

Om Shanti!

So the aim actually of this theme was to experience the stage of being merged in Baba's love. These days at every step in our life we especially feel Baba's grace, Baba's blessings, Baba's help at every step. And from our heart then we keep saying, "Thank you Baba", right! We are receiving much more than we are doing. But also Baba gives, because Baba knows that the soul deserves that. And when this kind of love emerges in the heart, so merging in the ocean not only of love but even of peace. Someone was asking if I don't get experience in Yoga then what's the problem or why and when I don't have experiences I don't have the pull to sit in Yoga. So I was saying that when I took my classes in the beginning, in the first lesson about Yoga, that if I want to experience Baba then I have to remind myself that Baba is the ocean but I am the image of that love, of that peace. So when I want to experience Baba as an ocean of peace I have to remind myself that I am a peaceful soul. Because to get merged in the ocean I need to have similar qualities. And sometimes that we don't create that doesn't become that embodiment. So my mind is still confused, a habit of getting confused very quickly, heavy about something, holding something. You cannot merge in the ocean of peace. And it is very interesting because then as I continue on my journey as I am getting merged in the ocean, I am becoming that embodiment. Otherwise what is the benefit of practice? Benefit of practice is not only what Baba is giving me but also what I have to be. And that is where I think the quality of determination is required. I know these days because there will always be a few situations here or there or somebody something you hear as soon as I start thinking, I say, Oh no forget what's the use, why don't I remember Baba. Immediately I noticed that even though I want to notice why this person has to think that way, I can't. Within a minute or two it's useless, why I waste my time, why I waste my power of thinking, let me remember Baba. So it starts to become very natural that I don't want to waste my time and energy. Yeah I want to have a lot of good wishes for everyone, good wishes for their success, their fortune but I don't want to have any other thoughts. I think you all must be feeling that by now, right! Some change is there, before we will, like we find a parcel, let's open, see what's in it, what's in it, right, but not now. It's alright, let that person take care of that parcel, I am not going to open it. So this way you can feel that being merged in Baba as ocean brings very very deep transformation and that is also kind of increasing determination. Today I was seeing that how trying to see thinking of how Brahma Baba in his personality to see determination in him. Because sometimes people have determination but also they get a little stubborn, you know. They mix between stubbornness and determination. Because it is not necessarily coming from that pure energy. So I was looking at Brahma Baba and how his determination was visible. So it's not that I think Baba has to make efforts but Baba has to have enthusiasm all the time. Because there are so many children around, right! They need inspiration, they need

power, they need support. But first Baba himself will have to have that enthusiasm, that was so visible. Whether it was a time of difficulty, a lot of difficulties came but Baba was consistent. He continued, he was cheerful. So the quality of determination, the way it was visible in Brahma Baba's life, it was not forceful, it was very natural. And the sign of that was he was very consistent. And he was constantly moving forward all the time. Because that's what this determination is like you are ascending. If it's a lack of determination then two steps up, two steps down, two up, we change a little bit then come back. So that means that quality was coming in remembrance of Baba or being merged from Baba, there is a difference, right! One is I have determination and the other is when you are with Baba, like you feel determined. And that very gently will be visible in your life that you are consistent, you are ascending, you have enthusiasm. So while I keep reminding myself that I have to look at my qualities, my virtue is it like Godly virtue, divine virtue or it is only a virtue. I have seen a lot of people have a lot of tolerance but sometimes it is mixed with subservient, a little bit subservient also. They tolerate but they should not be tolerating maybe, but they keep tolerating, right! But when it comes from Baba as virtue of tolerance, but when you are tolerating it is beneficial in many different ways. So that means you check each quality and to see if that quality seems to be the way it's expressed in your practical life. Because determination has a lot to do with your ability, what you are able to do, not I keep making promises, we don't need to make promises, right! But there is this whole energy of love of feeling Baba's presence at all the time. Love of Baba increases from within the quality of determination. So for yourself if you have this experience properly, then you will automatically be able to help others to be consistent. And then also when you are in the ocean, any ocean knowledge, peace, love, Baba is our ocean, no! Then there is another quality which is very connected with truth, is transparency. Inside and outside, inner and external, totally totally same, truth. And it's not transparency that you know like some people say I am honest, right! But this transparency is a very subtle quality. I remember that once there was a program, many years ago in Los Angeles, and the topic they chose was on trance. So now what to say is a public program so I said what to say. They just say what happened, how it happened, from where it began. So I start sharing what began then how my experiences deepened, how then communication began, how the message started becoming clear. So a lot of people called, the feedback was so transparent, not like a story it was very real. So transparent is that truth in a very real way. It's a very interesting experience of transparency because you don't have to kind of use your intellect, use intellect in the sense of I don't have to create anything. It is very natural, whatever is the truth you are just presenting that truth. But also each one of our lives in itself is a transparency, right! So what we have in Baba's room, we call it a trans light, right! So we look at Baba, even whatever the picture is but when you sit in front of Baba, He starts looking at you. Why do we go in Baba's room, because we can take drishti from Baba. That means even if He is not present physically but once we put Baba there you could just feel the presence, the truth. I know that one time there was a

