

For July 8th

Love and Loveleen _8

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July 8th, 2021

Om Shanti!

I think we all know the importance of offering Bhog. It's our gratitude to share with Baba, one who actually provides us. This morning when I woke up very early, suddenly I had this feeling that when there is love then there is bhavana and bhavana means pure feelings. So in Yagya the most important sacred place or duty is in Baba's Bhandara. Bhandara is a kitchen. Another is Baba's Bhandari. Bhandari is Baba's box because everyone, whatever anyone puts in Baba's box is because of love for Baba and it does require bhavana so that whatever we put of course is multiplied but also then our bhandara remains full. So bhavana is very important. So anyone who takes care of Bhandara or Bhandari needs to have two qualities, to have humility and honesty. There has to be total honesty and when there is honesty then definitely Bhandara is always full but humility also is needed because even if you have authority in a way I take care of Bhandari or I take care of Bhandara, and Bhandara could be referred for two places: one is your stock, another is kitchen right! Whatever is in the stock we call that Bhandara also. All the food stuff is there. Baba always used to say you have to be economical but also you have to fulfill whatever are the needs of everyone and whenever you're giving something don't think I am giving from Bhandara. It's Baba's Bhandara and I am an instrument for that. That bhavana because it's very sacred. That bhavana is very important because sometimes it could be a little bit ego involved in that. One is doing but other is there are so many who contribute in Bhandari and also for the Bhandara. I was remembering that in the beginning Brahma Baba and so many families surrendered so they had a lot. But a chapter began and in the second chapter where I remember when they all moved to Madhuban they didn't have anything, people didn't know but some service began in Delhi and there is a small town near Delhi called Gurgaon where the ORC is located now. So in the village you know one old mother who started giving knowledge so they decided to come or someone was coming to Madhuban so everyone wanted to send something for the Yagya. So someone grind coriander seeds and make powder. Someone brought little sugar, someone gave rice. Every old mother gave something because at that time they never used to get money in their hand so whatever they had so they thought that they could use it for Baba's cooking freshly ground masala and all seasoning so they sent it with a lot of love. And I still remember that Baba mentioned and that's how I came to know that all these old mothers with love have sent all masala. They grinded with their hands for Baba's food so it really began when there

was nothing and these old mothers, very ordinary mothers, started sending little by little to Madhuban. All of us, I think, also had bhavana. Anything I will get and thought would come can I send it to Madhuban because there are so many souls there and Baba's children and they need food because there was no service and no visitors. So I had a lot of bhavana for the Yagya and I think most of you have a lot of bhavana for Madhuban. So bhavana is very important and when there is love, there is bhavana but if you just do it through intellect then what happens. So that was what I had been thinking since morning. And then like some are saying how love becomes power. Now if we look at in our lives whatever step we took we decided I want to live the life of purity, I want to do service, I want to live like this, different aspects, whatever Baba says it's because of love for Baba right! It was for the love of Baba and then why I am using this that the more we remain merged in love, the more we will find that in whatever way we discern and decide should be from Baba's love and it will be very powerful, very clear. So today I was practicing that okay I have to discern and decide for something and let me create a loveful stage. Baba does mention loving intellect but just be in love with Baba in silence and then you discern and decide it will be definitely powerful, very clear but if you have love little bit mixed then you will say no maybe I should not do, maybe I should do later right! So if you really feel you want to do maximum in your efforts or become cooperative. Baba always uses love and cooperation. So when there is love and then I discern and decide you will find that your quality of words and actions are very powerful. I see different souls doing whatever they have to do for self and the Yagya. For some you could just see they have done so with so much love. Any service they do, anything they do, even simple things, if they bring fruits in love for Baba. So what they will look for, the best right! Best even if it's less even if it's a few items but it will be with a lot of love. When we are cooking, offering Bhog to Baba, cleaning, anything you're doing with love. You can feel like some kind of fragrance and that's the fragrance of love. So loving intellect, loving mind, loveful stage is really giving us power, giving power to mind and intellect. Not only to discern and decide but to do as well! So, whenever anything we have to decide and then do just take a few moments and create this loveful stage. And when you create that stage and then you do it you will see the difference between the power which I generated through love and then in action the quality of action. So confluence age is the birth first where whatever type of actions I do we get multiple rewards of that. So each one of you, you experiment with this before doing, emerge love for Baba and then you do it. You have decided but you still have to do it right! Sometimes while deciding there is love but while doing maybe we don't have. So today I spent a whole day kind of experimenting with that and then even taking a deep breath with love for Baba when your body needs some kind of healing. Even if five to six breaths are deep in Baba's love then you can start feeling that energy throughout all your organs of the body. And I found these little methods and I experimented and I

