

Sister Jayanti – 6th February 2021 - (UK Intensive)

The legacy of Brahma Baba

I chose this topic very specifically because it follows the month of January and most of you know that 18th January is the day when Brahma Baba attained his angelic form, in 1969. I had a good fortune of knowing him while he was still around and at that point I had been surrendered for about 9 months but before that I had known him for many years.

One of the things that Brahma Baba would always say is that don't think about me, just think about God, the Incorporeal one. And that is absolutely vital and that is the foundation of spirituality in our life to stay connected with God. Even in the murli Brahma Baba would even say: I don't give you any inheritance; all the inheritance comes from your Parent; I am one of your brothers, I am also a student.

But of course that was his tremendous humility, which he displayed at all times. He never thought of himself as a guru or being in charge. He always said that it was the One above who is in charge. I am just an instrument. Everything you receive is coming from the One so connect with the One. Yet those who knew Brahma Baba and loved him took so much benefit from Baba. They didn't just take the teachings that Shiv Baba, the Almighty was giving through the murli, but they also took a lot through the practical example of Brahma Baba's life. But that was all kept incognito, because Baba wanted all attention on the One, which is right.

After Brahma Baba left the physical form and took on his angelic form, the avyakt form then both BapDada would come through Dadi Gulzar, the trance messenger and they would speak the murli together. But sometimes Shiv Baba would point out the qualities of Brahma Baba and how he had attained his final state of perfection, the angelic state and what were the qualities that allowed him to do that.

Just imagine we are all moving on the same path; we are all moving from the impure state to the perfect pure state at different point of our journey, but Brahma Baba attained his absolute perfect state in 1969 and here we are, 51 years later. Even those who started the journey with him, most of them gradually attained their state of completion and perfection some years later. They also had a longer role to play here, on the world stage, for many different reasons. But this is just an indication of the quality of Brahma Baba's effort of what he attained in a very short space of time of 33 years.

If you were to make a list of all the qualities of Brahma Baba there would definitely be a few hundred! Honesty, benevolence, generosity, patience, these are just the few, which I am not going to take up in detail. But I would like to take up 5 different aspects of Brahma Baba in a little bit more detail. And all the virtues of Brahma Baba are his legacy to us. This is because Shiv Baba explained the theory but we saw Brahma Baba do it in practical form.

Even if you did not have the fortune of seeing Brahma Baba in a human form, yet from the murlis and from all the stories that you have heard, especially through the month of January, you must have become aware that "this human being", demonstrated all these qualities. And so you were able to understand that love wasn't just the love of God and love from God, the ocean of love, but Brahma Baba absorbed this love within himself and was able to radiate it and share it with everyone.

I will speak about these 5 different aspects of Brahma Baba for a little while and then we will have a few minutes to take that legacy into ourselves. Actually we are able to take everything by connecting with God; there is no doubt about that, but seeing how Brahma Baba managed everything in his own life, we are able to take it in a way that is very human, because he is a human being who is demonstrating all of his.

1. The first and foremost quality of Brahma Baba was the quality of faith.
2. The second quality is of the quality of love.
3. The third aspect is the quality of renunciation
4. The next one is the quality of his intense meditation; tapasya. Tap implies fire, heat and so that state of meditation is like the fire of love, fire of yoga.

5. The fifth one is the quality of service.

There are so many other qualities which are Baba's legacy to us. He is allowing us to follow in his footsteps so that we can become the same as he is. He wants us to and he is reaching out to us; he wants us to get there. We may lose hope but he says: come on child, get up again and start walking and start flying. So he is with us and is helping us all along

○ So, the first one is faith.

There are two qualities, in the Gita that has been listed as being the qualities that lead you to victory. And victory is nothing to do with anybody else. Victory is that state in which, 'I change my habits' and 'I begin to change'. That is victory!

It is in little things...maybe I say: "I am going to be more punctual"; "I am going to be on time", whether it is for early morning meditation or for class but I am going to have that determination and Baba will help me.

