

Sister Jayanti – 13th June 2021 – GCH

Love, Power and Happiness

This is a murli from 18 January, 1988. We have been hearing the other murlis from that time when Baba was coming every two days so there was a huge amount of sustenance that we have all had from Bapdada. 49 years of murlis from Avyakt Bapdada, so it is incredible how much we have received and now that we have studied these murlis I am very aware of how profound they are. I don't think so much registered when I first heard them but the revision period has been very beneficial.

So today, 18 January, and Baba is talking about the day of love, the day of remembrance, but also Baba wants us to have power and Baba is saying that there was a conversation between Shiv Baba and Brahma Baba and Brahma Baba in particular in the role of the mother, the senior mother Brahma and how the mother really wants only the best for the children and this mother wants you to become equal. Equal both in terms of love and also power. So the whole murli is about that. Very lovely, powerful murli but first I want to take up a little about the blessing.

Because Baba has used three words that many of you are familiar with but some of you may not be and these words are yogyukt, yuktiyukt and raazyukt. Yogyukt is to be accurately linked in yoga and so one stage, and the second stage, yuktiyukt being able to understand what to do at the moment of need because sometimes the opportunity comes to do something good and we let it slip by because we are not fully aware or sometimes we do things and whatever you have done is fine, but it wasn't at the right moment. You should have waited a little while and so yuktiyukt is when you know what to do, when to do it, and how to do it, and of course if you are connected in yoga that will help you come to that stage of accurate awareness of what needs to happen at any given moment. And the third raazyukt. You understand the deeper meaning, the secret in any situation that is going on and of course if you are raazyukt you understand the underlying meaning, the sense of what something is about and then your response is going to be a very different one to the other which is just going to be a reaction and so these three words are each filled with a huge amount of significance.

So making sure that I am accurately linked in yoga and doing things as I need to do at the right moment in the right way. Then my understanding of everything is very different to just reacting.

So each of these three words are very useful in our lives now because on the surface everything seems very uncertain and we don't know what the future holds. It is ok although external things are de-stabilising and I think a lot of things are very unstable at the moment but yet understanding what is going on in terms of the secrets of drama, being able to take help from Baba and yoga power are giving me the strength that will enable me to deal with things in the right way because I understand.

A murli a couple of weeks ago had spoken about leakage of power and I am connecting it with this murli because what Baba is saying is that the first step is love and everyone would say we have a lot of love for Baba and this is why we are here and Baba is acknowledging that but Baba is saying that the reason why you get confused and afraid is because you are not powerful enough. So fear and confusion are the leakage for my power. I have love, I have yoga and yet there is something creating a loss of power which means I am not able to deal with things in the way I should or could and so what is it that is causing this leakage of power. Baba hasn't gone into that today but today Baba said it was confusion.

When your mind is confused a lot of fear comes in. When I understand the secret of something I am not confused and able to maintain my own dignity and remain powerful. Baba sometimes tells us that it is Maya or illusion or misunderstandings that come, and this creates fear and reaction and sometimes it is the sanskars of the other that is causing this and sometimes it is my own sanskars that are creating this and so whatever it is, I need to understand what is going on.

If I am yogyukt I am going to be yuktiyukt and raazyukt. I understand whether it is Maya, me, circumstances or the other one but at that moment I don't allow confusion to come. I don't allow myself to have fear and so my responses are very different and of course what happens is that if I am not understanding what is going on and I let that confusion to come then I allow myself to react, maybe to get hurt - so either it is going to be that I am reacting, in which case I am going to create a karmic account with the other or if I am hurt then this phrase comes to my mind about why there is anger so often: Hurt people, hurt people and so if I am hurt I am going to create hurt for others too. So when Baba says don't take sorrow it is a very, very important slogan.

Don't give sorrow - and that is in my own capacity. I can be very careful about what I think, say and do but when someone is giving me sorrow, Baba's instruction is don't take it. Let it stay with them. It's their business, their karma, their sanskars. Can I think about it in this way; it is their stuff not mine and if I don't take it or, even if there is something I need to take because I have made a mistake, but why should I get angry because they are angry with me. So can I just keep myself very calm so that I then I take the lesson but not the hurt. If I can do that then I won't lose power, but also, I will not create any further karma and I will maintain my own dignity.

So today's murli is again very powerful giving us food for thought, reflection and practice.

The more we rehearse the things that really touch us from Baba's murli that rehearsal is the preparation so that I can stay constantly linked and not get shaken by things for the end. Today it is a lot of things to do with human beings, tomorrow it will be circumstances and I need to just make sure that I am preparing myself for what we know is to come. We know that there will be a huge amount of upheaval and so my fear is something I need to sort out today. My confusion is something I need to ask myself about. Why is it happening in this way inside of me? Why it is inside the other person is another story. I focus on what is inside of me otherwise I am accumulating more and more karma and at the same time losing power so there is a very big area to explore within yourself from today's murli.

It seems that there is a pattern in Madhuban very regularly, firstly on 18 January and now it also happens on Dadi Prakashmani's day, 25 August. And maybe it will happen on Dadi Janki's day and this time, 18 January, it is very clearly the people who have given spaces for Baba for service whether it is an apartment, house whatever it may be, but Baba is talking to that particular group and Baba is not just talking to that group but to all of us because then Baba is taking up the subject of service and Baba has explained it so beautifully. Service and of course the result of : if I am doing service with a clean and honest heart then the immediate result that I experience now is both happiness and also power.

If there is a little bit of a mixture in that: why am I doing the service that I am doing, and I can notice that I don't have that experience of happiness and power reaching me but every opportunity for service is the opportunity to experience the immediate fruit and also there is an accumulation for the future and Baba's point is that any type of service is going to bring you both results. Immediate fruit but also fruit for the future and it doesn't matter what type of service and if we only do vocal service and not physical service, then you are going to miss out a hugely.

Thoughts, words and actions - each one can bring you 100 marks and if sometimes it happens that I think service is only vocal service, then if I am not engaged in that part of service that is needed at that moment, for example service in actions, then I miss out on the 100 marks of that.

Baba is giving equal importance to all types of service because all the types of service are being done with love for Baba and not for humans.

If my consciousness is right and my stage is of doing it with love for Baba, then I get the return and happiness and power. So doing hours and hours of emails, Dadi would say to me, it is not just paperwork, not just computer work, it is actually service of souls because if people don't get a reply they can have a lot of waste thoughts and so remember it is service of souls and if they get a reply then it is going to bring them closer to Baba and so whether it is washing pots or cleaning Baba's house, if you clean Baba's house and you see it sparkle people are going to enjoy coming to Baba's house. So whatever it is, it is in the subject of service.

How can we serve the elements? We have had many discussions about this and Baba has connected attitude with atmosphere and atmosphere with the environment and nature. Baba is saying that no one can ever say I don't have service to do. I haven't been given service. Service is not given it is something you are inspired to do. The whole of nature is in upheaval at the moment and so there is a lot of service waiting to be done for nature and for the environment and the way to do it is your attitude, vritti. Vatavaran, your attitude, creates the atmosphere and whatever the atmosphere is going to impact the environment, nature. Many lessons from today's murli but I especially enjoyed Baba connecting this. When we are thinking about the atmosphere, we think about what is going on at home, in the workplace or Baba's house and I know that my attitude is creating the atmosphere, but I didn't connect this atmosphere in a very direct way with the elements out there. Every time you have yoga here you are creating the atmosphere, but you are also serving nature.

Om shanti