

Om Shanti Everyone!

It has been an excellent experience for these few days to go deep into silence. Before, silence was thought to be about not thinking. Actually, silence means to stabilize your mind in one stage. Baba has given us so many treasures. The first important treasure is purity of knowledge, because purity is power. With knowledge, we also know what to think, how to think, and how much to think. Just imagine, before knowledge, we didn't know what to think. So, whatever came from our sanskars, through our sense organs, whatever came in our mind, we kept thinking about it. Now, we immediately know that these are not useful thoughts, so why should we think them? I think it is such a big treasure in our life that Baba has given us purity and also knowledge. Based on knowledge, we are able to conduct our lives, our thoughts, words, and actions. It is also very important, whenever we have to start doing something, or even in relationships, that we have pure feelings. Because pure feelings and pure thoughts definitely work, they communicate and get things done. I am a peaceful soul. This peace also helps us to go into silence. Silence and peace actually in Hindi both are called "Shanti". They are both very deeply connected. When I think of my fortune that I got from the Fortune Maker, I think of that peace as a very valuable gift from Baba.

Before, my mind was irritated, agitated, and it got upset quickly, it reacted. But now, internally one remains deeply silent and peaceful, I don't need to think. I should just stay in silence. As much as I need to think, I think, then I return to silence. Today, I was practicing this, then I just said, "Let me do it properly." The part is recorded within this point of light and then as the time comes, the soul starts playing that part. Now, it is a very simple point, but to understand and allow that stage inside that yes, the soul will play a part, and it is recorded within this point of light. Baba always says that these are subtle points. It is only when there is deep silence, that you get into that stage of a point. Then, you can deeply feel that there is clear understanding, there is total stability and calmness in the stage of, "Yes, whatever part has to be played by the soul, the soul will play its part."

I am giving an example of how, in silence, if you just take one point, any point, you can really see the power, the truth, and clear understanding of that point. Some could be very good at churning, but to have the realization and to stabilize in that stage, I think that needs a lot of silence. One benefit of silence is that you are able to go as deep as you want into very subtle aspects, because there are always subtle thoughts, as we have been talking about. Silence makes intellect very subtle. Generally, the mind keeps thinking, and keeps talking. The Intellect always analyzes and discerns, it is always watching the thoughts. That is why, when we have silence, the intellect is also restful and silent, otherwise it is very active. When the intellect is in silence, there is more and more trust that, "Yes, whatever I will decide and whatever will happen, will be very beneficial." It is one thing to hear that all is beneficial, but another is to be totally convinced and touched. This also helps the sanskars to be silent. What is the

silence of sanskars? All the time, the mind is active based on sanskars. When the mind, intellect and sanskars, are in deep silence, then as Baba said yesterday, thoughts will come, it is not that you don't think, but you don't keep thinking. Thoughts should emerge at the right time, and they do, when there is silence. The same happens with words.

The power of silence is increasing the quality of my inner functioning, and with the capacity to see things clearly, solutions emerge. You are not rushing, you are very thoughtful and clear, and that means more success, and more achievements in a proper way. You know a lot of people decide things and then they think. It shouldn't be like that. This happens because there is so much going on in the mind and intellect. "Let me just do it!" However, when we use the power to discern, especially for the task of the Yagya, what we decide, what we say, is not only good for the Yagya, but for my life and there are many others who could also benefit. When I am following Baba's shrimat, I harmonize my relationships, and there is a lot of acceptance and good wishes from everyone. I feel that this is very important. When there are very pure feelings and good wishes from everyone, deeply you feel very comfortable and like, "Yes, we are one family." With love, respect, and good wishes, overall my internal operation or I am governing with the power of silence. This is really the right stage. The personality of silence is always admired. Dadi Gulzar did everything in silence. Her silence for so many years was serving on a very high level, protecting the Yagya, and keeping the family together.

So, internally, deeply look at your fortune, and one of the fortunes is that I can be in silence. Silence, as I said, is not only not speaking, but being very calm inside. That calmness brings clarity, and then our communications with each other also become clear. Actually, using pure feelings and pure thoughts is the best way to communicate. Of course, if it is necessary, we will say a few words, otherwise the message has been conveyed, and the feelings will reach. So, experiment, because in this life, within the spiritual family, this kind of communication is very deep and pure. It is definitely useful, and can help tasks to get accomplished. Everyone should be happy, and have contentment. That is only possible when we keep communicating with pure feelings in silence. Feelings are silent. We have to keep exploring more, and also experiment, especially in the morning hours, or a few times during the day. Even for just three to five minutes and you will be able to touch your true self. There will be a lot of joy in that, and a lot of happiness. So, remember always, we have the fortune from the bestower of fortune.

Om Shanti