

According to the closeness of time, with an attitude of unlimited disinterest, be a true tapaswi and practice serving through your mind – pure inspirations (21/9/21)

Beloved Avyakt BapDada, Mother and Father's deeply loving instrument teachers, and all brothers and sisters who always remain lost in the love of One, the true renunciates and tapaswis, please accept sweet love-filled remembrance.

Now, according to the closeness of time, while catching BapDada's subtle signals, all of you have become images of renunciation and tapasya and be engaged in service for the benefit of the unlimited world, the same as the Father. Baba says: Children, now, you mustn't just do tapasya for one or two hours, but be an embodiment and an image of tapasya at every moment. Reveal renunciation, tapasya and service in a physical way through your image and your face. According to what is fixed in the drama, at this time programmes of yoga-tapasya are taking place in all places of Madhuban. Teachers from everywhere have been coming in small groups to Baba's home and in a short time, have been having very good experiences. They left being very well refreshed and full. Along with this, many groups have been coming to Mansarovar, Manmohinivan, Gyan Sarovar and Pandav Bhawan. It is as though Baba's children have received a golden lottery to do tapasya. Everyone with a lot of zeal and enthusiasm have been sitting in solitude and experiencing bliss being lost in celebrating a meeting with God. Now, from the month of October, on-line programmes for 12 groups have been fixed for the avyakt meeting. In this way, Baba's new and old children's programme for self-progress will continue till March 2022.

Baba has this hope in us children that each one of His children should become a light-house and a might house. For this, practise taking on this costume of the body and being detached from it in one second. Baba says: Children, in order to pass in the final paper or to face all situations, become one with a subtle form. When you become a mobile light-house, your physical form will not be visible. Those who see you will see you as someone in a costume of light and that light is your decoration. So, tell me, my sweetest brothers and sisters, all of you are practising being double light and being bodiless, are you not? In order to make the atmosphere of your service places powerful, each one now has to make the spiritual endeavour of the avyakt form. Spiritual endeavour means to do the tapasya of paying attention again and again. Whatever time you have been given now, continue to use that in a worthwhile way for your own practice and your own spiritual endeavour. Whatever service Baba wants to happen, He will definitely get that done. Now there is a need to create your unshakeable and immovable stage. Let no small or big things bring you into upheaval. While living in this old body, burn away your past sins in the fire of yoga, along with becoming complete and perfect, the same as the Father, do the service of transforming the tamoguni atmosphere with your powerful state of mind. Now, do not waste even one breath, thought or moment – paying such attention, continue to race in your efforts. Flying with your wings of zeal and enthusiasm, be an embodiment of success and accomplish the task of God's revelation. Then we have to return home. So, tell me, all of you have just this one concern inside you, do you not? Achcha.

Lots of love and remembrance to all.

In Godly service,

B.K. Ratanmohini

Homework for a tapaswi life for the month of October 1- 15 2021
Become an image of tapasya with your attitude of renunciation

