

Om Shanti!

If we have feelings of cooperation and I cooperate then we inspire others to cooperate. This morning I was remembering the slogan, many times Baba says that if you are sahayogi, cooperative, then you become sahayogi, easy yogi. So since morning I was thinking and kind of working on that to see how sahayog can make sahayog. So little things if we cooperate, if we give sahayog then you also become sahayogi. But what I have found that there are many souls who get inspired if I offer sahayog. They would want to do something, they want to help. Some do physically, some do financially, some do karma yoga, when people who are around the center come to know that we all do volunteer work, we are not paid, we don't charge. I remember that our brothers in winter when they will start to shovel snow, some brothers will just come and they want to help. So this deep feeling of cooperation, I always tell everyone if you find few Baba's children doing something, cooking, gardening, cleaning, washing, if you walk around and just say you need help, can I help or at least look at them with the feeling that you want to help. There's such a deep feeling of gratitude, but if they are doing and you just pass from there without offering, they don't have that feeling of love for you. So always in our heart that if others cooperate, anyone who cooperates, even those who are not BKs, one day when they will start getting the reward of that, whatever cooperation they give, they will get the reward and then their faith could awaken, they could say Oh! I also want to become a yogi. And many times Baba says and I also think that if the soul cannot be a yogi but at least can be sahayogi. In London there was one family, so the brother used to bring his partner in the morning for class, afterwards he will be ready to go to work. So every morning he will drop her, so Dadi Janki one time called him and said I know you come to drop her, can you come inside just for five minutes and you just go in Baba's room then you can leave, you don't have to listen to knowledge. So he started doing that he will come in Baba's room and then he had this thought, maybe I should meet Dadi. So now Dadi will generally give toli, blessing. But one time Dadi said can I share just one point today, one point only, not full Murli, he said okay so that she starts sharing just one point with that brother. And you know at one point and then his interest grew and very soon he became a very regular student, and came in the morning. I think you must have seen when a little child, infant child is given anything to taste is something new. In the spoon you give a little bit of honey and as soon as it touches and tastes very sweet you can see from the face, he wants more, right! So how to not start giving knowledge, ask anyone just take a course let them taste or even just coming in Baba's home inside, the vibrations are so peaceful, full of joy said there will be a pull to come and spend some time. And then also when they see them everyone is doing something, either in the kitchen or cleaning or so they say can we also do something? Can I do something? So how keeping this aim, not because we need anything, right! Of course you always need help as Baba's task is unlimited but personally I don't need anything, right! So we don't need it, it's Baba's task and if they cooperate they will get a lot of reward, right! And then gradually their intellect is pulled towards Baba and Baba's home, what else we talk, this is Baba's project, this is what Baba did, this one you know so their intellect is pulled towards Baba and they become yogi souls. So sahyogi makes us sahayogi but also sahayog that is cooperation always will inspire. There is one sister she likes to offer bhog, so when she comes she tells her family I am going to the center. I have to

offer bhog, everyone in the family says wait, I also give something to offer bhog on my behalf too. And she comes here she said this is the bhog offering on behalf of the whole family because everyone put something. So Baba always says like our actions, very sincerely with bhavna when we do definitely inspire other souls and then definitely when there is love then only you cooperate, right! If there is no love there is no cooperation. Just imagine that five fingers of the hand if every finger wants to work separately it won't get anything done, right! But when five are together all five are different, every finger has different strength. Dadi Janki used to say this little one won't be that strong as the main finger or thumb, but when they are together all five it's like a hand. Sometimes we say to each other can you give your finger in doing this, right, we know it won't be a finger, it will be a hand. Sometimes we say can you give your hand so it's not one hand, we give both hands. So cooperation is that being together, I always tell everywhere in Baba's home or somewhere if everyone does something together, it will be done very fast. And I like it. Wherever I went, if there is program after program, then later when we come into the kitchen there are a lot of dishes. It's Wednesday night and Thursday there is bhog, so if everyone leaves saying they will do whosoever is on duty, right, so it's the duty of one soul but we say no let's all do it. Something what she would have done in two hours we get done in 20 minutes, that's what wherever I went I told everyone we all had Brahma bhojan and now you have to prepare for tomorrow. So everyone just give your hand so everything gets done very fast. So this internal bhavna of cooperation creates that energy in the atmosphere where everyone feels light and we say okay let's do it together. Even you might not have duty on that day for washing pots, you know it might not be your duty but you give your hand even for a short time. So internally very good feelings within the family emerge when there is cooperation. But if you find some who don't have to do you don't see them around. So this energy which we have to create of cooperation is really coming from our love and when there is cooperation there is also peace, right, because everyone feels happy, everyone is light together. So it's inner peace which is very important as a soul but peaceful relationships are also very important and peace has so much attraction. I know that when there is peace at home within the family everyone is nurtured and sustained in a beautiful way. We have one family and this couple was telling us that they have never argued in their life, never argued, are very polite to each other, respect each other, help each other. So if the wife has to go shopping then he will drive her not go necessarily inside but this feeling also of sharing the task. So love has this very peaceful relationship of coexistence sharing with each other because actually when there is no peace there is no power, then there is no power there is no peace both are very connected. I always say peace is power. So one is power of peace, the other is peace is power. I remember that when we had a center somewhere else in New York and that area was noisy and very violent, but we will meditate we will you know, do whatever we do at Baba's home. So one time a few police officers came so we don't know for what they came but then we used to have some chairs outside, outside the meditation room. They just sat there and sitting there they said it's so peaceful what you all do and then surprisingly the noises which they used to hear and were around, they couldn't hear it there. So they came for some inquiry. We said we don't know, we haven't, we didn't hear anything they say we can't hear so it must be true. So the atmosphere of peace has a very magnetic kind of pull and makes everyone peaceful. That is why when we start giving talks even if you have to read Murli, I just go into silence, peace for a few moments even before saying Om Shanti. The word Om Shanti is very powerful but if you say Om Shanti very peacefully from inside it has a big impact. That's what Baba had been saying even if you have to share

drishti just say Om Shanti in a real way, not just only as a greeting, but create the peace inside and then you say Om Shanti. So when you say the word shanti it will give a lot of experience to everyone. So to stay peaceful because during the day there will be many provocations, right. But I don't have to get into that, right, be peaceful, a peaceful soul. So you will experience not only the power of peace but you will experience peace as power and try to use that power of peace, through our drishti, through our words, through our presence. Because peace is something which is a non-threatening kind of energy. Everyone feels safe you are around because there's no threatening kind of energy, otherwise sometimes if you are disturbed then it's like others are insecure around. Now what's next, what's going to happen. So this inner security, stability even when you are talking with someone talk peacefully, and see the magic of those words which we speak peacefully. Now you all will say we are peaceful, we are peaceful but tomorrow what you are practicing is paying more attention when you have to say Om Shanti whether face to face or on telephone Om Shanti. And pay attention to be more peaceful and then when you will write your chart, you will really feel that from that peace also, to experience love becomes easy. So for tomorrow practice the power of peace, very simple practice. I am peaceful, drishti of peace, words of peace also face expressing peace. So I change love to experience the power of peace.

Om Shanti !