's off and on. Tomorrow, we will pay attention for at least ten minutes and stay stable in one thought, let's say my eternal self, for ten minutes. Practice stability of intellect, mind, and also in your attitude, in the sense that it is not wandering. As much as I observe that stability, that much I am accumulating. Baba said that we need to accumulate power, the power of words, and when there is stability, every quality is helping me, especially to increase the power to discern. Not only that, but very inspiring, motivational thoughts emerge in the mind. So much service is happening, and will be happening more and more. You will get so many invitations for talks and different programs. Baba says to go and give a talk is not a big thing, but with your practice, when you become an embodiment, you might have to speak a few words, but there will be a big impact. Even for sustaining the family, sustaining each other, all these are different capacities that keep increasing because we need them.

We will need to serve more and more. Dadi Prakashmani always used to say 'nimitbhay.' Nimitbhav is that whatever Baba wants me to do, I will do. It is not only instrument consciousness but, "I am the Father's instrument." Nimit, because when you are nimit, there is humility, any kind of force or bossiness, whether it is through our drishti or through our words, is not our culture. Brahma Baba was so humble, also Dadi Prakashmani, because when there is humility, it shows that you are a true instrument of God. Baba said there are two types of ego. One is ego of my specialty, and the other is lack of self respect, weaknesses. So, we keep practicing our eternal and original forms for stability and consistency. Baba said that in 24 hours, your mood should not be fluctuating. Internal stability means my mood doesn't change. Deep within, the sanskars with different kinds of energy will emerge. Suddenly, you could feel that I am not happy, I am not intoxicated, or I am losing my enthusiasm, for no reason. So, as you find you are getting low on a quality, then emerge, pay attention, maybe you need a little more patience or a little more tolerance. We are emerging these powers whenever needed. We are becoming masters of the powers, with the time. This is what we have to do, look at which power I need more. If I can't tolerate something, or I cannot have patience when this is happening, or I cannot maintain good wishes for that soul, immediately invoke the power. The more you invoke the powers, you will know, how the thoughts are working or not. That is why all Goddesses are shown with eight arms, different ornaments and different weapons. The ornaments are also symbols and weapons, like the sword of knowledge, and the conch is blown so that words we speak are stable and consistent. Also, when you sit in remembrance of Baba, watch your stability.

So, that will be our homework for tomorrow and just wanted to let you know that there was a time, I think it was two months ago, when we talked about the MRI machine for Global hospital. Dr. Pratap has a very good track record with local people and also they don't have MRI in the whole province. So, with some obstacles, now the government is happy and they are providing a piece of land. We got the call 2-3 days ago that they would start the construction. They told us if anyone wants to help, we are trying to send a small amount. These days there are a lot of restrictions over the amount that can be sent. We are trying to say that construction will take 50,000, but the MRI was half of that, quite expensive. I just wanted to let you know. Some of you always like to know what is happening. Okay, so I am sure you had a lot of experiences with contentment and you are like Goddesses of contentment. So, we will work on our inner stability tomorrow.

Om Shanti