

## Sister Jayanti – 30<sup>th</sup> August, 2021 – GCH, London

### Is my buddhi agile so that I can relate to Baba in the way Baba is presenting Himself in all the different relationships, according to the time?

Good morning. Om Shanti.

Greetings for the second day of celebrations for Janmasthan, the commemoration of Sri Krishna's birth... Krishna was supposed to be born at midnight so both days celebrations. Today the celebration of how Krishna breaks the earthenware pot in which was the butter and the cream. This is commemorated in India by young boys making a human pyramid and then jumping and breaking the pot! Bhakti, as Dadi would say, is wonderful!

I think we all understand why Baba has said that there are three types of love. Firstly, from the heart: spontaneous, deep, profound and connected with Baba in all relationships. The second one according to convenience and desires 'wants'. There is a motive for the self and family... for convenience and comfort and it is love to fulfil my selfish needs. The third is out of being desperate and out of compulsion at a particular time. I am in deep sorrow. I haven't used gyan and I desperately call Baba to help me. He will help but this is very different to the natural connection and state of constant love, that is sweet, holding within it always the possibility of receiving whatever the need, Baba knows, my mother knows. We can then be constantly loving, cooperative and powerful. Baba said he would take up the second two aspects later and we wait to hear what Baba has to tell us.

We have all had the experience whereby sometimes the love is emerged and other times not so emerged. Then a situation pushes us and it emerges again. We have also had the experience whereby, due to Brahmin sanskars, we are cooperating but sanskars are getting in the way, and we distance ourselves and say I would rather not. Constant cooperation means going beyond those sanskars. The third point is to be always powerful. Am I always powerful or are there fluctuations. If there have been, I think that this is still the time when Baba is teaching and giving us and the margin of time to make up whatever it is to achieve what I haven't before. Whatever has happened never mind, but be constantly cooperative and powerful now. It is time for a full stop to the past and do what I need to do. This margin, is different to the thought we sometimes have that we wish Satyug would come quickly. If the line has been broken in any of these aspects now is the time to have the consistency to make this up.

Seeing what is going on in the world, it is not just the bhagats crying out to God, but people out there in the world now in many situations are desperate for God's help. Baba and Drama have to balance both of these things. The time is needed by Brahmins and yet maybe time does finish before we are ready. The eight are definitely ready and the 108 are probably ready. Baba wishes to fulfil the desire of Brahmins as well as being needed to fulfil the desires of all people. Drama finds a balance between these somehow.

There is then the subject of time and how my relationship with Baba needs to be appropriate according to the time. I can say Baba is my loving Mother and Father, yet when I am sitting in class it is not the time to have a sweet relationship of friend with Baba. Here is Baba teaching me, and I'm wanting a sweet chitchat and so I miss out on whatever it is Baba wants to give me now from the Murlis. Another aspect of this. Sometimes when Murlis are going on, some say they would rather sit for meditation in Baba's room. They want to be with the Mother and Father, but the Mother and Father are saying it is time to go to school! There are many aspects like this throughout the day. So yes there is a time to be with my Friend, but also a time for me to be with The Satguru, the One giving me srimat and reminding me of the quality of karma I need to be engaged in so I am truly doing karma and yoga together. If I am playing with my friend, I could miss out on the attention I need to give to karma. If I am remembering srimat and then engaged in karma, I am more likely to be able to manage both of these relationships together.... karma and yoga. Often it is not what I am doing but the time that I am doing it. Am I recognising just the 24 hour clock, and doing according to that? Baba reminds us of the bigger picture of time and that now it is Sangamyug. There are lots of fun, games and rest ahead in Satyug and through The Cycle. According to time, there was a period to do bhakti, go on pilgrimages and all of that. But Sangamyug is very different. This is the only opportunity for me to experience a relationship with God. The more I am aware of the value of this time of Sangamyug the more I will see what I need to do. With all relationships with Baba, at any given time we will see where the buddhi needs to be. With the Teacher or through the gaze and vision of the Satguru, we are able to fly beyond to the place of peace. The mission of the Satguru is not just to teach me srimat but also to take me beyond with a glance to experience that world of silence. Baba says all attainments come from all relationships with One.

Is my buddhi agile so that I can relate to Baba in the way Baba is presenting himself. If I do this then I will benefit, but if I have an expectation of something else, I will lose out. So here is the teacher, am I benefitting or do I want to chat to my friend and then I would lose out. When we recognise the time, then my intellect will easily recognise the role that He is playing now and take benefit from that. Through the day am I very aware of this precious container of the buddhi and do I clean out all the negative

thoughts that could create poison for the self, and affect my relationship with Baba. Whatever the situation and whatever someone has done, it doesn't matter. My priority is my relationship with Baba. When we are in connection with others we often ask what is the priority...my relationship or the task? We understand if we get stuck in the task, then the relationships suffer. We now realise that the task will happen anyway and relationship with my family is what matters most. On a spiritual level my priority is the relationship of pure love, without selfish motive or desires coming in and that being the most important aspect. Baba also feels the attention that I am giving and He gives a response to that, so I need to keep a clean and pure intellect.

