

Sister Jayanti – 6th December 2020 – from London Compassion, kindness and love ...

Baba tells us not to look at what others are doing and don't think about this is their part. I cannot change their part. So, we need to keep respect and good wishes for them; they are deity souls. There were 60 kumaris staying together in Kunj Bhavan in Karachi. Can you imagine 60 young kumaris staying together? Even for 5 sisters to stay together is quite an achievement but Baba was able to take care of 60 sisters. After that he was able to hold the group of 350 people together with harmony. It's amazing. So how was this possible? If there was any lack of harmony at any point Mama used to ask if the person was thinking negatively about the deity soul they had worshipped in bhakti. So, if I see a soul in their original state at the start of the cycle then would my relationship with them be like? If that is what I do through the day then when I sit in amrit vela or at any other time to send thoughts to the world then my thoughts will be very powerful. However, if I have had other types of thoughts – why, how etc. – then I am not building up that stage of power to be able to service the world in the way Baba is asking me to.

Baba has told us to be knowledgeable in our words. Am I repeating 'third party' stuff to others? Am I listening to things about others and talking about them myself? If so, I will behave like that with that person. Baba asks us if we see others with thoughts of their past behaviour. According to how we see them we will behave with them in that way and it becomes a self-fulfilling prophecy – well I knew they would speak like that or I knew they would behave like this... Well I myself created that vibration so of course that happened. So, what I need to do is to go back into myself and see if my thoughts are based on truth or is my imagination taking over, or am I being influenced by what others are saying? I may not know the story of someone with another or what sort of history they have together but I don't need to know that. I just need to know that I must base my thoughts on the truth that Baba speaks; what is Baba asking of me and can I go back to that? So, I need to base my words on knowledge. Dadi Janki was always gyan first; she would speak gyan for 20 minutes and then speak business for 5 minutes. With gyan the intellect was kept clean and then the business only took five minutes. She gave very clear guidance and answers. Dadi Prakashmani would use silence, she would hear your story and then give the answer using the power of silence. Both of them were able to deal with business matters very quickly. Dadi Gulzar? Total silence and then maybe two or three words at the end – just the direction you need to go in. So, all three used knowledge through the power of silence. Then whatever is said is going to be the right thing at the right moment, in the right way with the right tone. Sometimes what we say is right but it's not in the right tone – it may not be respectful. So first I need to go within and then say whatever I need to with respect. So, check; is it imagination, is it influence or is it true?

Then Baba spoke about actions; are my actions expressing the love that Baba wants me to feel and share? Powerful, knowledgeable, loveful. In terms of actions how do I express love? To be able to express kindness; to have care and concern for another. To be able to put myself in their shoes and ask; what do I need to do here? So, kindness and compassion – these are the expressions of being loveful. To what extent am I self-centred and concerned about my own comfort? Or am I truly concerned about serving others with love, kindness and compassion. Am I will to give up my comfort and time to serve another? Whatever was the need, Dadiji and Dadi Janki would not look at the time but would just give and give and give... They would not think of their own physical needs but would meet whoever would come. This is kindness. This is love. This is compassion.

Today Baba is asking us if we have anyone we remember before Baba. If we remember someone other than Baba first and they are my number one then how can I expect to be Baba's number one? So, check; is Baba number one for me? The one I connect with at all times... Or do others come in the way? Even if it is circumstances that get in between me and Baba then how will the circumstances change. If I remember Baba first then the circumstances will change and amazing things can happen. So, check the line of your remembrance. Is it straight and clear or is it crooked or even broken? Then the second thing is purity; purity is not just celibacy. Bramacharaya; following in the footsteps of Brahma. This is not just celibacy... Following in the footsteps of my teacher... We know Brahma Baba's life story. Did you know the original building which existed when they got Pandav Bhavan was stables? Baba lived there and Mama lived there. It was bitterly cold. Baba stayed in the old building even when History Hall and other buildings had been constructed. The walls were very thin but Baba said that the new buildings were for the children. Baba was in his 80's by then... He did not accept anything for himself. He would always say that Shiv Baba was telling us everything. He was drawing everyone's attention away from himself – the chariot – to the One. Even Shiv Baba said yesterday that He doesn't do anything but it is His part in drama. Of course, most human beings want recognition when they do something. They want thanks and respect. So, am I following in the footsteps of Brahma the father and the teacher. So purity to that extent...

The third subject is service. Baba used the word altruistic – no concern for return. No intention of doing something for any type of return – for what I can receive... To know that the opportunity came because of Baba. The gifts that I have been blessed with in order to do that service are because of Baba. To be able to share whatever I have, skills, talents, experience... whatever. It's a gift I have so can I use it to serve others without any expectation whatsoever. We know there will be the return... there will be happiness today because I have done what needed to be done but I also know that the destiny of that was fixed in the drama and there will be a return. So, what gets in the way of being altruistic? My desires create all sorts of intentions which are not clean. Baba spoke of that state of absolute cleanliness but our desires get in the way of that and that is when things

become unclear and unclear. So, what will be the outcome of that service? Where do obstacles come in service? The game of sanskaras. If because of sanskaras I say that I will escape into solitude and just do meditation then ok but what happens to my destiny? Baba once gave a message which said that when we are playing a game sometimes the bat hits the ball but sometimes the ball hits your ankles. However, you don't stop playing the game because the ball hits you. If the ball hits your ankles and you keep playing it reveals how resilient you are. In the same way don't worry in service when the ball hits your legs. Just keep on playing... work together...

Today Baba has told us to make our stage like Shiv Baba's but our life like Brahma Baba's. This is a very powerful homework for all of us...

Om Shanti.