Baba was always very punctual himself. These are many little things in which in our day to day life, where you can tick the boxes and say done. And so you are able to have little victories.

But you also want to have big victories! The traits of personalities that I carry within me are seated very deep within me and I want to change and transform those sanskars and become a few steps closer to the father. Maybe it is attachments or maybe it is ego, whatever it is, but when I have been able to deal with that then I can smile at Baba and say: "thank you", for leading me to victory.

1. The first quality mentioned in the Gita that allow us to come to that state of victory is faith; "nishchay buddhi vijayanti"- "faith in the intellect will make you victorious".
2. And the second quality is the love; "prit buddhi vijayanti"- "the loving intellect will lead you to victory".

Both these aspects take up the word "buddhi", the intellect. It means that faith is not a blind faith. Sometimes they say that "love is blind", but in this case, it is not just "blind love of infatuation", no. But it is faith which is deeply experienced because I understand what is going on. And through the power of understanding and experiencing it I am able to develop this strong faith that keeps me moving forward, knowing that even though maybe I am not able to see what the next step is going to be, but my faith in God, my faith in myself and my faith in the drama will help me to get there and there will be victory.

Again love is not just an emotional or touchy-type of feeling, but it is a deep love that cannot shake. There is nothing that can take away the love that is absolutely stable, because I have experienced the Ocean of love and I know how that love has transformed me

And so let us begin with the power of faith. Some of you may have heard today's murli and so just think about it. Brahma Baba's faith was incredible. And yes, he had a very solid preparation for that. Brahma Baba went through the series of having 12 gurus and they could see that this individual thirsty for truth and they would explain as much as they could and then they would step away. When he started having visions of light and he saw God as a Being of Light, dada Lekhraj – (that was Baba's previous name) asked his gurus to explain, but they couldn't and so they said to him: "you will discover"- which Brahma Baba did.

And he understood it was the form of God that he had seen and he stayed connected with that Being, through the whole of the journey for the next 33 years. And so of course there was the subtle connection before but that was without clarity and without that full understanding and comprehension. So the buddhi, the intellect was very involved: "how come I used to think like this before and now I am seeing this and now I am feeling something different. Now I am feeling that connection. I am feeling I am connected with the Ocean, who can give me all that I need. The intellect was definitely involved but first and foremost he had faith in God.

Then he had the vision of Vishnu, the four armed figure, the symbol of perfection. He used to actually worship the image of Vishnu and also of the two forms of Lakshmi and Narayan, that he spoke about in today's murli. I felt today's murli was a preparation for me now, and that constantly happens. You couldn't organise it, I couldn't have told people in Madhuban earlier that this is the murli that I want you to circulate for today and three months ago I didn't even know I would be speaking on this topic to all of you. But it happened. There is a synchronicity within the drama and you have faith in the drama then you know that things are going to work out and in the right way at the right time in the best way possible. And so today's murli was the best way possible; perfect.

In the murli Baba was talking about how he saw Lakshmi and Narayan as being equal; equality for male and female. But that vision of Vishnu that he had and the words that he heard was: "you are him" - "tat-tvam-asi". Baba was puzzled because he thought Vishnu was God and he had a different vision. And now things were changing; things were topsy turvy. So it took him a while to assimilate all of this with his intellect but also with his experience and his feelings that he was having and something was triggered within the soul of a past memory. A past memory was being touched and had been awakened through that vision. We don't need visions to be able to have that but we can just simply understand the knowledge and through the opening of the inner eye of wisdom –the divine intellect, we can reach the same.

But Baba was a pioneer. There was nobody he could turn to; there was nobody he could ask or tell him what is going on. He just had to figure it out himself and know that it was God who was guiding him. It was not his imagination; it was not anything mystical that somebody was pushing on him, no; it was truly the One above who was guiding him and explaining to him.

