

Om Shanti!

Sometimes people say 'God is love' but we experience God's love, right! But then to become loveleen - the aim is that whatever God's Love does then to the extent when I receive that love, then I share it or even if I don't share but it must do the same. When we say follow Father we have to be like Baba. So the whole purpose of being Loveleen is that when I am merged in God's love then first I receive God's Power, it works on me and then I see how it can work on others also. So it's a journey and on this journey - spiritual journey or journey of life every moment different things happen, different scenes we have to pass through and I realize that we will have to make efforts until the last moment of our life. Yes! We are becoming victorious and I can say I am becoming a complete conqueror on whatever comes or being beyond but test papers will come in a very subtle way and when test papers come then even a few wasteful thoughts or little hurt felt...no! Now Baba says that I am the "Remover of Sorrow and Giver of Happiness". So, many types of hurt no! Of course we are very attentive when it comes to our bodies, right! There was one sister who used to help us to cook in Peace Village and you know generally weekends there is a big crowd in those days specially before Covid, so you cooked for 200 something, was very skinny but strong and loved to cook, you know, she cooks with a lot of love. So one day I saw her wrist has so many signs of burns, so I said when did it happen? She said any time you cook, the spoon is so heavy for her tiny hands, at times it touches the pot and by the time she realizes that the spoon was touching the pot, there is little burn, we all must be lucky who has never fallen right! Otherwise, a little bit injury, sprain in foot, little bit here, little bit here, say little little wounds all over and then even if it's not a wound, I remember that one time I had to go for some surgery, then I told them that I fell but nothing happened, oh! We have to check the whole body, there could be a clot, if there is a blood clot, we can't do surgery. So even if it's not an injury outside once you fall there is a possibility of a clot and clot if it appears at the wrong time and at the wrong place, could be very dangerous. I am just giving an example that in a physical way also, some burns, some fall, some little little injuries are there in the body and we are not sometimes aware of it and it's not necessary but then it's same with the mind, it's same with the heart, no! Sometimes there is something, some beliefs, and it's not true and even if you're not accused but you know that whatever the other person is believing is not really true and

you have respect for that person. So, you will find that thought keeps coming, pops up again and again because your heart somewhere was hurt. I think if we subtly look at it, then there are a lot of very subtle hurts. Oh! I didn't get an opportunity, I was not given this, this didn't happen but then it's both ways like what I have taken but what I have given also. I know that even with children when we play, sometimes you hit hard while playing and you hurt another child or you get hurt. So it's like a common pattern in life. So, when Baba is called, "Remover of Sorrow, Giver of Happiness", it's really true because anyone who gives you happiness is not everlasting. And then to stop this habit of taking sorrow, it's a very strong habit of taking sorrow for every little thing. We immediately get hurt, this body consciousness or whatever the nature is of getting hurt quickly, taking sorrow. So, the aim is really that I remain so much merged in Baba's love that total healing happens, because when you are healed properly then you will blossom, you will be joyful, you will feel that you are powerful but I always say if you are not healed, you still have holes, right! A little bit here there. So what happens when you have a hole in the bucket, you fill it and it's empty, you fill it, it's empty, so it's the same, if there are these little little sorrows or pain or hurt, you are losing power from there. So if God's power is healing, so whenever of course we have regular meditation but during the day also when we do traffic control, completely merge not only remember but get merged in love of Baba to such an extent that I am far from past, one is my effort to forget the past, and another is when I am merged in Baba's love then I am far away from the past as if it never happened. Because my efforts are my efforts, whatever I can do, but then what I can do in Baba's remembrance, in God's love, the total healing happens and the habit of taking sorrow changes whether it is criticism, whether it is accusation, whether it is not being accepted, accepting whatever. So in a stage of being Loveleen the way your pure self will emerge, that you could never be hurt, you will never be in sorrow. You will listen tomorrow but I happen to read tomorrow's Murli today in Hindi class and Baba is saying that first step of faith is to 'surrender' that one was last Sunday Murli but the second step of courage is 'tolerance' and then giving example that Brahma Baba passed with honor because he had tolerance. First tolerance was opposition from society, insults and abuses right! Second was within the family, within Baba's children also, so many things happened. And third tolerance of course is difficulties in establishment, which is true when I think of coming to a foreign country, living in the basement and cooking for eight people because if you are two then you have a full family there, it's not you cook and say okay I have eaten, no! If they are

bringing food and you are their guest, I remember that many times while opening centers, the sisters will all cook for the whole family, and in Ahmedabad many years ago I didn't know much to cook, still this couple had six daughters, just imagine. So they were eight and we were two, so I told Baba and Baba sent one more sister because I said Baba I can't cook for 10 people and you can't let them cook so then we have to cook, as I said you can't just cook and say goodbye, good night, no! Because if you have to build relationship, you have to cook for everyone but so many now when I think where we slept, what we ate, what we did, not knowing what is next month and look at Baba the establishment was so big, so many obstacles, difficulties at that time because of Baba's love, intoxication, we just do it and now when we compare what it was like, so Brahma Baba tolerated and that somewhere that heaviness that I tolerated was not there. He was always smiling, cheerful even though He was going through whatever and whatever was happening to him. So we all will have to be in God's love, it should be to an extent that we don't take sorrow, heaviness, criticism and sometimes you say something valuable, it's not causing hurt but that also hurts sometimes as we feel I saying some nice things but why nobody is believing it, then you get hurt. So many things happen every day and it seems like it will always continue until the end. Even last week I experienced something and after experiencing it I realized that whenever you think you have passed with honor that will in fact be your first step to the next scene. So God's love and in God's love if every day, every night before sleeping I say let me merge in Baba's love and whatever scars of the injury, whatever little traces are there, let me be absorbed in Baba's love, be loveleen and heal them. So I don't have to do it tomorrow, because tomorrow will be another day, so I had been thinking, churning, that why it is important to be loveleen. Is love just not enough and then if I am also one of the server of Baba, so people bring problems and difficulties and you see them struggling and so how I can help and in whatever way my love and care can heal them and of course only Baba can do but also my love, God's loving energy through me should also help souls to remove their sorrows and also help them to create the habit of not taking sorrow, through our conversation, through our drishti, through our own practical life that yes things happen but we can't take sorrow from their right! Otherwise what will be happening, if you continue to hold onto or take a little sorrow, then by night time there will be a big wound right! Whether it is emotionally or even physically if we are careless we hit here and there, right! So, healing by being merged in God's love, really we have to make it as an experience not for my own self as I said but then if I also

see myself as an instrument, souls will come and they would want to have that experience right! And it does happen to a certain percentage and we want to be hundred percent a good instrument who can also help to remove sorrows of the world, Baba said! And establish a world of love, where everyone is happy. So, it's a very important topic and I felt any topic we take is just the beginning but we have to end but we want something different also, right! However, continue that reflection. For me, I don't end my day with this, I say no! I will continue with the same thing, yes! merging in love means to be healed and then look within how much more healing is required and that is what we must pay attention to that my stage should be merged, even if it is for a few moments a day, or a few times a day, just for a few moments, merge in God's love to be healed, it's a very important topic but also I think it needs to be practiced much more than what we are doing that's what my feelings are! So, churn on that, practice and I am sure that you all will have many beautiful experiences.

Om Shanti!