

## **Sister Jayanti – 18<sup>th</sup> July 2021 – Revision of Avyakt Murli of 16.02.1988**

Om shanti to everyone. Yesterday's murli was about celebrations, with very beautiful comments from Baba. It's wonderful for me to know that. BapDada is so happy when he incarnates, and he sees his children as his first creation. Baba kept expressing this in such a lovely way saying you are my loving children, you are my cooperative children, you are the children who have been supporting me in the task of establishment, you are the ones who are always loving and close. God's appreciation of his children was very beautiful to hear and to feel and I think everybody must have felt very uplifted by that. God is celebrating our birth with his birth.

I was hearing the Shivratri murlis most of the time for the last 50 years and I used to wonder where Baba was getting such material from as the topic was the same, Shivratri. Yet every time I hear a Shivratri murli Baba comes up with new aspects in his sharing and it would just give me an awareness and it felt awesome that here was the unlimited ocean taking up one subject but sharing different aspects of it every single year. Yes, it truly is a taste of the ocean when Baba talks about any one of the festivals and in particular we always had the good fortune of Shivratri and then later on Holi.

So this time it is the appreciation of the loving children who are the nearest and the dearest. The whole world contains my children, they are the eternal children, but you are the original children. Baba differentiates between the two and then talks about the Bhagats celebrating the incorporeal as the image of the shivalingam but for us that awareness is the point. Or 'the dot' and yet within that dot is the ocean, the ocean of knowledge, the ocean of virtues, the ocean of powers and so for us that is our understanding of awareness. For the Bhagats, maybe some of them understand that the lingam is just the memorial and the reality is God as light. We hoist ShivBaba's flag and it's usually a sign of recognising Baba's home, that this is the home where God is and so God is in charge and we take it as an opportunity to serve souls in many countries. I know that in many countries it's taken as an opportunity to invite guests and to have them hoist the flag with us and Baba is saying that service of the corporeal world is the service that now the children are responsible for but What flag is Baba hoisting? And so just imagine multi-thousands of flags being hoisted in Baba's heart. Can you think about how big Baba's heart is to be able to establish all those flags and hoist them all? In Bharat they have this lovely system that we have copied when we hoist flags abroad. The rolling up of the

flag is done in such a way that the flowers are held there. When the flag is hoisted the trick is to pull the string that's going to unfurl the flag and allow the flowers to come down - 99% of the time it happens but there is always a moment of tension when you are under the flag. Are the flowers going to get stuck and then with a little help from above the flowers fall on us and Baba is saying that when the flowers fall on you then Baba is remembering your specialties because the flag is your specialties and when Baba unfurls that flag then those blessings that reach you are the blessings of immortality, the blessings of being imperishable, the blessings of being stable and unshakable. I had a chance to reflect on the different aspects of each of these words and where Baba's saying 'May you be imperishable always' I interpreted that as a reminder of the imperishable soul, the eternal soul that I am and the blessing of immortality that I have. In Satyug we have immortal lives, death never comes to us. It's just literally a transition, leaving an old body and entering a new one.

In Sangamyug we have seen how Brahmins come and sometimes sadly they go and so the blessing of immortality in Sangamyug is 'may you be immortal' in this Brahmin life of yours and may there never be anything that makes you shake. You are absolutely stable and you are immovable in your faith and your principles and so sometimes little things come and shake us but Baba's blessings make you stable, immovable and unshakable. Every word that Baba speaks is absolutely significant and sometimes we hear these words and we don't take time to reflect on them. Later I spent a moment reflecting on the difference between those words: eternal, imperishable and immortal. Baba was talking more about his joy. Why? Because this time last week we were hearing about Brahma Baba and his special love for his children and today we are hearing about Baba talking about God speaking about his love for his children. Why? Because these are the ones who left Paramdham very early on and went through the whole cycle of 5000 years. Brahmins also took spiritual birth and incarnated with God. That was the moment of the beautiful meeting of God with the beloved children whom he had missed all this time. When there is a reunion of those who loved each other deeply, especially if it's a reunion after a long separation, then it's a very beautiful meeting and so the children feel they have been searching for God for half a klapa and they are so happy that God has found them but God seems to be even happier than us because we don't remember him but he remembers us and came to find us. Such a beautiful expression of love.

