

## Sudesh Didi. GCH, London 07.01.2021 evening class.

### Master Class on Surrender

We will explore the significance, the meaning and the practical achievement of "Surrender". This expression is not a new word. Since the middle ages; from the time when warriors and kings were fighting, the kings, who were victorious, forced those who were defeated to surrender. In politics, there is physical surrender. There is surrender on the path on ordinary life where the older generations, out of love, surrendered physically to their children. In lokik relationships, when marriage takes place, there is a promise to surrender as a sign of loyalty to each other. Apart from the physical surrender, there is also devotional surrender, where devotees surrender themselves as a sacrifice to God.

Then there is Godly divine surrender. What is the difference? This spiritual surrender is a wonder. On the one hand, it is the surrender of becoming totally empty. On the other hand, it is the wonder of all achievements.

One type of bodily surrender is when you are in bondage, and are put in a prison. Godly surrender eventually makes us an angel, bringing us freedom. It is a question of consciousness in the surrender. In our Brahmin family, we use the expression of surrender a lot. Some of you would have seen surrender ceremonies, where gifts are received, responsibilities are given. It is an achievement of joy because you have offered yourself to Baba. Anniversaries of surrender are also celebrated with great joy. It is a pure feeling of belonging to God. And the wonder is that even God surrenders to us. When the consciousness of surrender comes, we not only belong, but our lives natural become more and more on the level of elevated thoughts. Something which is yours is not yours anymore. To become Brahma Kumars and Brahma Kumaris, is one aspect of belonging. To become Baba's heir child and receive all the inheritance from Baba, that's true belonging.

There is one aspect with offering where devotees offer their devotion, their love, their faith and their money. The other aspect is giving with joy, which is also called donation. After giving, it is not yours. People give presents to each other, that is a pleasant feeling of cooperation. But offering of limited things such as donations and presents, are not considered as surrender. Baba teaches about limited surrender and unlimited surrender. It starts with physical surrender, moving towards unlimited surrender which is pure, selfless and invisible. I remember when Mama asked who would like to surrender to Kali. Of course, it does not mean physical sacrifice of cutting your throat! So what does it mean? It is not sacrifice. It is a will, a wish which is to will everything to God in the task of world transformation. This is the practical example of Brahma Baba. He willed everything, his body, mind, wealth, and his lokik family also surrendered with him. By willing everything in God's name, he received will power. This surrender is an exchange. To become an instrument for God's task, this is called spiritual surrender; a surrender which enhances our spiritual ability. It opens our hearts, makes us generous. The more the generosity, the more royalty and divinity emerge within. In spiritual surrender, on one side is giving, and on the other side is receiving. It is a blessing ceremony, to be blessed with the will and determination to give everything.

The first step to surrender is to die alive, to get a new birth. There is a difference between surrendered Brahmins and cooperative serviceable Brahmins. BKs who are cooperative, who are a yogi, who are serviceable, who are samples give their lives for service. But in total surrender, one gives the self totally of time, energy, skills with a pure heart. There is the feeling of coming home, and this is family. As students we feel close, but when we live in a centre, our time is now not our time. Your body, mind, thoughts, and every second is for Godly service. Then you cannot say you also need time for yourself. Recently, someone said to me that they were given a job which they spent four hours on, and did not get time for the self. It was the task of creating a programme of a panel discussion. When I asked who these hours were spent for, she said it was the sister who gave the task. I reminded her that where we use time, we also need to use our thoughts and intellect. In that way, we are gaining time, as that is time for self-benefit. For whom is this task prepared for, it is for ourselves. It is not for the sister who gave a task, it was a blessing and time for the self.

