

## Sudesh Didi. GCH, London 07.07.2021 Murli Revision.

Om shanti.

Balance between karma and dharma. A balanced life is a blessed life; a balanced life is a blissful life. A balanced life is our aim and objective. Four-armed Vishnu is the representation of receiving and handing over. Receive it, hold it, but make it into spiritual power while remaining detached from it, and to conquer the consciousness of I and mine. In fact, it is the balance of the four subjects. The subject of knowledge teaches us the first step of swadharma, spinning the cycle of self-realisation. When the soul realises 'Who am I?', 'Who do I belong to?' and 'How do I play the part at each stage of the cycle?' 'What makes the soul degraded, and what makes the soul elevated?' This is called swadarshanchakra; seeing my perfect stage and at the same time, seeing my degraded stage. The realisation is reform by performing elevated actions. We would like to get up again and look for support and upliftment. To realise I have to go up again requires power. The power of realisation means knowledge becomes realisation.

In order to get power in it, I need to the maze in my hand. I need yoga power. From there I had fallen; from here I have to uplift. I lost my power in silver age. Now at the Confluence Age, I have to start the power again. Now I have the realisation that while being in Golden Age and Silver, I went from the stage of divinity towards the stage of being a warrior. We did not fight but lost the kingdom. Ravan conquered us without a battle. The deities did not realise that they were losing power. Now at the Confluence Age, we realise how the soul becomes body conscious. In Golden Age, there is the balance of soul and body. We are in the body, but are naturally soul conscious. In Copper age, we are in the body, we are more body conscious and less soul conscious; we are more in karma and less in dharma. The balance of karma and dharma is lost, and fluctuation begins. Deity religion means divinity is my religion; divinity is my righteous stage. There, I am ruling as Dharamraj. I am a king with my soul conscious religion, My religion is purity and peace. This is why the kingdom of Lakshmi and Narayan is called the Kingdom of Dharamputra, the child of righteousness. The oldest of the five Pandavas is called the Dharampur Yudhishtira, the child borned with righteousness, the embodiment of righteousness. It was said that Kunti invoked Dharamraj. Dharamputra had to hold the truth of his life in the battlefield.

Golden Age is the age of truth. As the cycle turns, mixture comes and the Silver Age begins. Silver gets tanished very easily by the atmosphere. Gold does not become tanished; it might slightly lose its shine, but its values remain. In Copper Age, the soul becomes stained. In Iron Age, the soul becomes rusty. Iron destroys itself by the rust within. Nothing can destroy iron except its own rust. So within the soul, impurity has come in us.

With swadarshanchakra, if I only have knowledge in the intellect, and do not change knowledge into yoga, there is no balance. If I do not change knowledge and yoga into dharna, There is no balance. Knowledge and yoga have to balance with dharna and action. When I inculcate knowledge, then it inspires the action of truth, and my thoughts and words are equal. My thought is 'I am a soul.', I speak to others as a soul and I perform actions as a soul. Then I have balance in the four subjects: knowledge, yoga, dharna and seva. Vishnu is portrayed with four arms holding four ornaments which symbolise the four subjects.

When we practise remaining detached, our words and actions are righteous. This is why Dharamraj, righteousness, rules. We make the 'raj' in Raja Yoga sacred as we put a dot under the sound of 'j' ॠ. It is the secret of the dot that we become a king. We have to learn to put a full stop, to learn to be detached, to be a dot, then there is power. The body itself is big, but the power is in the soul and not the body. We are consuming our energy through our sense organs, and not accumulating energy from the Dot, the Ocean. In body consciousness, we use the sense organs more, so there is more energy lost than saved. In balance, I stay in my dharna while performing karma. There will always be happiness, love and clarity. The soul is filled with the power of truth, and we will not feel empty. So dharam is truth and righteousness. When there is dharam, karam is also successful. Then life is balanced and blissful like Vishnu. Life is a happy, healthy and beautiful life, a long life, a harmonious life with the balance of the body and the soul, the balance of the power of the soul and matter. Matter means action and expression. Matter also means expansion. There is a contrast between the power of expansion and the power of introspection.

**Question:** Baba says that on the throne of Lakshmi and Narayan there is an image of Vishnu, how did it get there? Is it someone from Confluence Age who creates that throne, because Lakshmi and Narayan would not understand what this symbolism mean.

**Sudeshi Didi:** But we understand now. Lakshmi and Narayan do not need to understand. They are not that image, so they do not need to understand. Lakshmi and Narayan mean spirituality in reality, that we live in matter with detachment. The whole secret is whilst in the body, in the mud, as much as I am detached from it, that much I am filled with qualities. If I am attached to the body, I cannot blossom.

**Question:** My question is about the image. If we see the image of that chair, we will ask 'What is that image?'. But Lakshmi and Narayan do not question.

**Sudesh Didi:** This is their symbol, to them, it is just a design. Just as the government has made the symbol of the three lions, we just accept it as our symbol. Vishnu was the symbol behind the throne, which means the subconscious mind is telling them that 'We were this.'. It is not of combined form of the two beings, but of mind and matter. So I become Lakshmi when my spirituality becomes reality: I am not a body, I am a soul. Then I am conscious of my power. Dehi-abhimani is not just soul conscious. It is soul conscious and the master of the body. Dehi-abhimani means now I know I am not this body, but the master of this body. This is where mastery comes, as the body is not the master but my partner. This is why the symbol of Vishnu. Otherwise, we will only become the kind of ruler who makes others into slaves. So I need to bring the balance between the fact that I am king and that the body is the support for me, yet I am separate from it. The sanskaras of Lakshmi and Narayan are sanskars and not a picture. So spirituality became a reality, that I am not this body; I am a soul. I am a master yet I am a server. I am serving the body, and the body is supporting me. We are like a couple. With this, I have the power of realisation. If situations come to challenge, I have the controlling power and the power of transformation. We lost this power from the Copper Age by being only conscious of the body. So the body became my master and I became the servant who had to fulfil all wishes of the senses out of body consciousness. When spirituality remains, that is, when it becomes a reality, it becomes divinity. And I take this divinity with me as I become a deity. This means I am giving instead of being controlling. I am a giver. This giving consciousness makes me royal. Therefore, my royalty is also inculcated at this time. This royalty will become my personality. So I will go with personality, I will become Vishnu with personality. In bhakti, they show Vishnu's physical body, but it is actually not the body, it is the soul with the personality of Lakshmi and Narayan. This is why Baba says we will become Lakshmi and Narayan. In Golden Age, I become real Lakshmi and Narayan, but at the Confluence Age now, I practise being Lakshmi and Narayan. We are creating heaven; we are making the world pure; we are all ganges of knowledge, who become pure and make others pure. The process of this is to die from the old. Om shanti.