Baba spoke about something else that happens in terms of Sangamyug. When Baba speaks about Maya everybody loves it. When we are in front of Baba or even in class hearing all about God's love and all of that, then Baba starts

talking about Maya. It makes you laugh and there isn't a sakar murli that doesn't speak about Maya or even an avyakt murli in which there isn't some reference to Maya. Baba's very interesting comment is that Maya loves you so much that she is pulling you and wanting you to belong to her again and so Maya plays many games but do I recognise it as a game? She throws the ball of lust and anger. Am I swift enough to throw that ball back at her, catch it, understand it, recognise it and know that if I allow this ball to stay with me it's going to become bondage? Very quickly it comes, but I throw it straight back so that it doesn't stay, it doesn't linger. If it lingers it's going to create more and more problems. Baba spoke about throwing the ball, which in many of the games we play also means kicking the ball. Kick it away, fast. Baba also spoke about Mickey mouse and maybe this was the first time in an avyakt murli we heard about Mickey mouse. Baba's watching all the games the world plays and the cartoon people creating characters like Mickey mouse and all the cats, mice and dogs and all the other creatures that they have created and how all of this is going on within the cartoons and Baba's saying that's exactly what it is, it's a game, it's a cartoon, don't let it affect you, don't be scared of it, don't be confused by it. Treat it exactly as it is, it's a game. Baba's saying imagine you are a spectator or you are in the game whichever it is and if you think the ball is coming, it's going to actually hit you. You are scared and want to step out of it but it's not going to hit you. It's for a different purpose, it's a game - you catch it and you throw it straight back. Why should it hit you? So don't be afraid, or get confused or upset. A very lovely comment by Baba that I appreciated greatly was Baba saying anything that has come will also go. Nothing stays the same forever and sometimes you think, oh! This has gone on too long. But it's okay, there was a moment when it came and there'll be a moment when it goes and if you watch a drama there is no scene that goes on and on and on forever. It has a starting point and a finish point and the drama scene changes and so does this eternal drama. Sometimes, things may take a little bit longer. It's come and there will be a time when it's gone and so the lesson is: don't get impatient, don't get upset or angry about it, it's a game and it's drama. It's come and it will be gone.

Baba gave us a very special blessing that he kept reminding us about through the whole murli. He is a poet and finds rhyming words in Hindi such as utsav (festival) and utsah (enthusiasm) and so when there is a festival it reminds us to maintain enthusiasm. Other people celebrate the festival for a day or a few days but Sangamyug, a special time of meeting with God, is the festival day for every single day. So don't let festivities finish on one day or in two days but just remember every day is a special meeting with God, every day is a day of blessings. The song that was played at the start was thanking God for the special opportunities that God has given us to keep thanking him for all the

things and the attainments that have been given in Sangamyug so that each day, each moment of Brahmin life was felt with enthusiasm. I know I have to maintain that continually. I didn't know Brahma Baba on a day to day basis. Dadi Prakashmani did lose her enthusiasm once. When Baba announced that he wouldn't be coming one year Dadi was so disheartened. But the next day when she asked us if we would come even if Baba didn't come and we all put up our hands, the smile returned to her face instantly. But that was the only time I ever saw her lose her enthusiasm and that was because Baba announced, 'I will be coming next season'. And so that was something difficult for Dadi to bear but everybody inspired Dadi to be enthusiastic again when we said, We will come whether Baba comes or not.

Dadi Kumarka, with her enthusiasm, supported the construction of a bakery in Madhuban and buying a bicycle. These were methods to bring the family together. Whoever was around would come and just experience the joy of the family gathering. It's great there is a bakery now, and a new bike. In lokik life we don't enjoy things in a way that Brahmins do, or in a way that the Dadis inspired us to. Dadi Janki used to give almonds and toli to everyone she met along the way and she does that in Global House which is full of Brahmins so that's fine, but she does that in the airport. In the last few years we had to carry big boxes of toli to the airport when we knew Dadi was coming back. Hansa would carry a lot of toli anyway but it was always for everybody and it became a great service and brought a beautiful smile to people's faces. Enthusiasm in all the little things kept that love, that flame of God's love alive in everyone's hearts. Didi was the other person I saw being continuously enthusiastic, for example, she would say 'Shall we play musical chairs today?' and we didn't even have a park. We used to visit Peace Park but it was not our property at that point but we had picnics there anyway. We would just go on a mountain there on the rocks or be in the courtyard of Pandav Bhawan just outside the Baba's room in that little space. She would have the chairs lined up and she would have great fun with all of us.

