

51 Invaluable teachings received from Dadi Prakashmaniji, specially for the day of remembrance.

1. Our final paper is to be a conqueror of attachment and an embodiment of remembrance. Only those who constantly have the one Supreme Soul, our Father, in their vision can pass in this paper. If you have within you the thoughts “This is my relative, my property, my speciality...”, then this “I” and “mine” will not allow you to be a conqueror of attachment. Where there is “I”, there cannot be any humility nor can you carry out the task of renewal.
2. Those who are embodiments of remembrance are conquerors of attachment. They are the true trustees. The stage of those who are embodiments of remembrance would not be based on comforts. Some people do service and live their lives on the basis of facilities and comforts. They can never become conquerors of attachment. Do not create your stage nor do service based on the comforts because at this time, we are beggars who are to become princes. Baba has given us a new life. Nothing belongs to us in this new life. To have this awareness and to be a conqueror of attachment is a very subtle destination.
3. Each one has to pay attention that there is no rubbish of any waste in their hearts. The rubbish of impurity is huge. There is also the rubbish of lies and cheating. Similarly, the dirt of nature and sanskars does not allow you to become clean and pure. If someone is gossiping, thinking about and looking at others, then rubbish is being filled in their intellects. To have a vision of blame for someone, to interact with them in that manner, to make out you are innocent and someone else is guilty is also not being clean. Those who have honesty and cleanliness are very humble-hearted. They do not have any body consciousness in them. Those with a clean heart will realise and rectify their mistakes.
4. The influence of bad company completely spoils your stage and it breaks true love. Where there is the influence of bad company, in place of having faith in the intellect, it will create doubts and so each one has to take very good care of the company you keep. Baba has sat us in the boat of truth. It is said: The boat of truth will rock, but it will not sink because God Himself is the Boatman of that boat. No matter how many difficulties come in front of such souls, they are easily able to overcome them. They are never influenced by the company nor are they trapped by others.
5. Obstacles come in front of many as test papers. Sometimes, a paper comes in the form of an illness. Sometimes, a paper comes in the form of the lokik and alokik family. Sometimes, the paper comes in the form of nature and sanskars within a gathering, but those who have made Baba their Companion with an honest heart receive all types of help at the time of need. Baba says: O children, the Lord is pleased with an honest heart. If you do not experience this, then there is definitely a thorn in the intellect.
6. When you have any problem or any task to accomplish, you can resolve that with Baba’s help. If you worry about it or are afraid of it, you won’t be able to resolve it. Those who have an honest heart will not have any attachment to any person, possession or comfort. In order to become free of all of these things, Baba says: Children, just be like flying birds. However, birds can only fly when they have two wings. We also have two wings – zeal and enthusiasm. If you have zeal and enthusiasm, you will continue to fly in Baba’s remembrance.
7. We need to have the wisdom to pick up virtues from each one. Someone may have a very good virtue of churning knowledge, so let me learn from them. If I have enthusiasm, then I will be able to pick up virtues from others. If I want to become karmateet, let me put aside everything else. Internally, just have this one concern: I have to become karmateet. Now, let there not be any obstacle to creating your stage. Let there not be any of the old nature.
8. Sweet Baba has made all of us into carefree emperors of the land that is free from sorrow. This is my personal blessing from sweet Baba that I do not have any type of worry or concern. I do not have any waste thoughts either. The reason for this is that I am an instrument. Those who want to worry can worry, but why should I worry? It is Your creation, so You can worry about it. Since He is the One who is inspiring everyone, since He is responsible, I am just an instrument, so what should I worry about? If there is something, make plans and discuss it but do not worry. Worry is like a pyre.
9. All of you sit on BapDada’s heart-throne and you will not have to worry about anything. Eat whatever He feeds you, wear whatever He gives you to wear, and if He wants us to be in the beggary part, be happy in that, and if He keeps us like princesses, we are happy with that. So what is there to worry about! I have just one mantra, “Yes Lord, I am present!” He is the Lord and He can give any order.