In Godly surrender, it is not a burden, it is a blessing because that giving is gaining. It is like planting seeds. God is not poor, we are not giving or donating to God. These seeds we plant are growing deep in the pure golden land of the yagya, for Godly service, for the upliftment of mankind, for the establishment of the new world. Whatever Godly task we are given, the reward for the self is unlimited. So to surrender is not to bow down. It means we are under shrimat. Dadi used to say put yourselves under canopy of protection by keeping the self under shrimat. Then we follow with discipline the maryadas from morning till evening, and feel we have come into our family, adopting all the systems. This spiritual surrender changes our consciousness. Not only the body, but the Manmanabhav mantra is about tying the mind with God, the task with Baba's qualities, it is yoga while doing karma in Baba's yagya. This surrender brings us maturity in performing actions purposefully with the right consciousness. Others see and will also follow. So yoga is with Baba, actions performed are surrendered for others to follow. Body, mind, wealth, time, cooperation are for the yagya. There is great joy to belong to God. As we surrender, the yagya is responsible for us. We offer yagya with great love, and yagya also offers with great love. We eat Brahma Bhojan every day. As we carry out Baba's task, internally we feel blessed that our time is used in a worthwhile way. As sevadharis, our blessings are multiplied because a surrendered life is ongoing, not just for one day. Some have been serving for many years, and are able to be responsible for a department and train others. The intellect becomes blessed. This is giving and receiving. Baba also checks in with the tasks we do, so it is not just enthusiasm, but it is complete

dedication at the same time. There is more introspection, inner inspection. Baba then says, "OK, check if you have surrendered your thoughts." We check on the subtle level of renouncing any waste and unnecessary thoughts, and any weaknesses and defects.

Surrender is not about just living in the centre. It is possible to surrender at this level whilst living at home. Baba encourages us to stay at home and be a trustee. The real surrender is that after giving something, the 'I' consciousness does not remain. "I have done this." "It should be the way I want." is not real surrender. The consciousness that after I have given, this still belongs to me is not a surrendered intellect. You have surrendered to Baba. You have given, so you do not have the right to it. So 'I and mine' consciousness need to go. What has been given now belongs to God's House. Of course, as we are responsible, we are naturally careful that nothing is misused. Maturity and responsibility are increasing, but at the same time, patience increases. Being at the centre does not mean I am in charge now, and that everything has to be controlled by me, and be done my way. I have to check: I am responsible, as an instrument. When I say I am in charge, I have switched off the charger because the spiritual energy of love for others need to be maintained. Surrendering even the subtle traits of possessiveness, attachment, ego make one a yogi soul, a karma yogi.

Brahma Baba surrendered his body, and only God could use this surrendered body. He used the eyes to see, but whatever he was seeing, he was seeing with God's eyes. He used his ears to hear as a trustee, as Baba's instrument. This detachment of letting God works through you is Brahma Baba's level of surrender. This is called a Brahmin becoming an angel, freedom from the bondage of karma. There is attention on my actions, performing only karma which is divine and elevated. The percentage of surrender, with liking and disliking, with preference, with favouring and rejection, these are the subtle sanskars of the 'I' 'me' and 'myself'. Total surrender means 'me' the soul, and that is known as unlimited surrender. Limited surrender is easy. Real surrender is in fact a very subtle philosophy because this is God's task, so this is not giving but receiving. So my mind cannot be mischievous. When we surrender our heart, we enable others to experience Godly love. When jealousy comes when someone is given more attention: given this or that task, it means I have not surrendered my mind and my intellect. My joy and appreciation that others are receiving means my heart, that has been given to God, is also as beautiful as on His throne.

Dying alive is about living full and free through emptying the old inside. This is yog-yukt bandhan-mukt. Yog-yukt is saturated with yoga. The intellect is becoming divine. Past accounts are settled and the yoga of the intellect continues to create income through accurate knowledge. This is why it is bandhan-mukt, free from bondage of body consciousness, mind, relationship, opinion, thinking of others. As we perform elevated actions, whereby others can also receive blessings, their blessings store extra blessings for us. In this way, we are blessed souls who follow Baba's footsteps, and are becoming all virtuous, completely viceless. So surrender all vices, in return, receive all virtues. As others are satisfied, we become praiseworthy, we receive God's gifts of happiness, peace and love. We give service with great love. Baba, Karankaranvanhar. is making it happen. Then we are passing the fruit onto others and become Ganesh. We are totally detached but an active actor.

Situations will definitely come. One time, Brahma Baba was praising Shiv Baba, "You are doing everything. You are Karankaranvanhar. If it was not you, who would call me Prajapita Brahma?" And Shiv Baba answered, "If you were not there, who would call me the Supreme Father Supreme Soul". Eventually both said that drama was great. So our final surrender is to surrender to drama. If anything does not happen even with our good wishes and pure feelings, then surrender to mother drama. In that way, we are free angels, flying beyond. This is called double-trustee, detached and honest.

Om shanti.