When I have God in my heart, there can be love and enthusiasm and Baba pointing out how or when people are worried in lokik life about the task they have to do. When they have too many things to think about it becomes a burden and so then you hear them say: 'Oh! I am tired now'. They haven't done anything, they were just thinking about it, then the mental energy expanded and they got tired and for Brahmins it's been big plans and it's been hours and hours that we sat there. It's okay! We didn't even notice the time, three hours will go by in meetings, People say would you do a three hours meeting? Well it's a lot of people, it's a lot of feelings, it's a lot of opinions and everything has to be considered and so three hours were fine. Dadi Ji used to

go every day to be with the people who were lifting the rocks when Omshanti Bhawan was being built. She was there in front of the queue, lifting the first few rocks by herself. It was heavy duty physical work but her enthusiasm inspired enthusiasm in everybody else, it kept them flying but it also kept us flying and so we need to continue the legacy. We also stay enthusiastic and inspire everyone around us to have the same enthusiasm and festivities all the time. But Baba also then gave us two words to be able to maintain that stage of enthusiasm. Baba gave us these words last week and repeated them again: 'sakshi and sathi', the observers and the companions. First become the detached observer. I can be the detached observer in soul consciousness. I can experience God's love and not get trapped in all the things that are going on. You know, sometimes you get so embroiled in the game, where we are ready to fight each other because the other party seems to be winning. You clap for the one who has won even if your own team has lost. You clap for everyone and so in Kalyug, at the end of Kalyug, people have actually forgotten about that detachment perspective of a game. Baba's reminding us it's a game, be a detached observer, and then you can keep God as your companion, otherwise you will lose sight of God again and you will not have that enthusiasm. Again Baba's reminding us that he is supporting us. We need to be able to be with Baba and not get entangled with all the things that are going on around us.

This beautiful murli of festivities talks of being up above and also of Baba's appreciation of the ones who he loves so much and how they are helping him in the whole task of establishment with their love and cooperation. I don't think it's just for those just sitting there. No, Baba said he's seeing souls who were there but also it needs to apply more widely. All the souls who are hearing Baba's murli with love in their hearts, give love from the comfort of their hearts to all those children. We used to carry cards, letters and tolis to Madhuban and I am sure we'll still continue to do that, once the gates of Madhuban are open again to visitors. I am sure that we will carry all those tolis because Baba's children love tolis and so that system will continue. Baba appreciated that, thanking them all and literally merging them in front of his eyes and giving all of them appreciation and love and tremendous appreciation for the honesty of the children abroad. They write to Baba. What does Baba do? Baba remembers you and Baba gives you blessings and power so that you are able to deal with whatever it is that comes your way. Baba's love keeps that enthusiasm for us in moving forward. Baba is also saying that, if you are enthusiastic, obstacles come but you are able to overcome them very naturally and easily so don't get stuck, just hand it over to Baba. You have the courage and the power to be able to go beyond. Baba is also talking about the fruit that you receive if you have done something with Baba's love with courage and faith. Then the return of that will immediately be the power and

the joy that you feel, not exhaustion. If there is exhaustion after service there was something missing in the consciousness with which I did that service.

Baba also talks about the value of Brahma bhogen. Food prepared in God's remembrance and food offered to God and food eaten in God's remembrance is power for mind and body. No one's ever become sick if it's food prepared with love and in God's remembrance. Baba's also mentioning something very interesting. If there is impure money then maybe it's because of a shady deal. Whatever, it has happened and somebody has accumulated money which is not very clean. They accumulate hundreds and thousands but the burden they feel after that is multi-million times that amount and so it's just not worth it. But on the other side, sometimes when money comes into Baba's box we don't know what the sources are and Baba's told us that it's okay! Why? I must not do anything impure to collect impure black money but if it comes into Baba's box What are you going to do? You can't identify it. Baba says that if it's used to create Brahma bhogen, and is used for food that's cooked in Baba's remembrance and is offered to Baba even that source is acknowledged and it's purified. Let me make sure that food is cooked in God's remembrance and offered to Baba, then served and eaten with that love and appreciated by all. Let me be able to offer Brahma bhojan. Let me be able to offer bhog to Baba on a daily basis to keep my mind and body healthy. So, one last comment that's touched me again, I see it in two different ways. Baba's comment was: Baba's seeing all the children abroad and seeing that they are doing service which is actually beyond their capacity and they are still doing it with love and enthusiasm. I sometimes feel that Baba's asking me to do things which are beyond my capacity and if I feel, I can't do it, it's too much, then it becomes pressure. But on the other side, Baba's offering me an opportunity to do something more. Baba gives me strength and wisdom and helps me move forward. All of us who came to Baba early in terms of a physical age, didn't know What to do about the service. We didn't know anything and service was always a few steps ahead of us but Baba taught us all that we have grown and now we say yes, we have a lot of experience accumulated through that. Sometimes you can say, 'Oh. It's too much pressure' but soon you realise that when God gives the task, he also gives you the power with which you should be able to fulfill that task. So this murli is said with a lot of love and has very practical information about what happens on the ground when you are on a field of action. So many things can happen so Baba is dealing with all of that in a very practical way. Thank you.

