

Om shanti !

As much as we practice every day, it starts becoming more clear and also then there are attainments. So as I had been practicing, trying to see how I can be merged in God's love because in the lokik world they say so and so is lost in the love but we get merged in love right! So I have to emerge love. Love is there in my heart otherwise we won't be following Baba. We won't be listening to murli so there is love but maybe I need to emerge also. So if we look then we realize how love is power but also when there is power you can sustain love. Like Brahma Baba because of his love for God he was able to tolerate everything in a very natural way. Baba is talking about changing a mountain into a ball and then playing with it right! So, for Baba obstacles, problems came very big like mountains but Baba said and we also saw he made it like a ball and he played with it. So as much as I use tolerance power it's not only that love is power but power also sustains love. So, how do I emerge that love so that it can help me to be merged in love, so when you look at maybe one of the attainment of life from Baba, just one like compare that before coming to gyan, knowledge or belonging to Baba I don't think we were able to tolerate anything, so then we will sulk, get irritated, indulge in conflict, argue. I remember that many times people just get upset and angry, they say things to you and I know that I am innocent about it. It's not my intention, I didn't do it so I am innocently looking at the person with a lot of love and mercy, so that person really internally kind of realizes, calms down, but before we wanted to prove everything, that is wrong, this one is wrong, you know everything we wanted to prove, and now we hold to the truth, we hold to Baba's remembrance, and really with a smile as I said mercy emerges and I look at the person, that there is no need for what you're doing right! There are some for every little thing their voice will raise, before like my palpation will increase, I would say my goodness again but now I know it's okay, that's what that person is, so if we look at how much tolerance we have now after belonging to Baba, so I love Baba for what I have become and the changes which I experience in my life. So love is here not just emotionally oh! I love Baba but deeply within seeing your attainment, take one attainment per day, you can actually tell us so we can use that as a topic. Now we know it could be taken someone's behavior as test for me, it can be seen more as settling of karmic accounts, and maybe there is something within that soul which has a lot of frustration from past or some have a lot of preconditioning or notions holding in their mind so there is no love, there won't be love. Even if you will share a lot of love but the soul doesn't feel love and cannot experience even God's love internally it is already full with so many notions as I said with so many impressions but as much as you make it silent, very deeply and appreciate the change in you and that is power to

tolerate. So love emerges. We didn't know about what is mind? What is intellect? What does it mean to have sanskars? We didn't know right! I remember using the words my one mind is saying do this, other mind is saying no, don't do it we didn't know that there is mind and intellect right. So it is the intellect which has the power to discern and tell mind, so if I appreciate that quality now, where I find that intellect is connected with Baba as Ocean of knowledge and is guiding. So intellect is guiding, not only that but there is no internal conflict between mind and intellect because first there is internal argument or conflict what Baba had been saying a lot about confusion. A lot of confusion about what I should do, should I do or not do, but now we make our intellect just merge in love or think of Baba, think of any point of knowledge, and then talk to the mind and now they (mind and intellect) can talk right! Before they only fight, there are some people who only fight. They don't know what to say, please let's talk no! Either they will be completely quiet or they will fight. So I am talking of one attainment per day, if you think of it and then you see the love emerges and as soon as love emerges then again in a very natural way you feel being merged in Baba's love. Sometimes it can be that a beautiful song is being played and when I am listening to that song, every word touches my heart and love emerges and in that I can just take a chance to get merged in love. So merging in love is not that sometimes you sit and say now I want to merge in Baba's love, it doesn't happen. I have been really experimenting whole day whenever there is chance, let me be merged but then something, or some thought comes to do something or somewhere and one is not able to merge but sometimes like heart is kind of experiencing something or while observing the scene of drama I am seeing the benefit of the each scene and as soon I see the benefit the love emerges. So we have to see when love emerges then you can use that stage, state of mind and say let me be merged in Baba's love, so from there one of the very important powers is power to discern, every moment of life you have to discern and then you will decide. Now before the power of discern was based on the sanskars, impressions, opinions however now Baba says no! you don't have to. I like one of the very good methods. Let me go to my eternal self and create that soul consciousness where there is love, there is peace, there is purity, and then when you think of that for today's murli Baba has given us knowledge of actions, negative actions and neutral actions. So when Baba has given this knowledge then before doing action I have to decide what I have to do. Is this action which I am doing will create any bondage? Will it create any burden? Is this action wrong, sinful action because now we know what are different types of actions, so I am using that knowledge to discern but then if it's the right time you have been able to decide something right you feel very happy, not only happy then love emerges. It's Baba, sometimes we start using the words Baba you really guided me, it's really you who helped me to decide, so love is emerging. So when you will get chance to sit in yoga or meditation you will feel you are able to merge in Baba's love, that's what I

