

**Sister Jayanti. GCH, London 20.12.2020 am.**

## **Can I focus on Baba's drishti and take all virtues and powers that I need?**

The song we have just heard has beautiful lyrics: *I have experienced meeting God and had the opportunity of heart to heart conversation with God and experienced the happiness that comes from meeting with God.* This applies to everyone here, who has made the effort to come through the rain and dark as we are officially allowed to continue with communal 'worship'. It is this meeting with God that brings us all together.

Today's Murli is a powerful one, regarding the authority of Truth. This is not an authority filled with arrogance: in the lokik world even if someone is wearing a basic uniform, they feel a sense of authority. Here, the authority that Brahma Baba demonstrated and then the Dadis learnt and followed in those footsteps, came across with the power of love and humility. Baba has equated authority and greatness with humility.

One particular story about Brahma Baba. The Sakar Murli was always spoken with truth without camouflaging it in anyway, and in the early days in Delhi, one individual was asking questions regarding with what authority was this being spoken. He had heard gyan and had understood we were talking about Brahma Baba and Shiv Baba. In those days it was not so easy to understand, unless something in the soul was touched. This soul then decided to go to Abu to find out who the personality was that spoke such strong words. He was given permission and Baba met him. After class he met with Baba and shared how he had realised that when Baba spoke it was with authority but with so much love and he *felt* it was the truth.

Baba always spoke with a soft, gentle and loving tone. If there is anything else in the heart, any anger or ego trying to prove that what we are saying is right, then that comes across. We may say 'I was only telling the truth'...but the tone is what is heard more by the listener. So anger or ego will come across and the person will not be able to accept whatever is being stated. Baba's attitude, tone and body language were all with love and there was just the intention to truly just explain what is right and wrong. Whatever anyone wished to take up they then decided for themselves. When truth is filled with the power of love it comes across with much humility and the greatness of that personality comes across too. If I wish to become an instrument to share truth with others, and definitely this is what Baba wants us to do, it is through the cleansing of the soul. If I want someone to understand what I am saying in the way I mean it, I need to clean out all other motives and then it is more likely what I speak will be accepted. This applies to simple interaction, in little things when I want to prove that I am right...notice how it comes across!

Today Baba is telling us about the different types of authority He is giving us. Firstly the authority of knowledge. When I first came to Baba this aspect was so incredible. The power and authority of knowledge that came through from the young simple sister who was teaching me, meant whichever way a topic was approached she was able to provide the answers. This power of knowledge was the first authority that I studied. The next authority was the authority of experience. It is wonderful having the knowledge of the soul and all the questions regarding spirituality get answered in the first lesson. But then our own experimentation with soul consciousness becomes such a powerful experience that we then know this is the Truth. At first there is a sense of wonder at all our questions being answered and then we experiment and the power of our own experience gives us that authority when we know what is being taught is real. If we had experimented and nothing had happened how long would we have carried on following the path. But Baba tells us and we experiment and there is such an amazing feeling we want more and continue.

Step one, the *authority of knowledge*; step two, the *authority of experience*. Then on the basis of understanding and experience we can say Yes, this is the Truth. Step three is the *authority of truth* that we experience and carry with us and we can be instruments to share this. Whilst there is the beauty of knowledge and answers, others can easily say that we believe it because we have been told it. But when we experiment with it another cannot question as 'I know because this is my experience'. This is why Baba often says the authority of experience is the highest authority.

Let us experiment with everything we hear, from the basic concepts of soul and God to more experiments with practising the virtues and powers that Baba tells us about. He has told us about contentment, purity and all so many virtues. Am I experimenting with each one of these? Then not only will I absorb this all within the self, I will experience as I experiment. As this happens not only will it be visible and others will see the transformation; it will bring inner contentment and satisfaction. I am then filling myself with the treasures that Baba offers at the Confluence Age. Not only is there not another opportunity in the Kalpa to understand everything that God is teaching, now is the time to fill the self with all attainments from God. Can I truly say: *Yes, I am filling myself with all the virtues God is offering me.* What is stopping me? Not anyone else. My laziness, not physical, but the reluctance of the intellect to give this detailed attention so I am focused on something deep within and not anything external. When we have to do something practical and physical it is easy and we get on with it, but if it needs a bit more thought and concentration we procrastinate. When something requires the focus of our intellect we have to really gear ourselves up to do it. Yet with Baba's virtues and powers it is an experiment that is ongoing and can happen with whatever else I need to do. I don't have to wait until I am free. Rather than allowing my intellect to go here and there, as I move along in day to day life I can experiment with my

intellect. It needs this sort of alertness and interest. Dadi would talk about her 'hobby' in English was to understand deeply what Baba means and then to apply what Baba is saying in life. Ask yourself: What is it that engages my interest?