10. There are some yogis who live in caves. They survive only on water for a month at a time. If such a time comes in front of us, we too can survive only on water, and so remain free from any worries. Whatever comes in front of you, however it comes, whatever you are fed, wherever you are put to sleep, be a jewel of contentment in every situation. Remain happy and eat the nourishment of happiness.
11. Learn the method to move along in a gathering. There will be conflict of nature in a gathering. Two people are living together and they do not agree in their ideas, and so there will be thoughts. You say, "This is bad" and the other one will say, "this is bad". OK, this is bad, and that is bad, but there must be something good in that one or not? So, talk to one another seeing the goodness in each one. When you look at the goodness, then the bad things will automatically be hidden away. For this, Baba says: Children, have good wishes. All desires are fulfilled with good wishes. If someone is being stubborn and not accepting what you say, then just leave him and he will cool down by himself.
12. Your intention is to make the other person good and so it is your duty to tell him the right things. If he doesn't not accept and it being stubborn, it will be his negative karma. Let me not become a partner in his negative karma. If someone has done something wrong and still if he does not consider himself to have done anything wrong, you can say sorry, and that situation will be resolved. His risen temperature will cool down by itself. By my saying sorry, at least the other person's head cooled down. OK, whatever is your desire.
13. Shrimat says: Listen to the murli every day, wake up early in the morning, bathe in knowledge, observe the codes of conducts, remain pure and maintain the honour of the Brahmin clan. Serve others, give everyone Baba's introduction, do service, remain yogyukt, practice concentration and become bodiless. This practice will finish all weaknesses and defects. Whatever things are happening opposing the Godly codes of conducts, such as laughing among yourselves, to entertain yourselves, watching TV, now finish all these things. Accumulate your income of yoga.
14. We are the decoration of the Brahmin clan and so, let only jewels always emerge from your lips, and never any bad words. Out of anger, some would insult another person within a second. We Brahmins cannot do this. Make a firm promise to become free from anger. Make a firm promise to always let your vision and attitude remain pure.
15. Do not make the laws of the world your own laws. The system of the world is to create conflict, to create obstacles, to insult and defame others, to oppose others, to hold grudges against others, but we mustn't make the systems of the world, the laws of the world our own laws. I am not of this world because I am a child of the one who is Alokik, He is unique to this world. I have to think of everyone's benefit and give rays of good wishes.
16. The world means obstacles at every step. Wherever you step, there are obstacles and obstacles. It is the forest of thorns and so wherever you tread, there will only be thorns. Someone would say: This one is very co-operative. OK, he may be co-operative, but he doesn't know Baba, and so while giving co-operation, he may also be a form of an obstacle in some ways. If someone doesn't believe in our principles and is not following our systems, that person is then in some way an obstacle for us.
17. Make a list of a 100 things that Ravan does. Sometimes, he will make our vision impure, sometimes, he will bring us into conflict of sanskars, sometimes bring jealousy, sometimes the consciousness of "mine", sometimes he will bring us into force... but we have to conquer him a hundred per cent. For this, we need to have a very refined and the most subtle intellect. Let the signals of shrimat that Baba gives us be in front of us like a very clear mirror. Let me conduct myself according to that.
18. I have to imbibe the true virtues in order to become satopradhan and finish the tamo and rajo qualities that I have in my intellect. From morning till night, check whether you are moving towards the line of the deities. Are the qualifications of deities being emerged? Deities means true virtues and these true virtues come through shrimat. First of all make yourself cool. By becoming cool, the sanskars of coming into force and becoming irritated will cool down. And then have the intoxication: Which authority's children are we? Then your intellect will always remain up above and not become involved with the things down below. Our intellect now should not go towards the body or bodily interactions.