Just imagine the quality of such faith...there is no one in front of you and you look behind and suddenly there are a few 100 people following you and you are carrying the responsibility and then on the other hand there are people who are turning against you because they don't want their women folks to become free or to go off in another direction that they don't understand. And it was just a tip of an iceberg! Many things were happening but Baba's faith from the very first moment: "this is God and this is His task is of establishing a New World and He is asking me to help Him in that task.

(It could have been the mad side of my personality emerging going through all these ideas that has nothing to do with reality). But no, within his awareness, within his heart and talking to the One above, he knew that this was the truth.

So let us have a few minutes of meditation on that capacity to be able to clear my intellect and recognise that this is the truth.

Going deep inside I connect with myself ...the living being ...the being of light ...this is I the soul ...do I believe this...my intellect tells me did anyone tell you exactly what a soul is...did anyone point out... how the power of the soul works ...or what the faculties of the soul are... how the record within the soul is recorded... did anyone tell you that you are peace... you are light... you are love ...you are truth ...and had you ever experienced this before...

And so my intellect confirms that these are truly the teachings that have come from God. No one could have told me any of these things; I looked I searched –but only the One above has been able to tell me...and with the awareness of the soul ...I begin to connect with God the Supreme Soul the Being of light... holding this awareness I come back and become aware of the things around me... and the need of this moment ...but now with the deeper awareness of the self and faith in who I am... and faith in the One who has told me all this...

Does faith come overnight? It did for Brahma Baba.

But I claim the legacy of faith from Baba and see how he went through all the obstacles that he had to face, but with the power of faith, he was able to remain stable and unshakeable. I take that gift – the legacy - the inheritance from Baba for myself.

- The second legacy from Baba is of love.

Love is also in the intellect, not just in the mind not just the feelings and emotions but there is a big difference.

When there are just feelings of love it could be temporary; it could be fleeting. Pure positive feelings are fleeting; they come and they go very swiftly and they are very subtle and so you can't hold on to it, they disappear quickly.

But something deeper than just a feeling is that sense of total belonging, in which I know that God the Supreme Being the one with whom I have all relationships and all connections is the one I belong to and He belongs to me. That is it! That is the relationships and connection forever; it is for eternity

And so Brahma Baba experienced this pure love from God and it awoke the experience of his love for God, which had been very powerful even before he understood these things. And so his search for God and his search for truth were absolutely tireless. This was his mission, his purpose.

Everything else that he was doing, the jewellery business and the family work, all of those things carried on.

But he would want solitude early in the morning from 4 am until 10 o'clock in the morning or he would sit in prayer gathering and leading prayer gathering. But his purpose was to find the truth and to find God.

So when he had this vision then it gradually become clear this was the form of God; it was the experience of absolutely finding the One Beloved and his life changed dramatically as a consequence. There was a total transformation in his life but also the inspiration to serve in an unlimited way. And the power of that love carried him through the dishonour, the defamation, the insults that were coming to him because people were seeing something new happening which was beyond their control. And if you are a control freak or even if you are not, you know how if I control things and I see things slipping out of my grasp then I get agitated and I want things to come back into my grasp. And so those were the primordial feelings and emotions that were being raised within the community. "What is going on?" But Brahma Baba's love carried him through to all of that. There were court cases against him but yet that love kept him steady and immovable and unshakable There was nothing that could change that faith and nothing could change that love because he was receiving the love of the Ocean and he surrendered himself to that Ocean the Being who was the Divine.

As soon as everything started and people started to come, he didn't understand but he had faith and love and so he began to see everyone as belonging to him Love gives a sense of belonging in a way that nothing else can!

So the love that he experienced and the love that he became the channel for, he was able to share that with all and that radiated from his eyes and from his words and through his actions. He accepted everyone. He accepted even the ones who didn't come to him and even the ones who defamed him; he had one sentence for them: "they know not what they are saying – they know not what they are doing". And so the loving heart is able to accept everything. No recrimination - no accusation - no conditionality and no judgement – just acceptance.

