

Sudesh Didi. GCH, London 01.08.2021 Sunday Morning Class.

Om shanti. Beautiful song with beautiful meaning in every word.

The Bestower of blessings is constantly showering upon us. The blessings of the Satguru. What is the power of Baba's blessings? How do we use the blessings? Blessings make everything easy, but how do we receive blessings? People always say "God bless you." Is it God giving blessings? Through the different relationships with God, accordingly, we receive His blessings. Blessings come from parents also. So our Parent gives us blessings. With pure wishes and great bhavna, Baba's unlimited blessings bring benevolence. Blessings make you benevolent; blessings make difficult tasks easy; blessings make you a donor and a charitable soul. Let's distinguish the types of blessings we receive. How do we discriminate if these blessings are of charity?

Blessings make you a charitable soul (punya atma). What is the difference between donation and charity?

Donation is always the gross level: In everyday life, for example, people give money or clothes as donations. There are many organisations that provide people with physical support or solutions to physical difficulties. Charity fulfils the needs of the soul. Donation meets the needs of the physical body, eg. physical sickness or physical situations. Charity means that the soul becomes charitable. Charity implies selflessness, that is, benefit for the self and benefit for others. Charity is given with pure consciousness. There are no expectations from the support given. This support and cooperation are of subtle qualities. When we give with the stage of the original qualities of the soul, there will not be the consciousness that I am giving you, and not even in our thoughts will I desire or expect a return. It is said, 'Do good and forget it.' In charity, it is not a question of forgetting, because while giving, there is no consciousness of 'I am giving'.

When I have the consciousness that I am giving, it remains in the subconscious that I have given. And the seed of "I have given" gradually grows into the tree of expectations, whether it is of appreciation or of respect. The moment there is the awareness of giving, this consciousness of donor will make you into a beggar. Due to expectation, you become a beggar for name, fame, respect or any other kinds of subtle desires. For example, in a charitable trust, you give a donation. What is the expectation through this donation? I should get the income tax return. Giving donation automatically accompanies with expectations. But when you are a trustee, you do not have the expectations that I am serving and that I should get a reward. You are not even supposed to use the facilities that the charitable trust offers. It is the same with the subtle aspects of charity.

Baba says that in the Golden Age, you are charitable souls, punya atma. From the Copper age, you start to become sinful souls. In the Golden Age, no one is poor; no one needs donation or charity. Deities are charitable souls. Why? With complete purity, interactions are with pure consciousness. Pure love is shared or expressed in soul consciousness. There is natural respect, natural love, natural bliss and natural interaction of pure consciousness, without any contrasting thoughts of being high or low, elevated or not elevated, rich or poor. Although Baba says that in the Golden Age, some souls are wealthy and some are poor, they are not poor in the aspect of wealth; no one in the Golden Age is poor in wealth. Wealth here means all material comfort that nature is offering. Natural resources is the source of wealth. Here, someone sells a nice beautiful house, a big house built with high quality building materials, to a wealthy person. There, in Golden Age, everyone is wealthy in a sense that the gold and diamond mines are full, and to own them does not require money. Will people buy gold and diamonds there? All building materials and natural resources are equally available for everyone.

It is the speciality of this time, that you can earn unlimited wealth. It is the richness you have inside, the wealth of wisdom you have accumulated, accordingly, you add value by using it. And this is why knowledge is wealth. At this time, Baba, the Ocean of knowledge, the Sun of knowledge, is giving equally to everyone. But how much we take, how much knowledge we have inculcated, the spiritual wealth we accumulate, is numberwise. It is, therefore, the inculcation of knowledge that makes us numberwise. The natural resources are given equally to everyone, but what has been my nature made at this time, how much I have become a donor and a charitable soul at this time, accordingly, I receive my reward in the Golden Age.

In Golden Age, no one is poor; there will not be the consciousness of the king and the subjects. This consciousness begins from the Copper Age. The strength of the souls gradually decreases. By Copper Age, our quality, then, makes us believe that there is rich and poor. For example, the material of these curtains is of good quality. Even after 10-20 years, the curtains are still strong. If the curtains are made of cotton material, and after you wash it 10, 20, 30 times, it remains curtains, No problem. Similarly, subjects are subjects, but they are also equally doing the tasks that they have to do. Therefore, the purpose is served, all their needs are fulfilled; their inner feeling is satisfaction. At that time, everyone is contented and divine. Internally, the strength of each soul is good. The potential within the soul, is accumulated at this time, and depending on how much they have shared with others, extra energy is accumulated. This means it depends on how much I have actually become a donor to my own self, how much I have mercy on my own self.

What is behind donation? You give donation only when you have mercy on the person. How much mercy do I have for myself? How much do I help myself at this time? God helps those who help themselves. This law of accumulation applies and continues to help us later on in the future also. Souls fill themselves within their capacity at this time, then they consume it gradually as they go around the cycle. By the time they come in Copper Age and Iron Age, they become empty. How much royalty they have in themselves; how much spirituality they have filled in themselves; how much reality and how many royal sanskars as they have filled in themselves determine the cycle. In Golden Age, their royal stage, pure stage is a new stage. Even a plastic which is very new, has good shine, it does not appear as old. Even an ordinary piece of plastic shines, and we call it new. Similarly, in the Golden Age, all souls are happy, all are content, all are virtuous, but the capacity decreases as the time moves. So now at the Confluence Age, to the extent I give and become a charitable soul, accordingly, I am helping myself by using these qualities for myself and sharing them with others.