- 1) Tapasya means to stay in the love of the one Father. In order to be an embodiment of success in any task, you need renunciation and tapasya. In renunciation, you must renounce accepting praise and respect and also renounce being served by the elements. When you have such renunciation you can become an embodiment of success through tapasya.
- 2) Now, in this Godly Brahmin life, remain stable in the position of a total renunciate. Renounce the limited positions such as: I am the most serviceable, I have a planning intellect, I am an inventor, I am co-operative with my wealth, I am a hard worker and use my body day and night, I am in charge. Renounce the wrong position of limited name, respect and honour in this way and become a renunciate and an image of tapasya.
- 3) A tapaswi means one who is constantly absorbed in love for the Father, merged in the ocean of love, knowledge, bliss, happiness and peace. Those who have such renunciation and tapasya are said to be servers.
- 4) Those people who have knowledge of the soul are able to attain temporary success through their physical, limited tapasya. You spiritual tapaswi souls have knowledge of God and so your thoughts will make you into victorious jewels. The many types of obstacles will finish in such a way that it will be as though nothing has happened. Then, no name or trace of any obstacles of Maya will remain.
- 5) The tapasya of a tapaswi soul is not just while he is sitting. Tapasya means to have your love connected while walking, moving and even cooking. To take your food in the remembrance of One and with One is tapasya too.
- 6) You saw in the sanskars of Father Brahma the sanskars of unlimited renunciation and tapasya. In every thought he had it was just how there could be unlimited benefit. Become such unlimited tapaswi souls. Be an embodiment of tapasya not just for two to four hours, but be an image of tapasya at every second. Reveal renunciation, tapasya and service through your image and your face in the corporeal form.
- 7) Each one of you has to have the thought: I have to spread rays of peace and power into the world and be an image of tapasya. Now is not the time to caution one another through words. Now, have good wishes in your mind and be co-operative with one another, move forward and inspire others to move forward.
- 8) Just as a physical fire or light, or the heat of it, is visible or experienced from a distance, similarly, the sparkle of your tapasya and renunciation should attract others from a distance. Renunciation and tapasya should be practically visible in your every action for only then will you be able to attain success in service.
- 9) From the foreheads of constantly tapaswi souls, that is, from the awareness in their intellects and from their drishti, nothing but the soul-conscious form will be visible. No matter what type of sanskars and nature a soul has who becomes an instrument to test you in your efforts, there will only be service, that is, thoughts and feelings of benevolence for every soul. No other feeling can arise.
- 10) Just as those tapaswis always sit on a special seat, similarly, you have to remain set on the seat of a constant and stable stage. When you do not get off this seat, you will receive a throne. The renunciation of body consciousness and the tapasya of soul consciousness should be visible from all your physical organs.
- 11) The task of establishment through Brahma is being carried out. The task of Godly sustenance is also being carried out. Now, finally, through tapasya, you have to carry out the task of burning your own sins, the tamoguni sanskars of all souls and the tamoguni nature of the elements. The form of Shankar has been shown in the pictures as that of a destroyer, that is, a tapaswi form is shown. Similarly, remain stable on the seat of a constant and stable stage and reveal your tapaswi form in a practical way.
- 12) When a tapaswi does tapasya, he does that sitting under a tree. This also has unlimited significance. In the world tree too, you are sitting at the roots of the tree doing tapasya. By your sitting under the tree, the knowledge of the whole tree enters your intellect. The memorial of your stage has continued on the path of devotion. Here, it is practical, whereas on the path of devotion, they sit under a physical tree and do tapasya.

- 13) Just as you used to have the intoxication in the early days of sitting at the top of the tree and seeing the whole tree, similarly, now, while doing various types of service, you are filling yourselves with the power of tapasya through which tapasya and service remain combined.
- 14) To renounce body consciousness is the biggest renunciation. For this, you have to check yourself at every second. It is through this renunciation that you will become a tapaswi and experience all relationships with the one Father.
- 15) According to the closeness of time you must now become true tapaswis. Your true tapasya and spiritual endeavour is to have unlimited disinterest. You now have to do powerful tapasya everywhere: this will be the way of serving through the mind. Now, begin such powerful service through your tapasya.

Homework for a tapaswi life for the month of October 16 - 31 2021

Use the facilities on the basis of spiritual endeavour.