When 300 + people suddenly turned up at his door step in Karachi - he didn't tell them I am going to Karachi - but the power of love touched them and they came. And with his generosity and spirit of love he arranged accommodation for all of them. He didn't say: go back I can't look after you. But he accepted them and he made arrangement to rent 7 different houses for them to stay.

Again the love, Baba arranged 15 – 16 years old to become the teachers and teach 9, 10, and 11 years old. and he would visit them in the morning and at night and he would give them special treats! Dadi Gulzar had shared something very beautiful. She said Baba and spiritual mother mama would come to visit us in the morning and evening and they would treat us like we were little gods and goddesses- little Thakurs. When you have a shrine in your room- they have little Thakurs, the idols and people worship them.

Dadi Gulzar said Baba and Mama treated us like little thakurs (little images) – they treated us with so much respect and love as if they were worshipping us! Any new fresh fruit that came in the season, the children were the first to get that.

Whatever it was Baba's love was immense! also experienced that in a very beautiful way when I first met Baba in 1957...it was a magnetic charisma that was just powerful love and I experienced that further on through my life also again and again...

And even today what is it that gives me strength; it is love from not the incorporeal One but the love from BapDada. And so the power of love - yes truly God is the Ocean but this individual was able to capture the ocean and allow it to flow through him and in the process he was transformed so he became Master Ocean of love also.

And so when you remember BapDada then you remember the love and the sweetness with which Baba taught everyone. Baba's strength and purpose and spiritual power and authority was always with love

And so when Baba would look at every soul Baba would see the original goodness of every soul. And Baba would also see their future and Baba would talk about their future. Baba would see potential and qualities of the soul that nobody else saw. And Baba would say this child is going to do amazing things. This child is going to serve the world. And it was true everyone who heard those words were inspired and empowered and began to change and do the amazing things that Baba was talking about.

Baba is serving tirelessly from the subtle region for 51 years and more to go...and it was pure love that allowed him to move into the subtle dimension and to continue to stay there and serve all over the world. So the angel Brahma became the one who started centres abroad - sustains the souls who live far away from Madhuban, the pilgrimage place which gives us so much strength.

Angle Brahma is with us and is not only supporting us but he is guiding us and continues to lead us together with the One above So that love allows me to cross all boundaries. It didn't matter whether you were young or old Baba's love was there for you. It didn't matter if you were of one particular racial background or another or one particular religion or another or what your social standard was... for Baba whoever came in front of him, Baba would call them: "child" even when – government officials would come and Baba would give them such drishti – (the vision of soul consciousness and God consciousness) and Baba would call them: "child" and they would melt, because it was not a word but Baba said that from his heart. Baba's vision for everyone changed overnight.

And so the legacy of love is to be able to absorb from God but learn from Brahma Baba and take from Brahma Baba how he behaved with every individual but also how he has the love for the whole world. Baba would stay awake at night sharing good vibrations with the world so that souls would awaken from the slumber of ignorance and come to the awareness of spirituality and God.

I can't even count the number of people who through the years have told me, how they have had a vision of Brahma Baba. A few people in critical situation who were about to leave their body had shared how they saw that figure in white coming to them and just simply giving them love and power – and when they recovered asked to see that doctor that they had seen and they couldn't find him. So they thought maybe it was a dream. But it was a vision and Baba had come to them but they didn't know until they saw the picture of Baba that they said "that was the man who came to me and helped at my time of need."

And so Baba's love is for all souls and that love is touching souls and guiding souls and helping souls through their journey so that they would come finally to God and recognise God through that instrument. And so Baba's power of love and how he transmitted that love to all of us and how that love has changed us and how today all of us can be instruments to share that love when we take that legacy from Brahma.

- The third aspect is the quality of renunciation.

The big one is the total and complete renunciation of ego. It is the one that most of us have the most difficulty in dealing with it, but for Brahma Baba, it happened. Again I attributed to the fact that the preparation that Baba had made prior to Shiv Baba taking him as an instrument and using that instrument was incredible.

