

Om Shanti everyone!

You are more lovely today, more loveful, with love for everyone. Baba's Murli today was also about love. Baba says that every child has love, but some have love from the heart, and some just have love. When there is love from the heart, you know what Baba wants, and you fulfil Baba's hopes. It always happens in lokik too when there is love with someone, you try to fulfill all of that soul's desires. I was so happy to read Baba's Murli, Baba is talking of love, and I'm sure that you all also had some reflections on love. There is a song in which it says "God, you are Ocean of Love and we are thirsty for one drop of your love". Here, it is not a question of a drop, but it is our inheritance. Baba is the Ocean of Love and I am the child, so I claim the inheritance of God's love, unlimited love, unconditional love.

Since this morning when we started practicing, I found that I have to take the peace and love together. I was doing both 'I am peaceful' and 'I am loveful' and with that love, connecting with One who is Ocean of Love. Then, we know that from awareness, there is attitude. When we think that we have love for everyone, but with different souls there are different karmic accounts. Everyone has a different nature, everyone has a different way to respond. To consistently maintain love from my heart for everyone, definitely requires a lot of cleansing of my attitude. I remember when I came to Gyan and I realized that I have had 84 mothers, 84 fathers, 84 brothers, etc. So, whom shouldn't I love? Anyone I see, must be my relative in some birth. So, my heart opens with unlimited vision, unlimited drishti, and also looking at Baba as the Ocean of Love.

Everyone is different and everyone has different sanskars. There is a lot of learning, a lot of adjustment that happens, but whatever we have to say and do, it should be with love. We all are karmayogi, and everyone is given some tasks to do, but we should say everything with love, because love increases the power of that soul. Then, whatever that soul will do, will be done with a lot of love from heart, and not out of compulsion or duty. That's what we saw with Brahma Baba, Mamma and Dadi Prakshmani, whatever they said, they said it with a lot of love. Today, Baba was emphasizing that words are very important, what you speak, how you speak, and of course, Baba wants us to speak in brief, not too long. Then we can also save the energy of words.

When one becomes complete in love or Swaroop - an embodiment of love, then of course we know from the attainment of that stage of love or being lovely, definitely gives that Siddhi. We are practicing each siddhi for only a day. I thought it should be really one week for eachi, to practice, experiment, experience the attainment, and feel it from the soul. One thing that love brings is joy and happiness. Anytime you are in love, talking about love, feeling love, you are very happy, very joyful. Our happiness is not just external, but it is also internal, deeply I am happy. I am receiving love from

Baba, I am happy and feel how fortunate I am that I'm experiencing love for Baba. I am claiming my inheritance of love from Baba. I'm so close to the One who is the Ocean of Love. Some ask, "Why do Brahma Kumaris have to be smiling all the time?" I say, "Because we know about the future of the world, we know the Creator of the world, we know our future and also our fortune." There are so many points where I can naturally be joyful. When you feel joyful, everything looks easy, possible, and practical. When there is a lack of this happiness, then you find things difficult, so many thoughts will come. That's why I like it when Baba said that when love is not from the heart, it is from the brain, then very subtle questions arise. When it's from the heart, there are no questions, you know Baba will make it happen. You feel very positive with the faith and determination that everything will get done. In love, sacrifice is always there, some kind of sacrifice, but you don't feel it as sacrifice because of love.

What will we practice tomorrow morning? "I am a happy soul, happiness also in my inheritance and I will happily do the whole day." Happiness has to be my nature. I remember that Dadi Gulzar always used to say, "Whatever happens, your happiness should not be lost." Continuing with inner deep peace, we have a loveful and lovely state of mind. It is attitude, then comes our drishti, then words, then actions, and then we become an embodiment. You cannot be an embodiment with only awareness. If I am aware, I am happy, I cannot be the embodiment of happiness, a lot of subtle things will emerge in my attitude, and I will have drishti of love towards everyone. Whenever I speak any words, they should be in a very happy and light way. Practice tomorrow when you say something, definitely vibrations will spread and the whole place will feel very, I must say, heavenly, nothing difficult, nothing impossible, everything will be easy. So, keep accumulating. You are practicing eight times for five minutes, and you all have been keeping a chart. How many of you are able to do it eight times, for five minutes each? Yeah, the majority of you, right? As Baba said, we have to be a good example, and a good example means yes, I do it.

You know sometimes we are in so many things and we don't have that focus. So, bring back focus by just saying a few words and it creates a very natural soul conscious stage. "I am a peaceful soul, I am a loveful soul, I am a happy soul." It is soul consciousness and also a beautiful connection with One Sweet Baba. I think that this journey, the practice of Siddhi Swaroop, the aim is to become complete, and close to Baba. Baba says, "Become like Me." It will take time, but I think even if you are doing it for a day, it means a lot, you definitely acquired some percentage. Take this for tomorrow and see your attainments, your experience, your transformations and realizations. Then you won't need to give a percentage, but you will know. Are you all happy with your practice? Can I see hands? Are you satisfied? Very good, excellent! Seeing more and more hands makes me happy!

Om Shanti