thought I will share with you all that whenever you find your mind is not full of enthusiasm or you have lost hope, you are not very much into your energy, you know disappointed a little bit, you take Baba's love, give love to your mind, give love to your body and then you see how mind functions. Even the body, it's like a big change can happen. So love is power and when I have power then I am using that power right! And the more I use it I see how it's helping me then my love increases for Baba. Then we say Baba help me today. Baba help me. Baba is Karankaraavanhaar. Like internally a lot of praise emerges for Baba and then that means love is increasing right! Because someone is saying but how do I then experience love as power? Love is power but then you have to use that power in actions. Dadi's sometimes in the beginning from Abu Road they will go to Mount Abu everyone carrying a pumpkin or something. How were they able to do 18 kilometers walking up on the mountain? It was just the power of love. So now there might be many conditions, even sometimes with your own body. Just take that breath with a lot of love and give that to your body. And then sometimes when the body is not well it affects the mind right. And then it affects what you're going to decide whether I will do or not. No! I am not going to do it, my body is not well, so I won't do it. Yes! It's okay but maybe experiment and give love with breath to your body and then finally decide I will do it or not. Any task which looks bigger than what I can manage so mind and body sometimes both are not really very strong. But when you inhale with your breath Baba's love and see the power of love brings back hope, enthusiasm and you are able to do elevated actions which actually is the income which we require at this time. So keep experimenting every day as I said that love creates your feelings and anything you will do with love and pure feelings is a really big achievement. Not doing it because I have to do it so I am doing it. Anything it may be but you touch with love, you do with love. Even sometimes I say okay now you want to contribute in Baba's box so you have a check or cash you put in an envelope and you think Baba I love you and put that envelope in Bhandari. You will see the magic of that. So I feel that every one of us should use the power of love to perform every action. Of course discern and decide but then you have to do it right! I know one time we needed Bhog for Sunday evening but we were quite late to tell and when we asked someone they had already come in the morning class. At first it was like oh! again we have to come, so I said just forget it, we can get it. And later I got the call we are bringing it now. I will bring whether it's fruits or flowers, etc and then they last so long due to love and bhavna. He'll give you courage to do it. You can do it's not impossible. So you don't make excuses at every step of the life. That's where the power of love is working. You can manage and keep increasing your income through elevated actions. This is my experience and thinking about the power of love for today. And then of course this another power to pack up which is for tomorrow. Before packing it's a big job to be clear what you want and second is then sort out and then you pack what you want and need. Rest I always say someone can use it. It will be

useful. So whether it is packing in my sanskars or packing in the closets or packing in the suitcase whatever it may be, internally you should be very clear in sorting out. Even in a material way I always say like most of you do okay these are my ten sets of clothes, eight sets of clothes which I use every day and then there are some extra I keep when I travel or there is a program. So set sorting out right for everything, we should really sort out to an extent, I know what I need, I know what can be used for service. I know what to keep, how long to keep. So packing is easy. I know sisters know when we have to go to India. They make a list of what we will need and put it in a corner. So I keep saying when you're going to pack. Packing will be easy once we know what we are taking. So pack up comes from this power of sorting out what you want and what you need. Make that as yours and then you know these days I know once there were a lot of earthquakes in Delhi so everyone had a small bag in which they had one or two sets of clothes and little things there, main papers and everything because if they have to leave home then they could just take that one bag. Once there was a fire in one of the buildings and it was Baba's home so sisters asked them what we should take out before it burns everything. So some said Murli, some said money, some said fridge because it has food and by the time they could decide the fire was increasing. And there is one sister in Japan who doesn't know what to take, so she just comes out with the petty cash, if she needs to buy fruit or give someone something. So it's very important first we look at personal needs and then of course maybe a lot of accumulation has happened so it's important to have that planning also. But then again you have to do it with love. The connection of love with Baba then sorting out because maybe we have accumulated things but now when there is Baba's love we feel they are not useful. We unnecessarily accumulated. Maybe someone can use it. It can be useful in Baba's service and you feel so happy right!

Om Shanti