

Om Shanti

The thought comes a few times a day, about experiencing supersensuous joy. Because sometimes we listen to something, and it looks very attractive, but it is only when we practice it or experience it, that it becomes real. Now, since morning, when we wake up, there are so many organs of the body, there is a pull, or a reaction. Like when we wake up, you want to look at Baba, or take drishti from Baba, but then if there is pull of eyes, eyes are pulled towards something. These days there is so much we can see, right? The thought comes, "Let me see this", something on YouTube, or any other thought. Then the ears have their own pull, you want to hear something. Also, sometimes, there is a reaction. If someone says something to me, I hear it, so there is a strong reaction. So, we have to look at each organ. Like when Baba says to pay a lot of attention when you are eating. All attention is not on the taste. Yes, it should be good; it should be tasty. You know when you eat in Pandav Bhavan, or in Madhuban, how tasty the food is, right? There is taste and variety. So, Baba doesn't say, "Don't do that". But there shouldn't be a pull, right? Some of them like pakoras, so when they hear the word pakora, they think, "Oh yes, yes." So there is the pull of that taste. But just as Dadi Prakashmani used to feed a lot of favorite things to double foreigners. So, it is not that one shouldn't be eating. But sometimes there is a strong pull. So, we are still taking joy from sense organs. I think gradually for some because of health reasons, some changes are happening in their diet. But still once in a while there is a pull, right! So, we have to look up at our chart and then we could pay attention to go within and be introverted and feel that inner joy, where you are very detached, bodiless, soul conscious, and in that stage you experience supersensuous joy.

So, we chose this theme for today, because tomorrow is our respected Didi Manmohini's day. One of the very well known expressions of her life was super sensuous joy. That is why we used to call her Gopi. We will show you. She used to be very much in that intoxication, spiritual intoxication, because she decided to have a relationship with Baba, as a Friend. Of course, you know, Baba was the Father for everyone, or Mother and Father, but she created that relationship of friendship. In one of Dadi Janki's classes, Didi was sharing how Dadi Janki always had a relationship with Baba, more as Teacher and Satguru. So, Dadi Janki used to be very serious. One time Didi said that Dadi Janki said, "Oh, I have to make a lot of effort, I have to be perfect." Didi said, "But, do everything with joy. Don't be harsh, and don't be serious." Didi herself was very introverted, and also very joyful. She was serious, and also very humorous. She also liked to ask questions when we shared points of knowledge. Didi used to call it badminton. She would ask a question and you have to answer. Then, you asked a question and she had to answer. So, she was playful. Even while making serious effort, she was not serious. She used to say that the Confluence Age is the only age where you can make God your Friend, and be playful with Him.

I hope you all are relating to that. Some of you can see there are a lot of videos, and short films on Didi. On YouTube, I saw many videos in Hindi and in English, where they were describing how Didi left home with her mother and younger sister. As you know, Didi also was from a very prominent family of that time. Even now, if you go to Singapore, you will see a lot of shops that belong to Didi's family. She was from the Chandrai family; a very prestigious family. But Didi came and with her renunciation, she didn't even think once, "I was so comfortable at home" or "I had such nice food at home." She came from a family, where they didn't really need to do any karmayoga, because they had a lot of helpers. Actually, Didi started sewing and she said, "I am sewing because I will earn some money and I want to give that money to charity. If I give charity from my family's income, that won't be my charity." So, when she came in the beginning, she told Baba, "Baba, I can teach sewing, that is my interest. So many mothers and kanyas started coming to learn sewing from Didi. Then, Didi would talk to them about knowledge, or Brahma Baba, or love for Baba, because she had so much love. Her mother, I think, you all have heard Baba mention in the murli about the queen mother. We used to call her queen, because she was very royal, very fragile, but internally, she surrendered to Baba. All of them surrendered.

As you all know, one time in the Yagya, Baba said that everyone will only get millet roti and buttermilk to eat. Millet roti is very healthy. You know, these days, many people, even double foreigners eat it. It takes a little more time to digest, which is very healthy. There were many who were subtly thinking, "Oh, I will get sick. My stomach won't take it." The majority of them were thinking, "Because Baba is saying it, let's eat that and enjoy." An example of this was Didi and the queen mother. The Queen mother didn't get sick at all, while there were many healthy ones that got sick. So, Baba used to say that it's not the food. They had a very subtle doubt of, "Will my body take it or not?" So, the queen mother was like a complete renunciate.