found, today is the fifth day but it's like getting more clear, I could experience merging in Baba's love very often five minutes, ten minutes, two minutes and then from that stage when I merge in Baba's love I find that there is as I said that the soul is empowered, it's like deep contentment and happiness emerges and then I keep thinking then that's what must be happening to Brahma Baba right, because he was merged in God's love. So to tolerate anything was not something big, anyone whatever people said for him about his character, his family, about his business, there were so many comments but it didn't hurt him or he didn't then start giving explanation about what you all said is wrong, this is not right no! He just continued on his journey. Follow Baba's Shrimat, my faith, the actions I am doing, service I am doing is okay! Otherwise doubts could arise too! When there is so much opposition even fear could arise very subtly. All the people are thinking like this for me so it can really create a big doubt but his love for God then based on that the power he was receiving, that he never had doubt even a single thought of doubt was not there. Yes, jokingly he will sometimes say that I was on my way as a Brahmin and I was caught by Baba because he was living a comfortable life, with family had no sorrow, no problem and here God comes and God uses his instrument, makes him an instrument and so much defamation, everything of his life was criticized but he didn't feel defamed before we used to use the word let us be in silence and now we have to say let us merge in God's love, even for a few moments as I said won't be one hour, half an hour, but could be five minutes, three minutes, ten minutes and you will feel that being merged in God, the soul is empowered and there is more courage, more enthusiasm and we could feel that from our expression, from everything. So I think that if every day we keep practicing but think about this point emerge love for Baba with any point, any attainment you feel that day and when that love will emerge you will find it to be very easy to merge in Baba's love but heart has so many things from here, there so you can't merge in God's love right! You have to emerge that love to get merged, to have that loveleen stage because mostly intellect is in actions and the whole day can pass very easily without thinking much about Baba. So observe and then deeply churn on that attainment like as soon as I heard word power to discern I could just feel my heart says yes! Baba I really thank you, I didn't know how to decide, do you all agree with me, we didn't know how to discern right! So that's why desires were dominating, people were saying do this, do that and now I can discern and it's because of Baba, so I love Baba right! Because Baba helped me to have this power to discern and also guided me. So every day come up with at least one experience which you have, one of the attainments and then you look at your heart, you will find a lot of love for Baba and say thank you Baba it comes very naturally and that is the time now you take chance five minutes, seven minutes to experience this stage of being merged in Baba's love there is very deep joy and we call that as super sensuous joy. We talk about gop's and gopi's right! They dance in super sensuous joy so internally we just find deep waves of happiness

because it is very much connected with the experience of love from Baba. Intellectually most of the people say, oh! Baba loves me and I love Baba but they don't look happy nor from their smile you can feel that love, something else is still occupying their mind especially there are past experiences, somewhere we have taken in a different way, it takes away all your happiness right! So yesterday was yesterday, today what did I experience, what's my attainment and then emerge love and then merge in the Ocean of Love. So try this method and I am sure you will experience not only super sensuous joy but power to tolerate and then for tomorrow look at power to discern. So as much as you will think about power to discern, your love for Baba will definitely increase because that's one of the biggest powers in life. Every step there could be confusion and now there is so much clarity. So my heart has love for Baba and in that love I let myself merge in Baba's love as the Ocean of Love.

Om Shanti !