

Om Shanti

Everyone is well, I hope. Are you happy with your efforts? Our happiness comes when we are able to make good efforts. It's a different kind of happiness than happiness in the lokik world. Our inner contentment, our inner happiness, is really from our good efforts. We have been making good efforts, so we are in a very cheerful smiling mode, then Baba gives more and more blessings. We have a special part to play, right? The practice now is to become fearless. We all noticed the different kinds of fears that emerge very subtly, but if we keep the awareness of the truth, I am truth, and the truth is I am a soul. I am an immortal soul. I am an imperishable soul. When there is purity, there is no fear. I am a loveful soul with everyone, I am a peaceful soul. So, as I think about my own eternal and original quality of the soul, that is the first truth. I practice that awareness, I have to be fearless. Then the other is practice is being that embodiment of truth. So, I was really very beautifully doing that and what emerges is what we call a blissful stage. This stage of being in the awareness of the truth, takes you beyond many things, beyond the energy of the world. When you go beyond, your joy is what I call a blissful stage. There is happiness, there is joy, there is bliss.

Whatever is temporary, there is temporary happiness, there is temporary sorrow. We go beyond that and just stay in this blissful stage. That is kind of reawakening the soul completely. Chit means consciousness, so that means I am also becoming unaware of the body, because there is so much bliss. I am beyond, and I naturally feel myself separate from this body. I am the master of the body, but there is no attachment of the body, no pull of the body. So one is when I say that I am okay, I am a soul, I want to experience the bodiless stage. The other is that you are blissful, you feel yourself bodiless, free from body. There is no real pull of the body, it's so natural and pure, then there is also fearlessness. In this fearlessness of the soul conscious stage, I speak truth, I think of truth, and I interact with others with that truth. Like when Mamma went to court, she looked at the judge as a soul, advocates as souls, because that was the truth. They are playing their part as judge, as lawyers, as advocates. How much power she had at that time, she felt there was so much pressure. Fear was also created, "if you don't do that, if you don't say this", but it didn't affect her, but she stayed in the truth, that I do believe that God is one, not omnipresent. When questions were asked about Brahma Baba she said in that pure state of mind, that he was our father. He took care of us as a father. He was our teacher, he was our Satguru. So, our strength is to speak the truth, not to try to convince someone whatever we say, so they will be happy. Once, there was another case in Delhi, Jagdish bhai was there. Baba would write a good point to prove this, say this. He wouldn't try to get out of the case, he would tell the truth, this is the time to give knowledge. Apply knowledge, apply Drama, it's all scenes of Drama but also speak knowledge, speak the truth. Baba had no difficulty, he had no fear of what would happen, he kept saying, "Give this message and then give this message." God is telling us this, God is explaining this, these are God's directions.

So, when you are practicing truth, that means that much power is coming naturally when you speak. When you speak the truth, there is total connection amongst ourselves based

on truth. We look at each other as souls, and we speak the truth. Truth in the sense of what we share with each other, what Avyakt Baba said, we sit and share how to become angels, how to reveal Baba. That is called speaking truth among ourselves, but also there is very natural soul conscious love with all souls, in our heart, everyone is a soul and is truthful. So, when I have these thoughts, there is a lot of love for every soul. Before our love was more in body conscious relationships but that was more attachment than love. True love is really love of soul consciousness, that is what we have now, and what we have to maintain. Just to even be in remembrance, yes, I am playing a part through this body. Always remember the truth is that anytime, we are ready to go to Home. So, the truth is that I will only carry with me my sanskars. Baba says in Murli that some children are very worthy; they know how to use inheritance of lokik but some get it and just use it. Anything my intellect is trying to transfer will pull the intellect, even if I leave the body. Liberation in life, jeevan mukti, so first I have to be totally free, so everyone has to think that this is the truth. My intellect shouldn't pull towards anything, and whatever effort I had made, I have worked so much, why should it be wasted.

So, recently when Baba was saying liberation and then liberation in life, mukti and then jeevan mukti, so I will get light, and will also be liberated. I won't have any attachment, greed, or fear at that time. So, truth gives us strength to be truthful and remain fearless. Baba says that you can never be lost, you can never lose it, because it is not mine, it is Baba's. I have had many experiences, so truth is again I belong to Baba, as a soul, I belong to Baba. Baba has shown us the path of truth, so my inner conscience always follows the truth. There is falsehood all over the world, but in my mind and intellect, my first practice is my own truth. That practice is very important, to be that image of truth and also to be fearless, they both are very connected. I used to look at Dadi Janki, she never had any kind of fear, because she knew that nobody can hurt her. Nobody can do anything, she was always protected because of the truth, protected by Baba, protected by nature, protected by everyone around. A lot of protection is experienced when I am in this state of truth. So, I am blissful, I am truthful, and I feel Baba's protection.

Om Shanti!