

Om Shanti

We are in a big gathering, and getting homework for the day keeps us very focused in our efforts. You all must be experiencing the benefits, right? Homework always depends on how much you do it, right? Today, I used this power of silence. When I am with Baba, merged in Baba's love; this is very deep silence. There could be wasteful thoughts, extra thoughts, not negative thoughts right?, but unnecessary thoughts, where you need to think for two minutes, or three minutes. But when there is attention on creating silence of the mind, it really disciplines the energy of the mind. We are also accumulating power of the mind, and when there is silence, service is also happening. In our silence, the souls are touched, nature and the five elements are served, and also, there is a natural feeling of pull towards Baba.

In the subtle regions, what happens? We call it subtle, this means everything is through movement or through the power of pure thought. So, then I have to accumulate that power, that purity in thoughts. That is why I was sharing before, that even the blessing this morning about self-transformation was very important. Because maybe something happened two weeks before, or three weeks before, and suddenly the thoughts start coming. Or maybe you are holding a certain attitude towards someone because that person criticized you, didn't pay attention, or didn't fulfill your expectations.

Many things happen, and though all that creates certain thoughts, there is a very subtle way that obstacles are created. That means that my remembrance is not consistent. So today, when I woke up in the morning, I had certain thoughts and then, I just reminded myself that today is a day of silence. I have to note that I will talk and do what I have to do, but silence is the main homework for today. I found this so useful; both the blessing for today, and the homework combined, because this is the time we have to settle everything. All karmic accounts from the past come into the present, and they can continue with us in some form or other. I have to keep everything clean inside; my attitude and my intellect. When there is this self-transformation, I thought this was very subtle, because we all have some more to clear. Some have less. Even little traces, like having thoughts about someone. So, I thought that this whole aspect of silence was very useful. If we have to use our subtle energy now, we have to use our subtle form, not physical actions or words. But a time will come that even communication will happen through thoughts. That is how we communicate with Shivbaba now.

There was a time when there were Dadis, and all the Dadis are linked with One. So, they used to see when any service plan or any idea comes, "Is it the same in everyone's mind?, or is it different?" Then the Dadis would also ask us, because it's coming from the One. The Source is only the One, but how many of us are able to take that signal from the Source? It is not what we call "dictates of mind" or "influence of someone", because generally, anything we do, we mention the person's name. But if everything is coming from Baba, and I have a lot of those experiences, I have to pay more attention that there is only one message, and it's coming from Baba. I have to catch it, or receive it, or I should be touched for it. It could happen between one soul

and another soul, but this is from God to all of us, and that is called Shrimat. Then when we all share, we will know that it is from Baba.

So this kind of purity of thoughts, and this kind of clean heart, will definitely help us take from Baba. Not only taking power, but signals as well. Then, Baba will definitely use us as instruments. So, there will never be this thought, "I am doing this for someone," or "Someone telling me to do this." No, it's Baba. Baba has to use the instruments, but there will be a feeling that this is coming from Baba for all of us.

So, that is why we use this observance of silence, where you clean everything and bring transformation. If you have an attitude of any kind, about anyone, like if someone said something to you three weeks ago, or maybe one month ago, but you still keep thinking about it. Once in a while, some thoughts come, so what is that? Should I just hold it and continue? Or, should I, through the power of silence, settle those karmic accounts? Because these thoughts are obstacles in my link with Baba. This link is very subtle, and it could be broken very easily, and we don't want that to happen, right?

Baba says remembrance doesn't remain consistent because the link is not there. I had been reflecting on that, and I tried to, internally, pay attention to this. You know, before, I was taking traffic control every hour, but now, it was with that attention. I have to remember Baba. I have to remember Baba, whether I take a quality of Baba, or a relationship with Baba. "You are ever pure." "You are the Purifier." Just for three minutes of that traffic control, and for the time the song was played, it is called "mind peaceful and body cool." So, I was wondering what 'body cool' means; with all your sense organs, there is no kind of pull towards anything.

Very soon we will be having a day for Didi. We used to say that Didi has what we call super sensuous joy. Generally, when you are happy about something, you are joyful. Maybe because today the food was very tasty, or you saw something that is beautiful. It is always through one of the sense organs that you get happiness. This is very deep and subtle, where you are always joyful. When you are joyful, you're not confused, and nothing affects you. You don't have questions like; Why?, What?, and When? This is a very beautiful stage, super sensuous joy.

So, we used to always say about Didi Manmohini, we used to call her Gopi Vallabhs gopi. They show gopis dancing with Sri Krishna in super sensuous joy, because that was not dancing, but it was very beautiful. Watching the organs of the body, the hands are moving, and the feet are moving. When I came into gyan it was really such a beautiful experience. All the Dadis, and even Baba were in this experience of super sensuous joy, and doing very gentle rassa, as we call it. It's like some internal joy is emerging and your hands are moving. Nobody had to tell you, it was so natural and very joyful. That is coming from what we call spiritual intoxication, my fortune, and God is with me. Baba is Karankarvanhar, so we are combined deeply within, experiencing what we have received, so there is this spiritual intoxication. In spiritual intoxication, your whole body is so joyful that it starts moving because it feels very light.

These days, because we are using our intellect so much with actions, which are also necessary, we are not able to go beyond. So, when I was thinking of Didi, some of you must have seen or heard, they have a whole story of Didi Manmohini. About how she came in gyan with her mother and sister. They were the first ones to surrender. Then, of course, it was very beautiful but there was also so much opposition because they

were a very top family. They brought the mother and two daughters. Brothers also came, but they didn't stay. So, just the three of them came, and Baba especially gave them a house in front of the main building. They stayed there, but there was so much intoxication of the recognition of God. I mean, I can say that must be the same with all of us in our spiritual childhood. I still remember, there was so much intoxication. Some people remind me, "Oh, you used to dance, you used to do this or that." So, I said that must be right. So, the super sensuous joy of the gopes and gopis is very famous. As soon as Shri Krishna starts playing the flute, all the gopis, wherever they are, will leave everything, and they would want to start dancing with the murli. I think some of you are feeling like that, even now, right? Because the Confluence Age is the age to experience this kind of joy. Even in the Golden Age we don't have this kind of joy. There, you will have comforts, right? All natural beauty, palaces, and 36 varieties of food. So it will be joy, but it won't be super sensuous joy. It is important to have this experience because, in the end, when the outside atmosphere has so much violence, crying, and sorrow, we can stay in our super sensuous joy with Baba.

So, think about it and see what it is like. What is the experience of that super sensuous joy? For tomorrow, actually the whole day, our homework is super sensuous joy. I'm sure that tonight, before closing, when we sit in meditation, we will be with Baba to experience super sensuous joy, and continue to maintain that super sensuous joy; to be completely merged in Baba's love. I'm thinking about belonging to Baba, and what we have received from Baba. I think, and I am sure, it will be a very beautiful experience for all of us. So, starting now, you stay with that experience and keep it with you; super sensuous joy.

Om Shanti