- 16) Perishable facilities cannot be the basis of your spiritual endeavour. The facilities are just instruments and spiritual endeavour is the basis for renewal. Therefore, now give importance to spiritual endeavour. It is spiritual endeavour that will enable you to attain success.
- 17) While having all attainments and facilities, do not get caught up in the facilities, but maintain your spiritual endeavour. While having the facilities, maintain an attitude of renunciation and you will be able to create the fortune of many souls in a short time.
- 18) Destruction is the effective way to fulfil the desires of all souls. These will be fulfilled through your spiritual endeavour. Now, let the thought emerge that all souls should benefit. All desperate, unhappy and peaceless souls should receive blessings from the Father and the children who are bestowers of blessings so that they become peaceful and happy for all time and return home.
- 19) In order to make the atmosphere of any place powerful, you need to make spiritual endeavour for your avyakt stage; repeatedly pay attention to this. For whatever you are making spiritual endeavour, that is what you pay attention to. If you are making spiritual endeavour by standing on one leg, you would repeatedly pay attention to just that. So, this spiritual endeavour means the tapasya of repeatedly paying attention.
- 20) All of you consider yourselves to be very busy, but you are still very free at the moment. As you progress further, you will continue to get busier. Therefore, whatever time you have for yourself, use that in a worthwhile way in practice for the self and spiritual endeavour for the self.
- 21) On special days, devotees hold a fast and make spiritual endeavour. They pay special attention to remaining concentrated. Serviceable children should also receive such vibrations. Make the spiritual endeavour of easy yoga; be victorious over the facilities, that is, be victorious over matter. It should not be that you cannot manage without something or that, because you did not receive a particular facility your stage began to fluctuate. That would not be called a detached life.
- 22) As time passes, the attainment of facilities of material comforts is increasing; all the facilities of comfort are increasing. However, all of those attainments are the fruit of belonging to the Father. So, while eating the fruit, do not forget the Seed. While receiving rest and comfort (aaram), do not forget Rama. Remain a true Sita. Do not let even the big toe of thought step outside of the line of the code of conduct, because when you use those facilities without making spiritual endeavour, they would then work like a golden deer.
- 23) To belong to the one Father and none other is your unshakeable and immovable spiritual endeavour. This unshakeable and immovable spiritual endeavour will enable you to claim a right to the kingdom there. The small family of BapDada, the Mother and Father, and sister and brothers becomes the basis of the small family there.
- 24) Do not make the facilities your support, but use the facilities on the basis of your spiritual endeavour. If you do not use the facilities while maintaining a stage of spiritual endeavour and you make one or another support the basis of your progress, then, when that support shakes, your zeal and enthusiasm also shake. In fact, it is not a bad thing to take support, but do not let that support become the foundation.

- 25) Spiritual endeavour means to have powerful remembrance and a constant relationship of the heart with the Father. Simply to sit in yoga is not spiritual endeavour, but, just as you sit down physically, in the same way, your heart, mind and intellect should also sit with the Father in an equal stage, that would then be called real spiritual endeavour.
- 26) The Father is always the support for those who make spiritual endeavour and, where the Father is, the children always have a flying stage. Everything is experienced to be new at the confluence age by those who are with the Father through their spiritual endeavour,. There is newness in every moment and in every thought, because they have the flying stage at every step, that is, they continue to have attainment after attainment.
- 27) BapDada knows that your bodies are old and that old bodies definitely need some facilities. However, you must definitely practise for when you do not have any facilities, so that there will not be any obstacles in your spiritual endeavour. Whatever you receive is good. If you receive a chair, that is good and if you are given the floor to sit on, that is also good. At the beginning of service, they didn't have any facilities, and yet their spiritual endeavour was so elevated. So, this spiritual endeavour is the seed and the facilities are the expansion. Do not let the seed of spiritual endeavour become hidden. Now, reveal the Seed once again.
- 28) According to the present time, now let the timetable of service and service places be based on an attitude of unlimited disinterest. Now, the schedule of rest and comfort is mixed with that. Carelessness means you make excuses of even a little illness of the body. If there is any attraction of material comforts or facilities, your spiritual endeavour is broken.
- 29) At the present time, while seeing the many facilities, do not forget your spiritual endeavour because only spiritual endeavour will be useful at the end. Today, people have invented so many new facilities of entertainment for their happiness, whereas yours is true spiritual endeavour for all time. So, transform all souls through your spiritual endeavour. Let them come to you with cries of distress and leave with amazement.
- 30) Now, create an atmosphere of spiritual endeavour everywhere. According to the closeness of time, the true tapasya or spiritual endeavour is unlimited disinterest. Make yourself bodiless and soul conscious in a second and stabilise your mind and intellect wherever you want in a second; this is known as spiritual endeavour.
- 31) In order to make remembrance powerful, while going into any expansion, let the practice of being in the stage of the essence no less. In the expansion, do not forget the essence. Eat, drink and do service, but do not forget to be detached. Spiritual endeavour means to have powerful remembrance and a constant relationship of the heart with the Father. Spiritual endeavour does not mean just to sit in yoga, but, just as you sit physically, similarly, your heart, mind and intellect should be connected to the Father and sitting with Him. Such concentration will ignite the flames.

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