19. I am a bestower, a child of the Bestower, and so I have to learn to bestow. The more I give, the greater the importance I will have. To give spirituality, to give coolness – my greatness is in my giving. Do not think: I am giving so much love to this one and yet he always defames me so much. I have to try and make sure not a single person becomes a thorn. My duty is to give everyone the donation of soul-

conscious love. Of course, there will be many obstacles in giving donations, because there are all types of people among those who are taking donations. I always think: Each one is a master and I am always learning from each one.

20. Do not hold any grudges against anyone in your heart. The reason for any fighting is hatred. Thinking about others begins with hatred, and then there is enmity with one another. First, there will be jealousy, and then hatred will come, then there will be thoughts about others, and then the enmity will begin. Sometimes, just one word makes someone an enemy for life and so you need to pay a lot of attention to your words. Do not speak a single word that will create pain in someone's heart.
21. The nature of stubbornness is the greatest defect of Brahmins and it causes a lot of damage. Stubbornness can take a person to the depths of hell. So, do not deceive yourself with the nature of being stubborn. Take the right decision at the right time. Give co-operation to one another, give advice, and if someone is being stubborn, you just become light. Maintain the intoxication of being light and having might and you will never get irritated.
22. Become humble to bring about the renewal. If someone is saying something forcefully, then accept it at that time and you just remain cool. Do not debate it among yourselves. Later, considering the right time, have a heart-to-heart conversation about it. Your humility will definitely create an impact on others. Do not talk about one person with another. To be humble means to merge within yourself. Do not quarrel and then leave knowledge. Remain busy in self-contemplation.
23. The foundation of our Brahmin life are the Godly codes of conducts. Observe the codes of conducts with determination. The name of the whole Brahmin family can be defamed with a small mistake of just one person. I cannot bear to hear about anyone's character being stained. I would be shocked by that. For someone to stain my character is a huge stain in my life. Simply remain intoxicated in your own spirituality. You need to be wearing the bracelet of the codes of conduct very firmly.
24. Let each one become an image of tapasya. The more tapaswi you become, the greater you will become. It is only with this tapasya that you will become great. To control your physical organs is tapasya. To control your attitudes is tapasya. Stay in the sweetness of supersensuous joy and the pull of the senses will automatically finish. Sweet Baba has caught hold of our top-knot and pulled us all out and sat us on His heart-throne. We are the selected diamonds who are a handful out of multimillions. Do not let there be any type of mark on the diamond and thereby reduce your own value.
25. My life is "My Baba", and my promise is "Baba, I will remain your worthy child and glorify your name. I will become pure and create the pure world. While I am alive, I will be firm in this promise. I will die, I will leave, I will leave my body, but I will never break this promise. We will become deities and bring about one religion and one kingdom.
26. Those who surrender everything of theirs in this sacrificial fire receive the fruits of their own desires. You don't have to desire any fruits, but you will automatically receive them. Once you have sacrificed something into the fire, and you then put your hand into the fire to remove it again, you will only get it back burnt. That fire will burn your hand, but this fire will burn your heart. So, once you have sacrificed your old sanskars into the sacrificial fire, how can you take them back? How can you be controlled by lust and anger?
27. Maya attacks Brahmins in two ways. One is the Maya to become trapped in bodily beings. The second is the powerful Maya of jealousy. "This one was given this chance, but why wasn't I given that?" To say, "I, I" is the language of jealousy. Jealousy makes you fall from an elevated stage. Baba says: Child, if someone is moving ahead, then be happy seeing that one. Those who enable others to move forward are themselves naturally ahead. To give others a chance means you yourself become a chancellor.
28. When the Highest-on-high Father, the Highest Authority says: I am your Servant, how egoless should we be! Consider yourself to be a server and you will automatically have the stage of being egoless. By considering yourself to be an instrument, you will automatically remember Karankaravanhar Baba.
