

Om Shanti!

Om Shanti Avyakti Parivar! I think that whatever we want to attain and whatever we want to do at the confluence age, it requires Baba's blessings. In today's Murli Baba told us how to get double blessings from Baba. So, we all should experiment with that. For double blessings Baba said you need balance. Balance between doing seva but also remembrance of Baba. Baba gave very beautiful examples, one is that, Shiv Baba chose Brahma Baba and so much service happened through Brahma Baba. So it's not Brahma Baba who did that service but Shiv Baba through Brahma Baba spoke Murli and gave that part to Brahma Baba. Brahma Baba didn't know that he could do that. So Baba made Brahma Baba nimit for that and then Baba said the same for Dadi Gulzar. I don't think she ever knew, mentioned or even thought that so much service would be done through her chariot, that she would be an instrument for such Avyakt sustenance. When I read these two examples then I was thinking, it was similar for Mama. She was told that you will be Mama. Your part is of Brahma Kumari Saraswati and of course then Baba explained to us their qualities. Brahma Baba of course during the whole cycle, he played his part but also in his present life, his values, his charitable nature, respecting gurus, so many things Baba mentioned, were specialities in Brahma Baba's life. For Dadi Gulzar, Baba always said because she had accumulated a lot of power of mind because she would not think unnecessarily. She thought very little. And some of the words which Baba is using today in Murli have already happened. So for service nothing is new. So Dadi Gulzar always, whenever we went to her with big plans, of course we thought of it as a blessing. It's going to happen, it had happened before because "Hua hi pada hai", because it happened before, it's going to happen now and then use the words "nothing new". So even though He is mentioning the qualities of the instrument, He then said I am the One who has made them instruments to do the service for whatever they are doing. So internally the remembrance is such that in a way, whatever I am able to do, actually Baba is making it happen through me. I really always felt that way, because there are so many important types of service. Even as a teenager and later in my 20s and 30s, there was always something important for the Yagya, but I never felt I could do it, no way. I always thought, it's Baba but then what can I do so that Baba can continuously make me an instrument? That attention we have to give. So when Baba talks about double blessing and remembrance, one is of course that I am an instrument and everything that I am able to do, Baba is making it happen, right! That's something I am aware of internally, and there is this remembrance or awareness but then Baba said there should be time for remembrance. No, of course everyone has so much to do, right ! We get it done, spending an extra hour in our meetings, an extra hour for planning, but what about an extra hour for remembrance? For that Brahma Baba is said to be consistent in remembrance.

It is important to have an unbroken link with Baba. So link, how do I create that link? I was sharing during some sessions, during the day that each one of us should have determination that a few moments, every hour there should be proper remembrance. So that every hour, the link can be maintained. It's very simple, but we do it you know in the sense of yes, we just stop or we are in silence but not necessarily proper remembrance. So if we do that every hour, I think that link will be there, you will feel it. So when the link is there, then love is there, then remembrance also will be there. So Avyakti Parivar everyone will do those few minutes every hour proper remembrance of Baba? Those who take this determination, can I see hands? Who would like to join in this campaign? Everyone! It's easy, with this internal desire and pure thought I want Baba's remembrance to be consistent. So we will experiment for a week and then we will talk about it again next Sunday, to see how we did it. I thought it's very inspiring to think that way. Of course, when we do that then two things which I really underlined, even for myself, is why there is this kind of deep discontentment? Not tiredness, but still like you know, the soul is not able to have that contentment. So one Baba said that deep within what I want to do is not happening .I am not able to do, like good amrit vela properly. You wake up naturally, you sit as long as you sit, you are in remembrance of Baba. So that deep discontent is there of not having that good amrit vela and also not being able to have remembrance in a whole day. So I am not able to do it. I want to do it, but then there are certain things because there is lack of remembrance or lack of early morning good amrit vela. Then also there is a lot of seva, always there is seva. Then there are also my interactions with others. Sometimes there are more reactions you know, very quickly you react. Even if you control it, you know that the vibrations change very quickly. So we become sensitive when we see things are not happening the way we want. When overreaction is there then we think differently. We say some things which later on we definitely realize that I shouldn't have done it. So that deep repentance also leaves a very subtle negative energy in me that I did something which I shouldn't have done, because it affects the relationship, it could cause sorrow in someone. So in both ways what I am able to do, not able to do, what I shouldn't be doing is still happening. That is something I underlined that we all have to really look into and pay attention.

