

Om Shanti!

Our life, our story, life story is a story of love, how everything began. Some of us got knowledge first, some of us liked the lifestyle of BKs, some of us came to know Baba and then we fell in love with Baba. At least I remember that when first time I saw many BK's, many Dadi's, five to six came to my lokik grandfather's home and only what they were talking was about Baba. After every two lines, "Our Baba is like that, Our Baba does that". So I said, Who is that Baba? So, you know at that time, young age the imagination was like, somewhere on this mountain, there is this fairyland, there is this old man, who is called Baba. So, I start kind of in my mind and then I wanted to know more about what He eats, what He does, and they will tell very sweetly, because you know they had so much love in their heart for Baba that when they were saying Baba, I could just feel it, that you know He is Father. And so then I thought how to communicate with Baba. So I wrote one simple letter and actually this is a long story but the story began with love, right! So then Baba said, in one of the letters he replied that child to be an immortal child, you have to go to listen to the Murli every morning. And the centre was like a twenty minutes walk. And Murli used to be 5:00 am in the morning and also because I had to go to college at 7:00 O'clock. So I will go for Murli at 5:00am. From there I will change and then go to university. So I was just thinking that love is power and then courage is needed as well. When I think of quarter to five, twenty to five in the morning, when it is all dark, there is no one on the road, myself and I had a friend. Somehow myself and her, we both got interested. Two of us in our white punjabi's, from our home to the centre, we would practically run. Our walking was like running. Anywhere anyone said anything, we don't notice anything, we just reach center, we sit with Baba, we listen to Murli and then you know we did this everyday. So it was the power of love which gave us that courage. And then of course the sisters and Baba and knowledge internally gives you determination that you want to live life of this kind of BKs which is not very easy especially in India for a girl. Because there are a lot of social systems, customs, a lot of like what society would say, you cannot wear white. But I remember that there was so much love. Yesterday I was thinking that every night there would be a lot of scolding, you cannot do this, you don't know what people are saying, you don't know, every night. But I will forget everything, some or the other I didn't, I am not hearing any word. But what I am feeling is their love, because they are also doing this because of their love, it's not that they have bad feelings for me. So it was love changing into courage, love changing into that this is what I have to do. So that means every step we move forward, every major decision we make in life requires courage. But one is just to be courageous, some people are very courageous. I don't know if I am but internally yes! I have love for Baba. And that love just changes that energy where you think you can do anything and you will do everything that

Baba wants, because of that love. So why I am telling this story, that each one of you go back to your spiritual childhood where you felt love for Baba. You recognize Baba, and some of the major decisions you made in life. One of the concerns always in India because our social system is where the woman and the girl really can't live alone, it's not easy. Like here people can rent and live, not there. So what will happen to your life, who will take care of you, who will be all the time with you, because for girls it's marriage and then family. They feel it's protection also. So I said well, it's my fortune, and it's God, they don't recognize God. So there was so much internal courage and then it was okay to study and then lifestyle and then deciding in life what I have to do. But then courage also to stay at the centre, be in a new environment with new disciplines, you know. So that's what I found also required a lot of courage. And then Baba used to give us many new assignments, many different places we went alone, we got things started and then even when I came to foreign country, like into Germany first then came to London, then there were lots of opportunities, so went to Europe, many countries. And at that time there were no sisters with me, so there were two young brothers, two German brothers who came to Delhi to study Hindi, and did course where I was at the center. So he was like you know, you come we will do service and then I said Okay. So it was easier at that time for Indian passport to get a visa for Germany, not easy in London. And many obstacles, I don't want to tell all the stories but everywhere it was as if some energy of Baba's love made one do the things which now when I think back, and I say, really I did it. So is it the end of the story of love and courage, no! Now I find even each day if I don't keep courage, I won't be talking to all of you. It's courage and also of course from Baba, love from Baba. So when Baba loves us then we have courage, we want to talk about Him, we want to talk about what He is teaching us, what He wants us to become, His hopes. So the fears are also very different from time to time. And I think I feel and of course when I look at Dadi's, Brahma Baba, or Prakashmani Dadi, Dadi Janki they were so fearless. We also sometimes, at least I think if I do this, what it will be like and you know Dadi Janki was very short so we had this big program at the UN for religious leaders. And it was like all officials so that means in the general assembly they have all these religious leaders, so Dadi Janki was there. So we wrote something for her, four minutes she had to read on this stage where there were all kinds of diplomats, government officials. And she walked very courageously. I don't think she required courage, but she stood on that stage and she was so short that they had to lift her, you know, so that she could be up there, they gave her a stool to stand. And she put strongly her foot on the stool as she had the right, and she stood and she read it. I don't know how much people would understand it because this was the first time she was reading. We tried to make English very simple but some words were connected with the topic of the conference. I don't forget her fearlessness. One time we were traveling and then somewhere we lost her, because we took different planes or whatever. And so when I reached Caribbean in train, we could not find her. So we made announcements, they kept saying the short old lady, where is she,