*Question: Did you ever lose your enthusiasm, Jayanti bhen ?*

Answer: I was very fortunate that Dadi was there so her enthusiasm many, many times inspired me to keep my enthusiasm.

*Question: How do we know whether Baba's testing us or Maya's testing us?*

Answer: Baba doesn't test us, think about the examination and big examination. It's never the teacher who sets big exams, they come from the university your school is affiliated with or whatever, and so they come from outside, they don't come from the teacher. So today Baba, my teacher, is holding my hand, willing to give me extra help, extra sustenance, extra situations to carry me through everything so it's not Baba who is testing me. It's Maya who is testing me, Maya the illusion. Maya knows my weakness and so Maya's going to come to me through that particular weakness and so when Maya comes, say Baba with love, say Baba from your heart and so Baba will be there to remind you how to deal with that particular situation.

*Question: Explain why we say brahma bhojan?*

Answer: We say Shiv Baba's Bhandari but we also say Brahma bhojan and so when Shiv Baba comes on Earth he selects an individual. It's a story of 84 births and it's the soul of Krishna, but he selects an individual who has the physical means to create the yagya. In India, if you are a rich businessman then you have the capacity to be able to hold a yagya because it takes a lot of facilities to have the Brahmins there to create the yagya. Plus people have to be fed and nobody knew at that time that it's going to be an unlimited yagya but even at that point Baba knew that it was 350 souls who were there to be fed. Baba surrendered everything he had. People like Dadi Chandramani and her lokik father, Dadi Shantamani and her lokik father helped with the finances and whatever they surrendered became the pot from which everybody was cared for. Shiv Baba found that the soul whom he named Brahma was the first one who surrendered everything. Then Brahma bhojan was being fed to everyone. Shiv Baba has nothing to do with food. The one who does everything says 'I have done nothing'. He doesn't experience any fruit or reward or even the experience of receiving a result. He is totally altruistic. Part of the experience of receiving bhojan is to be aware of the taste of food and enjoy it. Shiv Baba has nothing to do with that but Brahma Baba knows about the food and nutrition. He is the one who has to feed all the children because it is his physical and spiritual creation here in the physical dimension so that's why it's called Brahma bhojan.

*Question: What is this fuss about vegan or non-wheat (we should basically eat what we get)?*

Answer: In the days the yagya started, every family had a cow in their garden or in their backfield and it would always be a member of the family. Everybody would go out to caress it and spend a few minutes with it. Just to say hello to everybody in an extended family and most of the families were extended families. You know what it has been fed, wholesome nourishment and the milk that came from that cow was non-violent. The milk was considered holy, the sacred food for God. Compare that to what there is today and the horror stories of everything going on. You see the results. Ten years ago I didn't know anyone who needed to have gluten free food and today, there is a whole long list of people I know who have allergies to things like gluten and the conditions of the elements. Even 80 or 50 years ago things were very different and today elements are poisoned. It's not nature's fault, rather it's what we have done to nature so that now all the elements are poisoned. And the milk we are getting from cows is totally violence based and so people say that our kitchen should be vegan. Our kitchen should be free from XYZ because of the state of the world and the state of the bodies. So, if I can have everything, great, but if I can't I also need to be very aware or very tolerant of people who can't eat everything. Many, many places in centres that I know off are totally dairy free and it's much easier now of course. If I cook for everyone in a retreat, for example, I don't even know what everybody's diet is but I can make it dairy free so that I don't have to think about two types of cooking. Baba wants us to eat Brahma bhojan and, if it happens to be vegan Brahma bhojan, Baba will enjoy it tremendously and if two types of bhojan are offered to Baba that's also fine. I think that Brahmins are going to be more and more accountable to people especially in terms of dairy and non-dairy food because the world has woken up to the concept of violence and also environmental degradation.

*Question: Black money that was offered to Baba in Brahma bhojan ?*

Answer: It was a question that arose for Brahma Baba. Those who surrendered him in the beginning of the yagya, surrendered what they had. It was clean but when service started, money started coming in from outside then Baba reminded them of two things:

A: If there is money coming from uncertain sources, there is a spiritual mechanism at work so that money will go towards other aspects of service such as printing and things like that.

B: Money that is clean comes from Brahmins and will go directly for food. Baba also added that because the system of Brahma bhogen had started in



Abu. Long story. I am not going into that now, but at that point the centres had also started and then sisters said that money is coming from people and we don't know the origin and so Baba said to them, this is why Baba wants you to offer everything to Baba first, before you eat it so that whatever other impurities there are will be cleansed . The new centres at that time had no infrastructure to think about. There was a much more direct connection with food. Offering bhog to Baba every single day was also a safety measure.

Om Shanti