

Om Shanti!

Om Shanti, very happy to see all of you in Avyakti Parivar. Yes, everyone had a different day, some might have to face external situations but some might have to face internal situations, right! Externally we know it's all drama, there is some benefit in whatever is happening according to drama. So stay very calm, very stable, very loving but also sometimes there are internal situations, in the sense of some kind of challenges, some kind of disturbance and sometimes the energy level, internally sometimes you feel very loving but these days because there is a lot of sorrow, a lot of anger, there are a lot of souls they don't have contentment. So the outside atmosphere and energy in general is very negative. So if we are not attentive, that energy can influence our minds. So I was thinking like when there is a storm or any smoke or smell, we try to keep our doors closed, windows closed. So same is for energy not allowing it to enter and also while listening to sorrow of someone, suffering of someone, sickness of someone, how to keep ourselves full of good wishes, elevated thoughts, Baba's love to share with that soul. Sometimes we ourselves start becoming part of that pain and suffering. And especially when you love someone. So while listening as if you are going through the same thing. So we always have to remember that I am at service, I have to help. So not allowing our own inner stage to become fearful, doubtful or even a lot of wasteful thoughts. And you might be wondering, that nothing is happening outside but with someone it's happening right, and it's affecting me. So a lot of attention is required to stay connected with Baba while listening, while seeing something, I should remain very peaceful, loveful, and stable. So as I said maybe there were not big external situations where you need to use power to face but definitely there could be some inner situations. And sometimes it could be your own sanskars emerging in such a way you won't know what's going on, why today I am not happy, why today I am not peaceful, why today I am not that stable. So not necessarily influence from outside but it's one's own sanskars, we have to face them, so that we can become conquerors, victorious. I was thinking, in so many births - 63 births we had so many sanskars. So if my remembrance of Baba is not powerful or if there is lack of attention on soul consciousness then those sanskars emerge and show you different faces to make you scared, right. Some children used to write Baba, I get thoughts which I never thought I could have, I am not that person. So Baba said not in this birth but maybe in some other birth, right. So sanskars from the past also are very strong. We want to burn, we want to transform all those sanskars from the past. So that is why I keep practising my eternal stage, then whatever is coming in the mind, you just keep your face, eternal face of love and peace. So a lot of experiences from there but as much as one has power to face that much one can also be very cooperative. Cooperation could be very easy but also there could be a lot of resistance, cooperation really means operating together, right, doing things together. Like we have co-pilot, co-travellers, so I always say that if there are two pilots, right. Actually when

there are long flights, there are four pilots, two rest and two are in the plane, then two rest, they take turns. So they need to have a common map, common direction, common understanding if this happens what action we have to take, one time Baba as pilot start taking course, this was in India and he was sharing with us that other pilot didn't have some good intentions, so whenever there was an opportunity, he felt that other one is trying to make plane go in wrong direction. And he said but he was very firm and he didn't let anything happen but rather he kept going. So we have to have cooperation, there has to be a very deep feeling, it is Baba's Yagya, Baba's task and actually the body has two hands, right. You work, start working with right but then if need arises then left automatically comes forward. And two of them work together very well or they fight? If two hands are fighting, what will happen? I remember that there was a time when Baba became Avyakt, Didi Manmohini was there and Dadi Prakashmani was there too, both of them. Didi Manmohini after Mamma, Dadi Prakashmani after Baba. So some souls had this nature, if they had to ask something, they would go to one Dadi and then to another one and tell about this Dadi and both had kept the aim that we both are one, we both will be together. So even if some tried to kind of see even if they both have two different ideas but they will never say for each other. What she had said is not right or she shouldn't have given this direction, never. So many I know came and shared with me at that time. They said both Dadis gave the same answer. So whenever there is a possibility of any difference, then with this true love and cooperation is where we agree internally, it's okay. You know many times it happens that somebody brings some toli or something and generally they would want me to say oh! how was the toli, so I haven't yet seen, right or tasted it. Oh, it must be very good. I will never say oh! I didn't see, nobody showed me, but I put down my phone and then I called and asked can I taste the toli because they will ask how the toli was, no! Not to create any kind of chaos, or show any feelings as if intentionally someone did this or didn't do this but always see that everyone has good intentions. Sometimes delays could happen, for some reason you could forget it. Otherwise what happens first we start saying it then it becomes like part of the self where there is no cooperation but there is conflict. For me I always try to trust everyone instead of saying yes she does it, she intentionally does it, she always does it, no! Even if that is there but to maintain good feelings at least in my heart, I don't want to doubt anyone's intention I say, yes maybe some time you get busy and forget. I remember we always used to say like Baba said in the Murli, we have love for each other, trust in each other and based on that there is love and cooperation. Because love is there but to be cooperative means then we don't have the nature of complaining right, to say like she always does like this. Yes! Sometimes it does, it happens or Didi Manmohini used to say if you do like that, you are not giving blessing to that soul but if you say sometimes then one day will be okay. So not to look at sanskars of anyone because that soul is trying to change the sanskars and I am looking at those sanskars then I put it in my mind. Mamma used to say somebody is ready to throw the garbage and then you go and look at that garbage. Every soul has an aim to transform, to change the sanskars. So we just look at it and say this is sanskar but not allow my intellect to watch it then take it then very subtly not only does love reduce but we are not able to help each