if anyone see her and then finally when we found her, she was sitting. There was an officer who made her sit somewhere. When your people will come, we will hand over to them. She was sitting in Baba's remembrance, she was merged in God's love, doesn't matter which airport she is, who is around her, or what will they do to her, no! So when we reached, we were happy, she was happy. Dadi where you got lost, she said I got lost or you all got lost. I said that I don't know, maybe we got lost, or you were lost, both, anyway we were happy. But then I saw not even on her face, for me if I get stuck, I will say who will come for me, what will happen to me, when will I get there, so many thoughts come. But she was merged in Baba's love. No fear, so that is why there are two words, one is fearless, and the other is courageous. And fearless is that you don't have any thoughts of concern or worry or wasteful thoughts. Of course it is courage that she decided to take this flight alone. But then also she was fearless for about sixteen hours, she was at this airport. So fearlessness is like somewhere deep within that trust in Baba, faith in Baba, in Drama. And always nothing is going to happen to me. So it is like you are covering yourself with such a shield of fearlessness. So how many of you are fearless, many, only 60%, 70% or 100%? Anyway you might think of some of the situations from the past but from now onwards you can watch yourself, and see if I am fearless. So fearless is when a situation is coming, fearless in giving God's message. But courageous is whenever I have to do something then I have to be very courageous. So love, fearlessness from the love, fearless, I think it's quite a stable and strong stage to be fearless. For us sometimes little things doesn't go right, we get so panicked, right! Wait, what will happen, you know it's like this, and that is where the quality of patience, you know, it will be okay, have patience, it will be okay. Because then your intellect finds a solution. Once you are confused, you are nervous, you keep losing more, you can never win. But if you are stable, it's going to be okay. And then your intellect finds solutions, answers, another step, what is another step. So both are very important, whatever situations come, we use the power to face that means, it's okay. Because sometimes certain things immediately get resolved, you find answers and some you need to have patience. When you have patience, internally like assurance kind of that it's going to be okay. And then comes fearlessness. It could come challenging right from your own body or any five elements, right! But how with the power of love work, so that's what's like when we say merge in Baba's love, it's a stage which we need to look into, can I just get merge in Baba's love, then there is nothing else, there is fearlessness, there is courage, there is patience. But there are very subtle obstacles when I want to merge in Baba's love there are certain pulls, and that could be some fears also. So everyday I have been taking ten minutes, fifteen minutes, even three minutes, let me see if I can be in the loveleen stage. So that love changes into power, it's only when I am merged in Baba's love the power emerges. Are we able to merge in Baba or only remember Baba? So look at that when you say good night to Baba. You wake up in the morning, say good morning and then sit for Amritvela, can you merge in Baba's love. So the energy changes into power. It's not

only love, it's really when you are merged in love you are merged in love so there is no fear. But it's not that I have love, so I have no fear, I think we all have love, not that we all are fearless. And how quickly we say no to so many things, I haven't done it before, I don't know how to do it, so many things. But a loveleen soul will say, well! I can experiment, I can definitely do it. There is no question of what will happen, then you are merged in love, you know it's Baba, all will be beneficial, Baba is always there for me. Because in life it's like stepping forward. So stage of being merged in love, there are many subtle obstacles that come, you know there is a song called lagan mein magan, but vighan means very subtle obstacles, somewhere deeply, some kind of disturbance, some kind of wasteful thoughts, or concerns about situations. I think if we keep even ten minutes, fifteen minutes I am completely merged in the Ocean of Love. Like some people would go in the ocean but they come out, some can stay in for five or ten minutes in those waves. But everyone cannot have that courage, you know. Some even when they see big waves coming, they run out towards the beach. But there are some good swimmers, they stay in the waves and they enjoy it. So loveleen stage, **-leen** means merged in love, Ocean of love, where you are just completely away, forgotten everything, including your body, when you really become aware, you say Oh yes, I have a body, complete soul conscious, bodiless stage. So our aim is not only to experience love, into power but aim is to also experience loveleen stage. We have love otherwise we wouldn't have decided to be what we are today, it is because of love for Baba, right! We are taking care of Yagya so many things, love for Baba. Love for Baba then love for Yagya, love for Baba's families so we keep doing it. So of course there is love but to change into power, love makes us do so many good actions unlimited actions, each one of you do everyday. But also why not if we have got the chance experience, create that loveleen stage and internally you feel that Baba is inspiring you, preparing you to do something unlimited. So yes love is power but also loveleen stage. So then that creates fearlessness, not only love but when you are merged in love you are completely fearless. That means whenever there is fear of some situation, what you have to do, emerge in Baba's love like you disappear. Nobody can see you, watch you, have eyes on you. And also you will have courage to do and face whatever, whether they are test or there is a task or if there is any challenge or situation. So keep aim for both experiencing the stage of being merged in love and also changing it into power and looking into these two qualities which appear as fearlessness and courage. But this is only in the morning, when you wake up, remind yourself of your stage, what I have to do, then during the day what you have to keep doing few minutes. I find sometimes even for three minutes when you're merged in love, you really feel different power internally. And then use it more and more during the day and tomorrow we will be looking more into what subtle fears we still have, what are subtle fears this might happen, this might not happen, but then just be courageous, you will find that yes, everything is very beneficial and it's is very easy it is possible to do, a lot of changes internally could happen in us.

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