

Om Shanti Everyone!

We have already begun the pilgrimage of silence. Baba is calling it the power of silence. Just think that I am a soul in the Incorporeal World, not a soul in the body, so there is total silence. Even though in the soul, there is the mind, intellect and sanskars, still there is total silence. When the soul comes in the body, as soon as the soul touches the elements, the mind starts thinking, the intellect starts using the power to discern, and sanskars inspire you or create thoughts and actions. Baba says that to be in the incorporeal stage, gradually I have to detach myself from each sense organ of the body. As much as I am detached, I become an observer, then I can be in silence. That means that the mind and intellect will be merged, and I can understand how silence can be in action. One is, of course, when we use the point of Drama, and a full stop can be applied to the past. Then, there is something else after that, this practice of silence merges the mind and intellect while doing actions, also. This is why we call it a sweet silence, because I can have very sweet beautiful feelings when I am in silence. Also, the mind is clear and the intellect is farsighted. It's like clear vision through the third eye.

Baba refers to the power of science and technology. Anything created through technology, after a few months, there is an advanced model. When it comes to the soul, think deeply about the silence of the soul, not only of the mind, not only of the intellect, but the soul in total silence, detached from the elements. Our connection with elements is through the body. Let's say we are talking about silence through the eyes, so generally when you see something you have thoughts about how it looks, what it does, you have so many thoughts depending on what you are seeing. Here, if we are looking at brothers and sisters, families or lokik relatives, I look at the centre of the forehead and look at the soul. It is a very beautiful experience of connecting soul to soul and we focus on one of the qualities or specialities of the soul. We think that the soul is so loving, that the soul has this speciality, such beautiful thoughts will come about that soul.

When we are settling karmic accounts, at that time, the stage is not very good, you are not doing something proper, and your enthusiasm may be low, you are not that loving. We notice some of the patterns, we know that that soul is settling some karmic accounts, and is not able to be in that stage in which one should be. That is when Baba said to give cooperation with the power of silence. Through our deep silence, we send light and might, love and peace, Baba's remembrance, and when it reaches that soul, the soul feels uplifted, lighter. Also, you are not engaged in why, what, shouldn't be like this, creating lots of thoughts. This kind of negativity creates an atmosphere of confusion and heaviness, but if you go beyond everyone, you feel light and clear. What everyone was seeing as a big situation, I now realize that it was not really that big. We should not forget that if we keep thinking about something, then it appears very big and we keep adding that this could happen or that could happen. In silence, we say, "Whatever has to happen will happen." Then, whatever subtle influences are there will be removed.

All of that can be done when there is deep silence, reducing the mountain into a molehill. When there is a lot of chat in the mind, chat in words, the more we think and the more we talk, it's like a mountain. Baba said, "Drama, surrender it to me, and you will stop thinking." You will see how the volume reduces, the size reduces to a molehill or mustard seed. The world situation is getting worse, lots of karmic accounts are being settled. Some will settle through body and mind also. A lot of confusion will happen, and suddenly some sanskars will emerge for settling. However, this is the time that I also have to be perfect, right? While on the pilgrimage sometimes difficulties come, so we cooperate with each other, and help each other. The time will come when amongst ourselves as pilgrims there will be a need for the power of yoga, there will be a need to share some elevated thoughts, to increase the enthusiasm to share the churning, and that will be the true cooperation. The best one will definitely be the power of silence. So, it is your vibrations, vibrations of love, vibrations of peace, vibrations of the incorporeal stage, that will be needed. We have the example of Brahma Baba, He knew exactly what any soul needed, and he gave it. Baba would sit in yoga and then say that he is giving current to a certain soul. We call it saakash, or giving light and might to that soul, you can call it mansa seva, serving through the mind. Baba said in Murli that I give you the light that is needed by all of us, Baba has to give us light.

These are the last years of transitioning of the cycle from old to beginning of the new. We have to internally make sure that we want to make it to the destination of perfection, and not wait for the end when something happens. Dadi Janki said if you have any weakness, change it now, because it could emerge at the last final stage, then we lose. Any kind of sanskar or habit can create an effect on my stage at the end. That is why Baba said that the bank is now open, only now, and you accumulate power of silence and power of elevated actions. You can't just say that I am giving power of cooperation of silence, elevated actions are also important. What is the definition of elevated action? Anything you are doing, do it in Remembrance, do it with love, do it with pure feelings, not just as a duty. Your awareness inside should be elevated, so simple actions will then become elevated actions. That means if you are serving someone, do it with a lot of bhavna so it becomes elevated, it becomes more like seva. Seva always has mewa, there is always a reward. I like this concept of in your bank, depositing the power of silence and elevated actions. Let's see how we do on this pilgrimage of Remembrance. The original stage of souls is silence. The soul takes the elements of this body to play a part. However, while playing the part, we get attached to our own costume and start identifying the self more as a costume than a living being. So, reflect, churn, practice, and accumulate deposits in the bank of silence and elevated actions.

Om Shanti