Waste thoughts - when we are not feeling bad about others - yet there is a subtle complaint about drama, thinking it could have happened differently. Baba says Drama is 'my child', and our friend and not to have waste thoughts about what is going on. Can I put a full stop to these? By saying that Drama is benevolent and having the attitude that Drama is my friend and my mother, and will not let me down. It will cooperate with me because I am now ready to give my cooperation to drama. Then the relationship is sweet and the waste ends. What about ordinary thoughts.....spinning about this and that. I don't need to think what is going to happen. Responsibility and accountability is different and I have to be accurate. Baba said that if we are accurate in terms of relationship with Baba and srimat, then nothing will go wrong. If srimat is accurate and my attention to the task is accurate, Baba has said what will take 4 hours will take one hour! This is especially true when accurate on srimat and the task, due to honesty in the soul, it will work out fine and Baba will find a way to help you move forward, as there is faith in drama and God. Then ordinary thoughts are minimised. I am focused, I do it, and then there is a full stop. Then there is the possibility of the buddhi being clean and pure. Then the buddhi can be agile. If it is heavy, filled with waste, it is not able to move so quickly or connect in the way that Baba is offering at that moment.

Baba spoke of other aspects regarding the intellect: unlimited, subtle and broad. Then the 'divine' intellect, which does not see things as they are now, but from the point of spirituality. It is spirituality that creates the divinity. Without this we are human and we have forgotten the being as we got into doing. The divine intellect is always able to see things from a level of spirituality, so the divine intellect cannot see anything bad or less than the highest. If we have had Drishti from Baba or the Dadis, what they were doing is seeing the individual on the highest level. We would want to have those moments of glimpses as it reminded us of our highest state. Are we able to do this for others! So that we see their highest state and no less. The unlimited intellect sees the big picture, not just focusing on now, but remembering past, present and future. This is what Baba would do. He would respond to a soul, seeing their eternal role. If the intellect gets blocked by anything, then limitation comes in. This block is usually ego. 'I want', not externally, but 'respect'. Yet the soul hasn't recognised that respect has to be earned. I don't need to fight for or demand it. This is going to come automatically when others feel the quality and character of the individual. The limited 'wants' of respect, control or power all create blocks. Then I cannot have the unlimited intellect in which I can be close to God. This is all in the context of the loving relationship. Can I go beyond all the blocks that ego brings and pulls me back into the limited? Then Baba talks about the 'broad' intellect. It is Sangamyug and can I take advantage of all the opportunities that this time offers in an unlimited way, not just thinking in a narrow way, at this moment.

It was interesting to hear Baba talk about the intellect in all these three things. Baba also asked is my love unbreakable and unshakeable, immovable? He also spoke about 'eternal and imperishable' in the context of love. Is it imperishable, or does something happen to spoil this state of love, especially with the Brahmin family, as that will interfere with my love for God also. We need to keep imperishable love for all others around us, and only then can we experience it with Baba. And love as immovable and unshakeable? We think our love is strong and that nothing can shake us...but then something happens and we get shaken and we question the self and ask 'how strong is my love for God anyway'. Is my love for God strong enough to help me jump over that obstacle? The problem with Maya is she is very sneaky and she knows what is my weak spot. Maya will find a way to enter through that weakness. I don't realise it at the time. Things happen and my love for Baba shakes, and it is due to this interference. We need to see what is the weak spot that gets hit each time. It is a recurring pattern and it will keep happening again and again, until I recognise what my weakness is. Then I will be able to deal with it maybe. Taking Baba's love and power helps me be immovable and unshakeable in this love.

Many things to reflect on from yesterday's Muri. Your own reflections will be even deeper and subtle, as you know what it is you are going through. Really go deep into what Baba is telling us. Baba doesn't waste His words and if He repeats it, it is because there is a need to. Baba is wanting that attention from the child. Many times in the Sakar Muri, and again today, Baba says 'keep attention on study'. This means that every word Baba says is significant and can I keep focus so well that I can take the power that Baba is wanting to give us through the study. Baba says that just simply through the study, we claim a kingdom! We are studying in an incognito way. People know we meditate...and they see us coming and going in white...but do they know we are studying to claim a kingdom...that is extraordinary. Our study means attention on what Baba means and then application in life. It has both these elements.

Now we have powerful collective yoga and then toli. before Muri

Om Shanti