Observe responsibility: how much of the responsibility which I have taken is of good quality? While fulfilling responsibility, am I doing it feeling burdened, with tension and worry? Am I fulfilling responsibility with tension or with soul conscious attention? In today's Murlī, Baba says you are becoming healthy and you are becoming wealthy. In the lokik world, people give these blessings "May you be a healthy soul.", "May you be a wealthy soul.", "May you live a long life." And at the Confluence Age, what does it mean when we receive the blessing, "May you have a long life?" Brahmin life is new life. In this new birth, how much am I sustaining myself through the sustenance from Baba. How much am I enjoying knowledge, that is, the healthy food for the soul? Knowledge is food for me. If I am eating, chewing and digesting this food, the soul is happy. Knowledge is also wealth. How much I am investing knowledge, accordingly, I become wealthy.

For health, it is like medicine. My health depends on how regularly and systematically I take my medicine. Virtues are my medicine. My sensitivity is my sickness: jealousy is a sickness; hatred is a sickness; competition is a sickness; rejection is also a sickness because it is a weakness of the soul. And so spiritual energy means that the soul is becoming powerful, this is how I bless myself.

It is a subtle aspect to have mercy on yourself, along with having blessing on the self. However, we also need to make sure we do not become egocentric. How does a blessing become a curse? When I perform actions with selfish motives, when I am doing for show. If I give a donation, my name should be mentioned. For example, in the hospital, as people donate benches in the garden, they also request for their name to be carved on them. At many temples, as donations are made on every step, instead of the name of God, the name of the person is written on the steps. As a result of the subtle desire of "My name should be there", the people who go to God's temples to have a vision of God, are remembering "Oh, this person gave this donation, and that person gave that donation." So gradually, I myself am separated. Sin means separation. When we are separated, suffering starts. Sin is not anything else but suffering. The more I am separated from myself, from my original qualities, from my godly qualities, the more I become further and further away and become weak. Then this weakness is inviting other weaknesses, defects and impurity. As we perform actions with that consciousness, we create suffering for ourselves as a result. God does not give suffering, God does not punish, but we create suffering multiple times for ourselves. In one Murlī, Baba says that if after donating vices, you take them back and use them again, the sin multiplies.

In the law of charity, when you give charity with soul consciousness, when you give the incognito donation with selflessness without any expectations, that incognito donation is like a seed. When you plant a seed in the land, the seed grows. This seed gives you unlimited benefit, because the seed becomes fruit and the fruit multiplies. In the same way, if I use the weakness which I have donated, and still think it is my old sanskara and my old nature, I will repent. After being a knowledgeable soul, when I make a mistake, it pinches more, it gives more suffering. Again and again it makes you feel guilty. Then you begin to feel that you have lost your respect and your happiness. After becoming a Brahmin, when we make a mistake, as a knowledgeable soul, the most subtle punishment is that you lose your self-respect and your happiness. And that is the biggest punishment of all. Since I am still attached to my weakness, since I have not conquered that weakness, I have planted the weakness as the seed, and that also becomes a fruit which also multiplies automatically based on the law of karma. By performing an elevated action and then detached from it, I create my fortune. I get multiple benefit from that, because it is not only my present is pleasant, my future is also fruitful. But the whole secret is to do good and remain detached. This means to remain egoless. To remain detached means to receive a reward, yet to not accept it; to appreciate it and give preference to those who have supported you. Then we are creating our future and our fortune. This is called charity. There is benefit for the soul while we are giving to others selflessly, knowing the secret is detachment. When a fruit, such as a mango, is unripe, it is very difficult to cut, and the flesh cannot be easily separated from the mango seed. Even if you use the sharp knife, the seed will not become separated. But with the power of the sun, as the mango remains connected with the tree, it naturally ripens. You only need to brush the flesh lightly, the seed will become separated from it. Plant this seed anywhere and it will become a tree again. The secret is that the seed is detached from the action of the soul. After achieving everything, you give it to others and remain detached. Do not have the consciousness that it is mine and it becomes both charity for yourself and for others. We receive the fruit at this time, which continues in the future.

To bring these qualities within myself, awareness is very important. Ask the self: Whatever task I am doing, am I using the qualities which Baba has given me or am I separated from these qualities, and connect with the qualities of Ravan, body consciousness? Ravan is not anybody else. Ravan is my own negative personalities. My own weakness is Maya. My own doubt is Maya, whether it is doubt in myself, doubt in others, doubt in each other or doubt in time. Clarity is light. So, we need to stay connected to our original

qualities, then accordingly, I am a donor and a charitable soul. I need to have the vidhi, the method to make it perfect and fruitful. And this is why Baba is Daata (Donor) and also Vidhata (Creator). Daata gives the method of doing the work as a detached, honest, trustee with selfless and benevolent consciousness. The more detached and benevolent I am, the more benefit there is for the self and others. So, this is why now is the important time to receive Baba's blessings, because blessing makes you blissful.

Today's Murli is a very, very, very powerful Murli that shows us this contrast, vidhi, the method, whereby every speciality is used whilst being selfless, soul conscious and virtuous. In the stage of being egoless, it becomes a blessing with the same good quality as a diamond. The moment 'I and mine' attachment is created, the diamond is flawed and it loses its original value. So practise: while doing any activity, staying in this consciousness of being healthy, wealthy and happy. Reflect: what does it mean to be blissful? What does it mean to be healthy? What does it mean to be wealthy? What does it mean to be best blessed with children whom I sustain? It is a very, very interesting murli. So please take note and, maybe another time, we can go into more detail. Now bhog is going to be offered.

Om shanti.