other. I always feel wherever, with whomever we stay, as much cooperation as two hands. Two hands of the body have cooperation, it never happens that the left one says I am not going to help the right one. So any task, anything we are doing, or even inner transformation, then know that everyone is making an effort, will be better and better. So just having these feelings becomes a big cooperation with other souls. So it's true that if I am strong, I don't have fear, it's not only I face but I cooperate and there is always very calm and sweet feelings, calmness but also very sweet. Since I have understood, anything you say calmly and sweetly is understood properly. But you just throw it and say it but the other person doesn't even understand what you are saying. But if you are calm and sweet then whatever you are saying, not only makes sense to the other person but also that person takes it nicely. One person sometimes asks, do you mind these things? No, the way you told me, explained to me, I never mind it. So Baba always says, no, you always shower flowers, not pebbles. So this cooperation is when internally there is a lot of respect for each other. A value - the identity of each person, we all are different, we will remain different, right! Just imagine if we all become the same, what will happen! So it's good that we all are different. Because that really makes things happen, no. Even when they have construction, even if a group of doctors has surgery, everyone is told what they are supposed to do. I have seen when there is any big surgery, any procedure, there is a nurse, there are so many, five to six of them. Everyone just does what they are supposed to be doing and that cooperation makes the operation very successful. So any kind of operation, whether it's a task or anything really is internally coordinating with no conflict. I really sometimes watch them. Once they say we are ready, everyone takes their positions, stands where they are supposed to be, very quickly gets it done and the patient is okay, he is out. So this, whether it is a personal thing, whether it is Baba's task, everyone should use this power of cooperation. I mean everything comes through dharna, right, inculcation and inculcation is possible only when there is good yoga, right! If the mind is somewhere else, pulled by something else, so yoga is not good, then dharna will not be good, so then non-cooperative attitude. So again and again just pay attention to this aspect is my yoga of intellect with Baba? And then very smoothly the power which you will experience, very smoothly you will be able to use that and become cooperative. Every day we have to give certificates to ourselves, right? I am cooperative or I am not cooperative. Because it's a common sharing. These days there is one building, there are 200 apartments, they are called cops, everyone shares a lot of common areas, taxes, mortgage everything then everyone gets to pay off to maintain their own little area. This is a huge, an unlimited task of Baba and we are accomplished, if our aim is to cooperate. Say it's a good day tomorrow, just pay attention, have yoga with Baba, dharna, many different forms like five forms practise and experience how the power is emerging, wonderful feelings emerge, the task is accomplished and we all will be very happy.

Om Shanti!