

Om Shanti everyone!

Is everyone happy? About what? It is because I found Baba, Father, Teacher, and Satguru. Baba is taking us to the Golden Age. We have completed the cycle of 84 births. There might be many points that make you feel happy, when you think of the attainments of the Confluence Age, such a beautiful family, and our understanding that the whole world is my family. All souls are my brothers. We are all brothers and sisters, so in many different ways, every aspect of knowledge brings joy and happiness to the soul. When we come to knowledge, there is so much intoxication and many souls will comment that if people see us after 10 years, they say it is Brahma Kumaris, because we are happy. Someone was sharing with me that once they saw Brahma Baba somewhere after many years, he said, "When I saw him, he looked the same." It is the happiness, happiness of mind. Happiness helps with the body, and keeps the whole atmosphere at home very lovely with good relationships.

We are all making effort to maintain the awareness of happiness, and it's not only awareness, it is also happiness in our words and actions. When I am happy, I speak happily, and this brings happiness to others. Happiness is a very vibrant energy, like sorrow or sadness has an energy, so you have to discern and decide to do everything in happiness. It is a different quality, even when you have to find a solution, one is that you are happy, or you are sad, or angry, if you are happy, you will find a different solution. Our aim is that from awareness, to becoming that image, swaroop, from smriti to swaroop. This is only possible by maintaining that awareness while thinking, speaking, and doing actions. Then, what is created is the embodiment or the sanskars. You all kept the aim to use the awareness of happiness the whole day, right? That's very good. They talk about the power of peace, and the power of love, and there is a saying that happiness is like a diet, if you are happy, then you are healthy. That means whatever percentage each one of us paid attention and stayed in that awareness, that much power gets accumulated. It's not only awareness, but from awareness, the power increases, and of course, when you are using it during words and actions, then beautiful sanskars also get created.

Now we are looking at 'belonging' for tomorrow. We were taught when we were very young brahmins that the last Kalpa, we were together, now we are together, and we will be together again, we will meet in the next Kalpa. So, it's really kind of ever belonging, we all will be together in the Golden Age. Today Baba said that there will only be one religion, one language, and we all live together as a family there. We experience that people immediately connect somewhere or other in their life. Baba says that we are the ancestor souls, and also worship worthy souls, we are the foundation of this Tree. So, there will be this recognition of each other, there will be immediate feelings of belonging, and then our relationships are eternal and everlasting. Then, I think of my relationship with Dadis for 60 plus years, a very long-term relationship, as if we always belonged together. You all must be feeling like that when you meet the Brahmin family, like we always knew each other. Even in physical relationships, sometimes you might not have the same feeling as you have now, after belonging to Baba.

This is a very beautiful feeling of belonging, so reflect more deeply in what way you feel belonging, and how others feel belonging. Then, throughout the day, again

practice eight times, sitting in morning reflection, and then in the evening, we keep very short chart on the same quality. Before, a lot of people would say, "I don't know where I belong, I don't know who I belong to", and a lot of subtle questions used to arise. Since we said, "Baba, I belong to you and you belong to me", then whoever came in knowledge, but also anyone we meet, there is always the feeling of love that, "Yes we have some relationship" because we are souls. Dadi janki always used to say, "Who am i? and Whom do I belong?" These were her favorite words. "Mehe koun? Mera koun?" We are so lucky to have such a big family. I think that in comparison, many will say that they have lokik family, but the support, cooperation, and love of our Godly family is unique. There are people going through difficult times. Like if someone leaves the body, the support, good wishes, and the cooperation they receive from the Brahmin family, they immediately say that even lokik family won't do as much as you all do. So, why do we have feelings of not belonging?

So, tomorrow's homework will be very interesting. As I said, just remember that awareness to embodiment is only possible when you have awareness while doing karma yoga, and awareness while speaking, any kind of actions. That is really what will make you swaroop, and that is where your siddhi will emerge. That means whenever you will look at any soul, we have this feeling of belonging. You all are happy to think that we all belong to Baba, and we all are for each other, right? We are all happy about it. Yes, show your hands or move your head, it is everyone, right? There's not much time, otherwise I would love to hear from you, how happy you feel, and also keep writing every day your reflections and your experiences. Whatever your feelings are every day, you must write them, because these are really very beautiful experiences and feelings. We always feel that Baba wants us to be siddhi swaroop, so that our every thought gets accomplished and every word we speak gets accomplished. Even through drishti, there is accomplishment. In India they call some people who do a lot of tapasya, siddhapurush, but there they chant whichever name they take of God, like om namah shivaya, they consistently will chant that. Then, they get blessings from Shiva. Here, we are not chanting, but we are creating awareness. Awareness also is a kind of invocation. Their accomplishments are very material, physical, they want to manifest something, but we know that our achievements and our accomplishments are completely different. The first one is that I want to be complete. One siddhi swaroop is, "I want to be perfect, I want to be in the karmateet stage." So, tomorrow we will do this drill, and see what the day is like. I'm sure that there will definitely be a lot of benefit.

Om Shanti