When I was a 14 or 15 years old, I would always have a book, a novel, and I would polish off one a night: three to four hours was all it would take. That was my hobby. But today can I say my hobby is to go into the depth of the knowledge that Baba is giving me and experiment with this and apply it in life. Much more interesting than reading a novel! We discover many things about the self that we really had no idea about. Even today some have been in gyan 10, 20, 30 or 40 years and it is still a question: *How well do we know ourselves?* And: *Do I see myself in the way that Baba sees me?*

There are some fortunate souls here who have had personal meetings with Bapdada yet 99% have been in the large gatherings meeting Baba in Madhuban. We were lucky from abroad as we were seated near the front. When I was watching the transmission yesterday I noticed how stunning it was in that hall with a gathering of 25,000. We were always given seats with at most 1,000 in front of me, yet if I looked behind me I would see 24,000 behind me. When Baba gave drishti we could feel Baba reaching the soul. Today, whether we sit in front of Baba with our thoughts or on a physical level in Baba's room we can feel His love reaching us, touching the soul. Here is Baba offering us the opportunity to take all the treasures. Can I focus and concentrate on Baba's drishti and take everything I need? Can I make it not just an understanding and theory but an experience and carry the authority of that experience through my dharna...whether purity, honesty, humility, responsibility...the list of virtues goes on. Also with the powers. Baba said recently that if we have experimented with all the powers then, as a result, that power will be available to us whenever we need. There then won't be any '*I should have, or shouldn't have*'. Experiencing the powers we will instead capture the awareness and power at the moment of need.

Baba has asked the question in today's Murli, that people are saying all of this is good, but when will they say it is the truth? This was 1987! Many people by then had heard about the Brahma Kumaris and a lot of information had got around. Especially in Bharat people were saying *whatever these people are saying is good* (even if it did challenge the scriptures!), but they didn't actually say *that this must be the truth*, which is a very different step. Reflecting on this, we can tell people this is God's knowledge and I know it is the truth but what is it that will help another individual accept. Yes it can be their part in drama too. There were many times when many were carried away by Dadi's presence and power but it didn't mean they carried the feeling that this is the truth, yet they carried away something. So it is partly what is the recorded within the soul. But to move from 'this is good' people need to see what is demonstrated in our lives. The authority of our experience needs to be visible. If I have experienced God's love, my heart is big and generous and I am able to be an instrument to allow that love to flow and reach another. If not why not? It means I haven't sufficiently experienced that it makes a difference in my state of being and transformation. Then I will need to do more about that. Baba says first a soul comes into contact, then we need to keep that soul coming closer so they develop a relationship with God and through their own relationship and experience they then become an instrument to share with others also.

For the self there is understanding and experiencing knowledge then the reality of the dharna follows and I can say, yes this is the truth. Truth on its own is very strong; it requires humility and a lot of love and these will make the difference so that people accept.

One story at the Parliament of Religions in Barcelona in early 2000's, was involving a guru who interviewed Dadi for what was scheduled for a half hour, but ended up an hour and a half! In which Dad shared the full 7 day course! I was translating for Dadi and I had to be so detached as I wondered whether the soul was understanding as he was not indicating, although he continued to ask and Dadi continued to answer. After, I asked him if he understood what Dadi shared, he replied: '*no, but I could feel this was Dadi's truth and I know there will be people who want to hear it*'. This was such a lesson for me to stay detached during translation and not to edit what Dadi was saying...thinking someone wouldn't understand, but trust it is right for this particular scene in Drama. Being the instrument to share The Truth is not just repeating words. If I have experienced it and on this basis I share what I have understood then the feeling of the space I am coming from will reach another.

Two more aspects Baba talked about today: How truth and fearlessness go together. The Sikhs refer to God as the One who is free from fear and animosity. We can see the connection between these and truth. When there is animosity in my heart I am far from truth and it will bring fear. Falsehood is not part of the original state of the soul. As I am able to clean these things then there will be no fear and the truth of the soul is going to shine. Look deep down inside and see what is going on in terms of feelings. It is a world with huge fear and animosity and this is why there is fear. To be able to clean all of that out and come back to the pure love, the truth of the soul, will make me fearless, strong and safe. Truth will then protect me. Baba also mentions the happiness that emerges with truth. When there is confusion there won't be truth. My happiness doesn't depend on anyone else; it just depends on my inner state of being, when I have removed everything else. There is the expression Sat, Chit, Anand: The Truth, The Living Being and The Embodiment of Bliss (that state where there is no opposite, no contrast, the final state). Can I maintain a state of happiness, instead of fluctuating from sorrow to joy, pleasure to pain? Can I move in the direction of the state of bliss that no one else can touch or take away from me. Today's Murli is one of those absolute classics and very powerful.

Have a beautiful experience over Christmas experiencing the solitude with Baba instead of the parties and big gatherings this year!  
Om Shanti.