The touchings must be coming from above and so Baba was teaching himself and training himself and he was more and more aware of the inner being without knowing the detail. But he became more and more aware that there is something separate to this body. And so he was able to renounce that ego and surrendered all his assets to the young women who did not even have bank accounts. The instruction came from above that you have to have them in charge and so he readily surrendered all his assets to the foundation that he set up to this young women. How could he let go of that ego? "I know better" – "they don't know" "they are young girls they have no bank accounts or experience"...But the instruction came you have to surrender everything to them and he did it instantly. And so from the very beginning, the reason why he became the instrument is because it was preparation and destiny of his role. But he was able to let go of ego instantly.

And so the renunciation of that consciousness of "I" and "mine" and not just of his physical assets which even his relationship with his wife and his children – and then a few years later he stayed with them – he spoke to them and they agreed but a little bit later the son said he wanted to go and create his fortune out in the world and the other one said I want to get married but he let them go...He didn't control or hold on to them; whatever is your destiny, create it for yourself.

And so the renunciation of I and mine was very powerful...he let go of his business, let go of his assets, let go of that ownership of family. He, loving towards them and was responsible for them and taking care of them but let go of that internally. He did n let go of his responsibility for the ones who were there now but now his family is a large one, more than anyone could ever imagine and he cared for them and looked after them.

And after they moved to Abu that stage of renunciation in which, things that had been surrendered had now been used to bring 350 members (by then it was 350) across from Karachi – after the partition - to Okha Harbour in Gujarat - they hired a whole ship and then from Okha Harbour they hired a whole train to bring them to Abu Road and then up the mountains to top of the mountain to this very special summer palace of one of the kings – Brij Koti and they settled there.

From sea level in Karachi - now they were up on the mountains and across the world there was a shortage of food –I am talking about May 1950. And as time went on there was shortages food everywhere and Baba was trying to feed the big family.

There is a photograph that Dadi Janki used to look at and it showed Baba in shorts. They were going for a walk on the mountains and Baba made them exercise – and so in picture Baba is carrying this long stick and Baba's legs were very skinny and Dadi said Baba would eat last, because Baba would make sure, everybody had something and then Baba would say: now I can eat.

And there was a renunciation to the nth degree – renunciation of comforts, facilities, food for the sake of the children.

Then things began to change but until the end of his physical days Baba stayed in small room which is now Baba's room in Madhuban. But at that time that room was one quarter of the size of that room that is today.

That original cottage in Pandav Bhavan – all the other buildings were gradually built later on – by 60's the History Hall and the rooms above the History hall were ready and other buildings were also ready, but Baba said Baba is going to stay here; that is for the children.

And so think about the walls of the stable - it was that thin and so the heat and more so the cold - in Abu in those days used to get freezing temperatures at winter times and the water would freeze but Baba stayed in the stable. Baba would laugh and say this chariot is an old one and so this chariot can stay in the old cottage. Shiv Baba doesn't want a young chariot or a new house –no, this is fine. And so that was total renunciation.

These are some of the external aspects of renunciation, but the inner level of renunciation is also amazing.

Baba let go of attachments, desire, fame, fortune –he gave away fortune he wasn't going to create another fortune for himself; he let go of fame, he had had that all around by all the kings as “this person who knew about jewels and created jewellery” and so he didn't need fame. If he wanted fame he wanted children on this path; if he wanted popularity he wouldn't have talked about purity. That would be the last subject he would have talked about

So none of those things mattered but what mattered was his connection with the Divine and also his love for the family; his immediate family that was with him and when they went out on service the extended family, but also the family of the world.

Baba gave away a bullock cart load of coal to a convent school – (long story but another time for that) there was no coal in the village and there was no hot water for bathing girls in the boarding school and so nuns had come to ask for coal and so Baba gave a bullock cartload of coal to them and they said “how much does it cost?” and Baba said: they are my children. He didn't know those girls – and nuns belonged to a different religion but that didn't matter, Baba wanted nothing but the renunciation of attachment to a few and love for all and love for service Let all of them be served so that they can come close to God That spirit of renunciation was incredibly powerful.

