

For July 7th

Love and Loveleen_7

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July 7th, 2021

Om Shanti!

Every day every hour our love for Baba keeps increasing. As much as I think, I look around, not only at all the attainments for the self, but also how Baba is taking care of us, in our lives there are so many incognito, subtle things and I always find Baba is Karankaravanhar, is active all the time. I might not know what to do, how to do it, but Baba does know, whatever is required for me and also for Baba's Yagya. I think each one of you must be feeling the same, yeah! That our love, our heart is full with Baba's love. Let me see the hands of those who are, wow! That was prompt. So, each one of you is feeling full of love for Baba. Because as much as internally when you think in our lives, Baba's presence, Baba is here, then even though I am playing a part, it's Baba who makes so many things happen. I always feel Baba's love, not only my love towards Baba but Baba also loves each one of us. Whenever I offer bhog to Baba, I can see how much Baba loves each child. Our love is increasing, Baba's love is increasing, so that becomes the stage automatically, as if I am merged in Baba's love. Seeing Baba, Baba's presence, Baba's love, I am naturally more and more merged. This is a loveleen stage. Now we are talking about how when my love for Baba is there and I experience Baba's love for me, there is courage and it becomes easy to decide. But after deciding also, still we have a journey, right! So, in that journey I have to use the experience of Baba's love, and also see Baba as Karankaravanhar. Whenever I find that there is any difficulty or obstacle, then I look at Baba, and Baba gives us the method that whenever there is any obstacle, use the power of silence and power of yoga. If we have these two powers, then all that energy, negativity which is making things happen and creating obstacles or problems, that energy changes. And it could be because of someone's attitude, many subtle energies which are not visible also create certain situations, in these days especially. So, everyone has to be sensible and the first important thing is to pay attention that every thought I create is positive and elevated. Because whatever has to happen sometimes those thoughts start coming back in a very subtle way, could be an influence on future situations. But if I keep thinking very elevated and high thoughts then you are creating energy, which could change the future situation. Let's say the obstacle has to come, but I just keep very good feelings, courage and elevated

thoughts, then the situation will change, perhaps it will not change hundred percent but it could reduce the intensity. You know like there are storms, sometimes intensity reduces and it does not hit as hard as it would have. So as much on the spiritual path we want to just have life of all attainments, but then all those karmic accounts from the past, and also the negative energy of the world, there is so much fear in the world, and Baba tells us to remain carefree. So how do I remain carefree, by remaining loveleen, and being merged in Baba's love. It's just like sometimes from your energies, Baba's energy, Baba's love is felt. So, anyone who wants to do anything or confront him, will change. So loveleen stage helps us to decide, that's the power which comes but then also after deciding as I said is a big journey, long journey. And of course we saw how Brahma Baba had to face opposition and defamation, and then his body also, he started journey when the body was 60 years old, and for 33 years, how Baba kept working because of his remembrance and his state of mind, he was able to keep the body well. I always look at Brahma Baba and I said, how he was able to do that. Of course, merged in love, but also remembrance, sometimes he will say I am eating with Baba, I am playing with Baba, I am having spiritual chit chat with Baba. So, merging in love is not only when in silence, but even while doing actions, just thinking of a Companion, Baba as my Companion, I am in Baba's company. When I used to look at Brahma Baba while playing, I could feel that he is with Baba, and then he would remind us also, while playing he would stop and ask, with whom you are playing child? Will say Baba, no! BapDada. So, we will know that Shiv Baba is in Brahma Baba, sometimes he will say with Mother and Father, with BapDada. So, it's a very good way during the day, to experience this Companionship, because it's not only when I am sitting in yoga that I am merged in Baba's love but we all have love in our heart for Baba. But how do I emerge from this love, and create that Companionship with Baba, Partnership with Baba. Baba, you are Karankaravanhar, I am available, so we offer our bodies to Baba even though we have surrendered, okay I have surrendered, but I have to keep offering, right! Like we know that bhandara is Shiv Baba's Bhandara, but still, I have to cook, before eating I have to offer it to Baba. In the same way keep offering yourself to Baba, Baba I am available. Baba I am for you, for your task. Don't think Baba knows, right! But make yourself aware, I always tell Baba in the morning, Baba yes! I am available, you use me as much as you want to. Because it's not really a question of speaking or doing but also through your bhavna, if I have love then through this love Baba can do a lot of service. So, any stage I create, and through that stage Baba will work. Because we are

physical instruments, so things have to happen through me. Like if there is a big situation, what do I do, I don't even have any solution, so what do I do, I tell Baba. I will stay in remembrance, because when we are creating the atmosphere of remembrance, the negative attitude of many could change, because at that time when there is negative attitude, someone has greed, or attachment or body consciousness then it is not in control. But when I am in remembrance and love for Baba, and very selfless, Baba can use me as an instrument, to transform the attitude of that soul who is creating those obstacles. It is very subtle and when you will realize, we call it, this is called mansa seva, right! Once you create that stage whether of angelic, bodiless or of being merged in love, then when I am an instrument or someone needs help from me, Baba can use that. So that's our real seva also, no! At present what seva is required, why Baba says have good wishes, pure feelings for everyone. Because some souls while settling, while on a journey they are not aware and they start to use old sanskars. Attitudes of some, of the subtle vices start emerging suddenly, so it becomes like an obstacle in the Yagya. So, staying in that stage the atmosphere which it will create, will not only transform but could have realizations too. And I think at this time instead of I, I can do it. I put a lot of energy in that, I create a stage, create that atmosphere and then I say Baba, okay you help me, you help in this situation. It's very interesting if you experiment with that. Because the words are not enough, never, but our thinking, our attitude, remembrance of Baba, creating presence of Baba, so do as much as you can do. So, when your heart is full of love for Baba, remembrance is more natural, whether we thank Baba, we invite Baba, we invoke Baba, we do everything with Baba, there is a saying eat with you, sit with you. So that could also be like merging in Baba's love. I just want to explain what I had experienced within these few days and my attention towards how if I maintain that loveleen stage or bodiless stage or whatever stage of silence, lots of service can be done through that stage. Even when I speak in that stage, of course there is service, so my own very subtle traces can be removed, alloy is being removed, there is more and more lightness. So, that's what we all have to do, loveleen is just be with Baba. Baba is there but I have to invoke, right! When I invoke in any relationship I think, Baba becomes present. So, I think I get a chance to share my feelings while making an effort to have a loveleen stage. Each one of you must be having some realizations, you can keep writing those realizations and then apply that more and more. And if you have many good experiences, you can write and then Avyakti parivar can use those experiences more and more. So the loveleen stage is not only experienced while sitting

in meditation, but even when I think of Baba in whichever relationship you feel, whether I am just saying my Baba, it could be Mother, it could be Satguru, even if I am just saying Baba. I always used to say Satguru Baba, I always say my Teacher is very knowledge-full, I use the word wisdom or smart, right! So, expressing love for Baba in different relationships during the day is very important, And, this way it feels like you are merging in the ocean of Baba's love.

Om Shanti!