Didi was also like Baba's right hand. Baba used to invite her as she was in Delhi. Why do I have so much respect for her? Because she was my teacher in Delhi. Her teaching was personal and one to one. She would call, give you time, give drishti, and tell you what next step you have to take. We got so used to it. Any kind of service Baba mentioned in the Murli, she would get it done. Many of us were around, and many young people like kumaris and couples, good ones. In our meetings, she would challenge us, "Who is going to do Baba's new project?" It was very interesting that Baba said on Sunday that everything has already happened and will happen, nothing new, you just do it. Now, I think back and I say, "Yes, that's true!" Anything that looks very tempting, let's do this service and it will get done. Whether it is arranging exhibitions at new places, new cities, or accepting invitations from spiritual leaders to go and give talks. Many families will also invite sisters. So, there were many different types of service. Didi would say that Baba is saying it, so we all have to do it.

So, Didi had two types of lists. One is, what I have been able to do in my practical life, like dharna, and what Baba has said, making this awareness constant, for the whole day. She was either talking about Murli or asking others, "Are you in remembrance of Baba?" Second is planning service. In this way, the whole day used to pass very nicely. Today, I was remembering Didi and

that if she was here today, the whole day, she would keep us occupied. We would be churning Murli, planning for service, and she would teach us about Brahmin vocabulary. Any word we spoke that was not pleasant, she would say, "That's not in the Brahmin dictionary." So, I used to ask, "What is the Brahmin dictionary?" She used to say that whatever blessings Baba gave us, that we have to share those blessings.

Didi was also very disciplined and accurate in her time table. Whatever was fixed for 12 o' clock, she had to do it, it will happen. Her lunch time was fixed, it was not that she would eat anytime. So, in a way, this was a very good example for us. One day, Didi asked me about this, because in those days, many times I wouldn't eat dinner. She said, "No, you should eat." I said, "No, I don't want to eat three meals." She said to eat a little bit; breakfast, lunch and dinner, a little bit. Then during the day, about not taking rest, she said, "No, take half an hour or 40 minutes, take rest, so that in the evening, you are very fresh for doing classes or sitting in meditation." So even physically, she was very particular, whether it was food, or rest for the body, and of course we had to go to sleep on time. Baba said 10 o' clock, Baba gave 11, but 10 is ideal. Ten is a good time, because, at least when you wake up in the morning, it will be very natural. If you sleep late, it is hard for Amritvela. Then, even if you sit for Amritvela, you want to rest again because your body is tired. So, this kind of discipline, I think we all should try, right?

People these days offer bhog anytime, and that's not the way. At 12 o' clock, it is time for us to offer bhog, Brahma Bhojan. You have seen in Madhuban, bhog is offered exactly at 12 and always within that fixed time. Many times, in the courtyard, I would be sitting and see at exactly 12 or 7 o'clock, the bhog is being taken into Baba's room. But here, whenever I cook, I will offer, right? I wonder about this sometimes. So, you are telling Baba, "Ok, whenever I come, you will eat." But that was not the case. Even now in Madhuban it happens, and I tell everyone at the center to fix a time for offering bhog. They say, "Oh, I will cook earlier or I will cook later", because they go by their own timetable, not the timetable of Yagya. So, whatever time I have, I will cook and I will offer. It could be 1 or 1.30, or some just offer at 10 or 10.30 in the morning. If that is the time, then every day, even if you offer at 10.30, then continue everyday at 10.30, not one day 10.30, then 12, and then 1:30. Some offer even at 2 o' clock, right? So, paying attention to these things, accuracy in timetable, also helps us a lot, especially for time management. Otherwise, we don't know where the time goes, how, or when, or where are you? What are you doing at what time? For whether it is my own eating or for offering bhog, it is really helpful, if you have a timetable, if you have a fixed time. Because we do everything, whatever is in my mind, and then we say, "Well, I was busy with something else." But that's not right, is it? No one will say this these days, but accuracy is very important, right? That was Didi Manmohini's principle that she taught us, to offer bhog at the right time, as you give to your body, that time is fixed, and we also feed Baba. So, starting from Amritvela, for everything, meditation, or traffic control every hour for a few minutes, if you have a set timetable, you will really know how much time you have. Otherwise, we always feel like I do not have time, because there is no accuracy in the timetable. We do up to a certain time, then, for me, I say that it is time to stop. Yes, other things can be done tomorrow. I mean, there might be something urgent, but that will always be there. So, accuracy

was one of the very important qualities of Didi Manmohini. I know that at centers too, we follow a lot of accuracy. This gives the feeling of Yagya at the center. Otherwise, it's like a household, right? I know in lokik life, when they do bhakti, whenever they are free, they go and offer bhog to the deities. For us, it is not like that. So, look at the timetable and make it accurate. Then, every night before sleeping, look at your chart. Did I cause sorrow to anyone? Did I get upset during the day? So, we see more and more of Didi Manmohini's activities.

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