Let us take a moment ...

With faith and love I come to that being who is the Supreme... the Highest on High Shiv Baba ...the Being of light.. ...and from Shiv Baba I receive love... spiritual power ...and joy ...and the power of these this ...allows me to let go to let go of I and mine ...because all that I need ...and all that I want... come from the One.

I see the angel Brahma... and I see his renunciation ...and how that has made him an angel ...and I say to Brahma Baba ...thank you ...for showing me the way to follow in your footsteps... and let go of everything here and be able to fly up above....I come back here and now I look at the other aspects of legacy that Baba has given me of faith... love... renunciation and all that lead through Baba's incredible tapasya

- Baba's tapasya has been huge.

Tapasya, intense meditation was for the self to settle all karma from the past and to have the power to not be influenced or impacted by the things around, so that there was no karma being created at all.

For us we fall, we learn, we stand up and move forward.

But for Baba, once Shiv Baba adopted him and he belonged to Shiv Baba he just performed good karma - and nothing else at all

The power of tapasya settled the things of the past very quickly and the power of tapasya insured that every step from that moment on was one of good karma; nothing else except good karma. And so in a way tapasya and seva come together

Let me take them up together because the good karma that Baba did, it showed us what we have to do; that is part of the legacy. And the service that he did showed us the consciousness with which to serve; altruistically and unselfishly.

Brahma Baba did tapasya was first with the self but also his tapasya was to keep everyone safe by creating a fort of the power of silence and of power of love that would protect everyone. And so yes it was the individuals who were there in Karachi in the days of the partition war but of course Baba would take the lead all night meditation - all day meditation; Baba was the embodiment of meditation. Baba would wake up 2 o'clock in the morning - they would see a little light in Baba's room around that time and they would know that Baba is up in meditation Baba's meditation was for protecting everyone. Baba's meditation was to reach out into the world and share those vibrations. Baba's meditation was also to give help to souls in need, souls who deserved that special help. And we know from the murli that Baba gave different help to different individual at different times through the power of meditation

So that tapasya was not just for one or for a few but that tapasya was the power that reached out everywhere. When Baba was walking, you could feel that Shiv Baba and Brahma Baba were walking together.

We had a good fortune for having picnics with Baba having meals with Baba and Baba would pause and say: "child who are you remembering?" And he would remind us because it is so easy to get distracted.

Whilst playing badminton, Baba would pause and say: "do you know who you are playing with?" By asking questions there would be the reminder.

Whilst giving drishti you could feel that Shiv Baba and Brahma Baba both were together So it was Brahma Baba's practice of soul consciousness and seeing everyone as a soul - no discrimination - but also Brahma Baba was learning to keep Shiv Baba with himself more and more...and so there was no difference- both of them was together.

In 1968 for a few months, in April, May and June, Baba would be conducting 4 o'clock meditation and people would feel the power of that silence reaching out...and Dadi Janki would say that it was as if Baba was reaching her...and afterwards Baba confirmed that he was remembering her and sending her that light. So Baba's meditation was so powerful that when Baba remembered somebody to give them help, they would feel it.

So meditation was extremely powerful - but even whilst listening to murli you would feel Shiv Baba as the Teacher was very official and very present But even when Brahma Baba was talking to the group then again you would feel both Brahma Baba and Shiv Baba together with you. Ask Baba a question and Baba would pause and invoke Shiv Baba and then give you a response.

So when Baba was walking, talking, eating or playing Shiv Baba was with Brahma Baba because Brahma Baba was remembering Shiv Baba and invoking Shiv Baba to come and you could feel the presence of Shiv Baba.

So real tapasya is not just when I am sitting down for meditation for half an hour, but tapasya is when there is that internal connection with the One above that is constantly alive - constantly engaged, so that you are with Baba And so the tapasya that Baba did is again the legacy for all of us.