I was also saying to explore in subtle regions, what kind of equipment Baba has for recording. You know Baba said He does our recording properly, of our chart, of remembrance and seva. He said your equipment here can have a lot of defects; there isn't good weather, there is a storm then the wires are affected, then our internet doesn't work right. So before all our equipment here, which is made of matter, can stop working, we should acquire Baba's equipment. So we will have to go to Baba, go to subtle regions and find out how that is working. How is Baba able to do recording? You know it's like how they go into space and do research. So we have to go to subtle regions and then we do this research as to where it is, how it works. Baba says both work through the light, but this light is from the nature-elements. That light is very different in subtle regions. So this way you will have the thought to go to the subtle region or have ruh rihan- spiritual chit chat with Baba. Maybe He can tell you the secret

and say child this is the way I do recording, this is my equipment. So let's see within one week if any one of you could come up with something. I think it will be really good for all of us, then we can start using it, so that when we lose this one (wordly equipment) we don't feel we have lost anything. We can still use our subtle equipment which Baba has, right! So that was very fascinating. So these are some of the points we have to start doing in a practical way. It was a very timely Murli.

I know that some were sleeping at 12 because they couldn't finish and last night most of them tried to sleep at 11pm, because this new program for children had to start today. So it requires a lot of hours to go into the details and get it started and it did go well today and they were all lokik children. So Baba said once in a while is all right, but not every night, right! So whatever directions Baba gave for the remembrance and seva we follow and not to get tired, even at the level of our mind, intellect or body. See service as a game, for entertainment, but we get so attached to service, right! One of the things I have always done in my life, what Brahma Baba taught me, is that I always delegate. In the sense of that one, second one, third one, they all should be able to do it. So it's not something I have to do, you know? I remember one time I was in Queens and Dadi Janki was coming. At that time you know I used to make bread and cake. No one else knew because that's what I learned when I came to the West is to bake. So that day I baked and Dadi Janki came and she said oh, who made bread? I shouldn't have said I made it. Oh, you are still making bread! What she meant was that, no one else had learned by this time how to make it. So anything I do, I always like to delegate them to one, two, three people. Everyone should know how to do it, so that it can be done. It's kind of expansion you know and also not depending on one person for anything.

So anyway, I think we got very timely beautiful simple ways which we all should apply for one week and then we will share it again. I still feel that one is the inculcation of virtues and the other is experiencing those virtues from God. That is Loveleen stage, the more I am merged in Baba and I experience that love. When I am merged in Baba's love, yes I am unshakeable because I feel Baba is my Companion, Baba with me, but also this deep silence is experienced. One is I plan and I want to observe silence. We make silence as a separate subject and then merge in God's love as another subject. So that could be silence of mind, silence of intellect, but the Power of Silence is experienced when I am merged in Baba's love. You can try both ways, that I am really loveleen when I am merged in Baba's love, what is there? Silence! There are no thoughts, intellect, no reasoning. They are so deeply merged in love that what I experienced is Power of Silence. Within these few days I had been getting more and more convinced that my qualities should come from God, not just my dharna, because if it's only my dharna, there will be limits, if it's coming from Baba as a Godly virtue, not only a virtue, Godly virtue changing them as a divine virtue in golden age. So I will again kind of say that we are using the word Power because that's not only a virtue but also it's a Power. So the practice or attention is, merging in God's love at amrit vela . It can be done again during traffic control, just Ocean of Love, and I am a loveful soul.

So merging in God's love, and further what emerges are different powers. They're not powers of Rajyoga, they are powers from God's love. They are not just my dharna, but that power is coming from God's love. I repeat it again and again, so that you all also can start using this method. Anytime you want to experience any power, just go, be with Baba for a moment. And that same power which is required in you, we are just mentioning the names and they will emerge in you. Recently, a very young person, not even in gyan but family is in gyan, went through some very bad accident and the car was smashed and it was a heavy car, all of that, but this young person is saying I felt so peaceful. He felt so peaceful in the sense, of course, because he was not hurt but because he was internally thinking of Baba, even if he's not in knowledge, but he kept hearing about Baba. So he wrote about his experience and was thanking Baba for it, though his parents and grandparents are in gyan. So that kind of experience of emerging Baba's love, thinking of Baba, becoming aware of Almighty Baba. As I mentioned a few times that all Dadi's, I think in the beginning they had to do service without any resources, no place to live, no food to eat, nowhere to go, not knowing what they're doing and they did so much. The way the center started, even we all got spiritual birth because of their awareness and using the powers from God by saying Almighty Baba is with me, Almighty Baba will take care, they never said Baba. They always said Almighty Baba. So when they say Almighty Baba then automatically that power emerges. So we also have to be like Dadi's, no, or combined form. I liked that there was a slogan just a few days ago "I and my", "I and my Baba" is a combined form. So using these kinds of words for Baba and reminding oneself, increases the powers, helps to bring the right kind of power at the right time. So we all have to experiment, practice that and when we do it then automatically we would want to do it more and more. So it will become very practical, very real - the presence of Baba in our life. So we call it merging in Baba's love.

Om Shanti!