

Om Shanti!

Om shanti everyone! At Confluence age Brahmin life is a very fortunate life. Baba has given us the task of self transformation and to become helpers in world transformation, self transformation needs consistent efforts. So, it's so good to be busy, right! Mind, intellect, our words, our drishti, so there is no time to waste, if I want to use every moment in a worthwhile way then I am engaged in self transformation. Each moment is valuable for me and then when it's Baba's task that also needs churning of knowledge then I share knowledge, do karma yoga, do extra yoga for creating the right atmosphere, helping Baba. So when it is self effort, I need to keep the company of Baba. I invoke Baba, I want Baba to be with me but when I am becoming an instrument and I offer myself to Baba then Baba becomes my Companion. Because when it's my efforts then I have to settle some karmic accounts, I have to make efforts to do elevated actions. So I have to remember Baba so that on this journey Baba is with me. But when I am doing Baba's service, I am instrument and Baba's helper then Baba gives me company, so did you understand what I said? Yeah, then it's my efforts, I have to keep Baba's company, invoke Him and when it's Baba's task, He gives company. So today I said to Baba, "I love you, I thank you", because I experienced not only that He gives company but cooperation comes, according to my love for Baba, dedication for Baba that kind of cooperation comes. Not only that but then further Baba guides us. So I had these experiences connected with three relationships and I remained merged in Baba's love. Baba, You are my Companion, I just have to say yes! and cooperation comes and Baba as Guide walks with me. Brahma Baba used to have this awareness, his body was okay but had some cough in the end while speaking. He used to say Shiv Baba leaves the body when Brahma Baba has a cough, because He doesn't have to settle, right! So while settling I have to be in remembrance of Baba. So this Loveleen stage comes when the love emerges in the heart with the recognition of Baba's participation in my life. What He is giving me, what He is doing with me, feeling that companionship, presence. So Power to Merge, when yoga of the intellect is with Baba, good yoga, where I need to expand and where I need to just merge it, what I need to describe, go in details, what I just need to merge, finish it. So yoga has to be with Baba then I know how to use this power or how to increase this power. As I mentioned yesterday, these are powers which we get through Rajyoga. Your intellect is with Baba and your stage of the master self sovereignty and then from that stage you discern what to merge, what to emerge. And once you finish and merge, it's not there, it's gone, it's merged completely means like a river merges into the ocean, you don't see the river as separate. But it's very good, it's very important to use this power and when you use this power, what accurately emerges is Power to Face. Because then you know you are not holding anything, that clarity about the power, benefits of that, use of that power and how to use that power, everything becomes very clear. But we have to do homework, right! I was asking in the morning class after Murlis, how many of you do

homework? I know that some of you don't listen after 8:10am, homework is given after but then email is sent to everyone, right, with the homework. Avyakti Parivar team was telling me, they send 1500 emails every night, that's so much effort, right! So everyone, I must say, must do homework. I am benefiting so much and I am so happy that we get to do this, no! This is like Baba gives us a chance that whatever you couldn't do before, do it now. So we should not only be happy but kind of encourage each other, share with each other, experiment with it. So that it becomes practical. Goddess is shown with eight powers then that becomes your power, not just as knowledge but in practical what I need to merge, what I need to face, how to face and life has a lot of challenges, right! And we have to be stable, unshakeable, consistent and what we need for that - "powers". So Dadi Janki always used to tell us that if we have any thing that we want to talk about and then instead we talk somewhere else, merge it, just finish, don't talk about it, don't keep describing. And it's so good because the energy of thoughts, energy of words is not wasted otherwise for the same thing we keep going on, thinking then speaking. So Power to Merge also is in Baba no! We talk about merging in Baba's love. That's also a very interesting thing, when I become peaceful, I do feel I am merged in the Ocean of Peace. I am peaceful, merged in the Ocean of Peace. In the morning sit for one hour, people go to the beach in the morning, they just keep watching the ocean. I am loveful, I am merging in Baba as Ocean of Love and remain merged. Ocean of Love, I am in Ocean of Love, like you're deep in the water of the ocean. Not only you feel full but very refreshed and it becomes like your own power, you are also becoming Master Ocean of Love. That is also becoming like Baba, a master. So it's a very good chance that I merged with quality in the Ocean - Baba with that same quality. If your mind is not peaceful, you can't go into the Ocean of Peace. You will have to remain far, you won't feel you are merging. So try each virtue, merge in the Ocean and become the master ocean. So everyone do homework, at least that much reward, return you can give to Avyakti Parivar team, right! Okay.

Om Shanti!