

Om Shanti everyone!

Everyone is an image of contentment. Baba made us belong to Him, because He looked at our specialties. Baba said that everyone will have some specialties, so look at the specialties. Then Baba said that in relationships, you speak with everyone with good wishes, and a lot of love and respect. So, automatically there will be belonging, the feelings of belonging. I think each one of us feels that we belong to Baba, that this whole family is of belonging. No one is alone. We all are together, just imagine for so many days, every day we all are together. No one feels lonely or isolated. So, everyone's face is very cheerful, very full, even internally, maybe sometimes you feel some sadness, because of seeing what's happening in the world, but Baba says, "No." The Iron Aged world, we know it's going to change. Baba said that as much as souls become tamopradhan, that much, there is sorrow and conflict everywhere. However, Baba has made us connect with such an unlimited, big family. So, for working, I know many have to go and be with people who are in the lokik world, but many got plenty of time to work from home, which is so good. Baba takes care of us, and Baba protects us.

One of the most important contentment is in my relationship with Baba. I am a good child of Baba. Every child must feel that Baba is my Father. When you are a good child, then you feel Baba's presence more. Baba's drishti, Baba's words, Baba's blessings for me, for all of us, brings a lot of contentment. So, my contentment is from the imperishable treasures, and one of those valuable treasures is God's love. I think you all must be feeling this, I always felt that God loves me, always. Baba loves me, God loves me, and some might say, "How do you know?" I always tell them, because I am honest, I am truthful, I don't have any desires, and I constantly have loveful, good feelings for others. Today, Baba said that you will feel as if you are moving forward with the blessings of Baba, not only your effort. So, if we pay attention to maintain that quality in our relationship with Baba, then you will know that I am moving forward with the blessings of Baba. I think each one of us, the whole Avyakti parivar, we are moving forward. With every step, there are blessings from Baba, and everything works because of those blessings.

So, as much as one thinks from the heart of what I am receiving, there will be a lot of contentment and no questions, no doubt, nothing is lacking. There is contentment of the soul. Baba provides us with whatever is needed for the body. We get Brahma Bhojan, and a very clean environment to live in. We feel as if Baba is taking care of not only the mind, but the body also. I always have very pure feelings for my own body. I create a relationship with the body in a pure consciousness, and that is creating a relationship with nature. The immediate nature is the body, the five elements of the body. So, my breathing has love, breathing has peace, breathing has contentment. That's what I breathe in and out, and all that goes into the atmosphere and touches all other elements in an unlimited way. Also, whatever resources are required, Baba provides us, at the right time. Souls become very cooperative. Because when there is contentment, there is no complaint.

My contentment will bring a lot of trust in others and of course the content person is very cheerful, and also likes to give to others. Because there is no greed, there is no accumulation. My contentment is that everyone should have everything, I am more happy to give than to accumulate. Whatever you have, you are not using it, someone can use it, and they are happy. You feel so happy. So, when there is contentment, the heart is very generous, automatically everything overflows with abundance. Otherwise, there are very subtle desires or greed. Baba says, "No, you have to be a trustee, everything belongs to Baba. I am just using it, I am a trustee." The more you are honest as a trustee, the more Baba makes you a trustee of bigger tasks, but if you are given a limited task, and you are not honest, Drama will not provide you with more. With total honesty, whatever one receives, there is contentment, but if you try to get something by falsehood, you can never be happy, you can never be content. Internally, as a trustee, I keep increasing learning, worthiness, that very deep contentment. You are not just sitting back and saying everything will work out right, in contentment, you make good quality efforts, but you don't do it from desires or greed, and you don't do it with the desire of success.

Dadi Janki used to say that when you plan some good programs, everyone is enthusiastic, everyone is joyful, happy, and one of our golden principles is how do we speak? There shouldn't be conflict, we should have harmony. So, when you say we should have harmony, you are invoking that quality of harmony. When

you say that we shouldn't have this, this is not right, this is an ordinary habit. Instead you should say, "This is the right way." That was our golden principle: our thinking and of course our words should be the response, what it should be. You know a lot of people come to me and say that it should be like this, it shouldn't be like this, so, I say, "Ok, come up with a clear proposal of what it should be, and if the proposal is good, it will be accepted." If you think in this way, a better world will be created. Otherwise, we get lost so much into who, what, right, wrong. A lot of time, energy, words, and relationships are being challenged there.

Contentment is always very connected with how we think, so internally seeing what is, what could be better, but don't talk about what is not right! Say "Let's do it this way." True leadership is guiding.

Contentment is a very pure energy of being successful, moving forward, and being positive. Baba said that we should have good wishes and pure feelings for everyone, but also, Baba has been talking about words, and the way we say something. With words, relationships are mended and sometimes they could be broken. I always see when certain things happen and they don't go the right way, I feel my duty is to make it right, not by correcting, but see what could be the better way, so that it's not visible. Ok, it happened. Now, how to make it like it never happened. So, contentment has a way of thinking and speaking and doing things. It's a very beautiful quality, with beautiful energy, and at every step you feel Baba's blessings. When there is an atmosphere of contentment, everyone will be happy and will feel belonging, whether in a team or a family, or with the task. So, let us all practice, reflect, keep that awareness, and be an image, the embodiment of contentment.

Om Shanti