- Tapasya was also service

Today we would say we have 4 subjects; 1) gyan; knowledge, 2) yoga; meditation 3) practical life, the application 4) the service.

For Baba all the 4 subjects were merged together. The knowledge was not separate from the yoga; knowledge and yoga informed the practical life, the practical application at every step; there was no moment of unawareness but there was constant awareness and that is what did the service, whatever it is that Baba was doing, was service. In the early days in Abu, Baba actually engaged in service of doing laundry.

And one person came with bad intention in front, and Baba just gave him drishti –(that vision of soul consciousness in God's remembrance) - and the man fell on his knees and asked Baba for forgiveness because he had come with the intention to kill and he couldn't...he had a vision of Baba.

So whatever you do on the external physical level, whether it is the laundry or cooking or cleaning or today whether it is typing on the computer...whatever it is... Brahma Baba demonstrated how it is possible to be in yoga at the same time. Yes I acknowledge that there are things that require a 100% focus of your intellect, but as soon as you have done that, come back and be in that state of yoga.

And Baba describes his efforts of this in the murli - so we know it was not automatic and it just happened– it didn't just happen, but Baba made it happen. In the murli, Baba describes how he starts eating and at that point, the remembrance slips away and so Baba says: 'hold on, let me come back again. And so Baba made incognito effort, we never saw it as labour, but there was that constant attention and awareness And so the legacy from Baba – can I have yoga because of my love, because of my desire to be with God all the time? Baba's deep desire was only to be with Shiv Baba and let everybody know who Shiv Baba is so that they can experience that love

And so today, I ask myself: what is the quality of my tapasya? Can I keep Shiv Baba with me all the time in the way Brahma Baba Did?

On the one side we would say that Shiv Baba was with Brahma Baba all the time – true, but also Brahma Baba carried a big load of responsibility and yet Baba would be so light and Baba would be smiling and Baba would move with such dignity and grace that the responsibility was not the burden – it wasn't heavy. It was God's task and he was the instrument and so he never felt it to be a burden.

When service becomes a burden I have forgotten that it is Baba in charge If I stay with Baba in that same state of tapasya then my tapasya and service goes together hand in hand – not separate. And so my tapasya gives power to my service and my service brings me closer to God and so allows that tapasya to be even more powerful. Baba demonstrated this all the time.

So often we hear people say: "I have to just let go of everything and focus on tapasya". Well, there is something that I quite haven't understood there, because if my tapasya can only happen at the expense of not engaged in activity and service, then yes the soul will be purified but what about the power of good karma? That space would be vacant and so where will I be? I will be up there in the soul world; I won't be down here with Brahma Baba enjoying the beauty and the joy of the world of the golden age.

So let me do tapasya and service together. And when I have learnt to do that then I will reach the stage of perfection.

If I do service on its own then there will be ego! If I do tapasya on its own then I won't be able to do the good karma that I need to do. And so I need to have the perfect balance of both together And when I have learnt to do that then when I see Brahma Baba then I will say: now I know how to follow in your footsteps and claim my legacy from you.

Let us have few minutes to reflect on this and then we will take a short break

I see Brahma Baba sitting in a semi lotus posture... in my mind's eye ...and the light that is radiating is Shiv Baba's light... Brahma Baba's connection with Shiv Baba is total ...absolute... and light radiates all around... not just here... but far and wide across the globe...and God's light serves the world...the highest service through the mind... mansa seva ...and God's light touches human hearts... so that they open their hearts to God's love ... God's light ...ignites hope...and souls begin to see... the future... in which there is light... hope has removed the darkness... and they begin to move to the light... Baba's tapasya and Baba's service both

are combined ...and seeing Baba... I take this as my legacy ...to serve through my mind... and to continue to serve through my mind...even if I serve through words ...and even if I serve through actions...

I come back to the awareness of everything here, but now I am aware that just like Baba, I have to combine tapasya and service, so that service can be unlimited, incognito, but very real, bringing souls to God

Om Shanti