new person, went to Baba's room in Madhuban, then in Peace Village, so he didn't understand who is He and all that but one time he said why He keeps looking at me, I was not trying to look at Him, but still He was looking at me. So we said He looks at everyone, the experience which was coming, that Baba and then some or other we fell in love, while taking drishti. Then he wanted to take drishti, so he went again and he told Baba, you conquered me now I belong to you and started talking to Baba. For me also whenever I go into Baba's room I don't see that as a photograph, right! I always see Baba sitting there. Baba wants to talk to me, Baba wants to listen to me, Baba wants to share drishti to me. So it's like He is very transparent, in other words it is like angelic, you know the presence of Baba in the form of light. I sometimes say how quietly He sits there. And He pulls, He bestows, so I sometimes put myself also, Shiv Baba is above me and I am here and give drishti to everyone, listen to everyone. I also want to become transparent, it's not it's only my picture in the box will make it trans light. But we are still in a body, which is very good. Dadi Janki always used to say if I become a karmateet and leave what's the benefit of becoming karmateet, that is only for me. But I want to serve from this karmateet stage, so she changed the concept that it is not when you are karmateet you leave. She said I am not leaving, I have to serve from the stage of karmateet and it is true. That means she used to take us beyond anything physical. Whenever we were caught up in action reactions she immediately would say, why are you wasting your time. Go beyond, become transparent. So I think we all are getting to that stage of being transparent that means be angelic. You know all that I am talking about really has to be experienced by all of you, right! I mean I can keep explaining, you all can keep listening, but it has to be felt, it has to be experienced. And for that you know when in the end when we sit with Baba, create this merge stage, merge in Baba. Then I don't have my identity, I am Baba's child. So then it's not my light and might, Baba's light and might through me. And it's a very very good experience when Baba could use you as an instrument and through your drishti through your presence give everyone light and might. So if you are ready to be such instruments or I want to give my light and might, how much will that be? Dadi Janki used to tell us I don't use my energy, I save it, I use Baba's because He has unlimited so I use it, And I also sometimes say let Baba give light, let Baba give love, let Baba give might, and that is only possible when I am transparent, very clean truthful in and out. We have the same nothing inside, different from outside. So it can be we say, very clean, very clear, very calm, very peaceful and that's the stage when we have, we do experience transparency. So in the end we will do this practice to be merged in Baba's love, in Baba's peace or Baba's Almighty, so we all have real experience and Baba can make us instruments also to serve with Baba's light and might. Baba's love, light and might. Because Baba's love makes us light, Baba's love gives us power, right! As soon as the soul experiences God's love all burden is gone, sorrow is gone. If they experience love from me, it should be God's love, right, because that has power. Okay, so think about

more on the stage of being merged and then virtues emerging from there, not concentrate only on virtues, right! That was the aim to experience God's virtue by merging. Om Shanti!