29. Baba says: I am the Death of all deaths, the Great Death. I have come to take you back home, and so the only concern is of returning home. If you have just this one concern, then your attitude cannot be drawn anywhere. Some say: My attitude is pulled to bodily beings. But I have this question, Why? Are Baba's words "Those whose intellects have faith are victorious" wrong? If not, then demonstrate by becoming completely victorious.

30. Some people fall prey to the illness of imagination and they die. Internally, they would think: So-and-so looked at me with such a vision. That one is having such thoughts about me. “ I am moving along giving respect to that one and look at what that one is saying to me. They will then go and stay at home and so they have fallen prey to that.
31. At amrit vela, go underground and sit with Baba. One is I, the point of light, the other is Baba, a Point of Light, and become lost in that true intoxication. Every day at amrit vela, fill your aprons with blessings. At amrit vela, hide in Baba’s lap. Merge yourself in that, absorb yourself in that. And then the whole day will pass by very sweetly and your heart will become very strong.
32. Sometimes, you become afraid of small things and you consider even a string to be a snake and become afraid, in the same way, many have kept the evil spirit of fear in the form of the snake of Maya in their heads. A snake is poisonous anyway, and would only spit out poison and so do not play with snakes, but step away from them. If you become interested in them, they will pull you and attract you. If there is the slightest interest, there will definitely be a pull towards them.
33. Baba says: Children, do not listen to, see or speak of news of this world that has no taste. Stay under the canopy of Baba’s protection and Maya will not have the power to come close to you. Maya comes because you look at her and you leave Baba’s lap. The evil spirit of fear is sitting inside you. Become fearless and Maya cannot come to you.
34. If you have the slightest laziness within you, she will eat you up whole. Today, there will be a little laziness, and you will think, “Let me just sleep during class, what does it matter anyway?” When the heart is not honest, there will be many excuses emerging. If the heart is honest, then there are no excuses.
35. Baba says: Children, practise stopping your thoughts. Practise being in the corporeal form one minute and in the incorporeal stage the next. Create a discipline for this. Perform a drill. Pay attention and practise this and your intellect will become cool and powerful and you will remain happy.
36. The best virtue of all is to always be absorbed in love for one Baba. Remain dependent on one Baba alone. Do not depend on souls, but be dependent on Baba. You have to stay in the gathering. You cannot say that you do not have a connection with anyone else. Be humble and give respect to everyone. We have been given these two hands for humility, and only those who have humility are able to carry out the task of renewal.
37. When you walk on this path of knowledge, you will definitely need to imbibe the power of tolerance. The virtue of tolerance is a great power: it is the greatest virtue of all. Those who are tolerant are equal in all situations: happiness and sorrow, praise and defamation, respect and disrespect. In order to maintain a constant and stable stage, you need tolerance.
38. It is the law of nature to be hot in summer and cool in winter. We have the facilities to protect ourselves in those conditions and so use them. The nature at present is tamopradhan and so we cannot be angry with nature. In our intellect, we are aware that that is the law of nature and so we do not try to fight it. And then, there are the family circumstances, so why do you become unhappy in those situations? Just as you tolerate happiness and sorrow from nature, in the same way, there are the karmic accounts with the family, and so we mustn’t allow our stage to fluctuate in that.
39. When someone insults me, I do get upset, but I would think: How much respect have I given that one? One is to give and the other is to receive. If I am getting angry with someone insulting me, it means I am hungry and thirsty for respect. That I am asking for respect. Do I have to give respect or ask for it? To ask for respect means to ask for blessings from souls. Baba says: It is better to die than to ask for anything. I am a bestower, a child of the Bestower, so what should I become one who takes?
40. Ask yourself: Do my 10 advisors (my physical senses) praise me? Do the sanskars of I, the soul, praise me? When my sanskars praise me, that is, when they stay under my orders, then others will also praise me. Does my mind always stay at my feet? Is my mind always pure and clean and does it always remain elevated? Is my first advisor staying under my orders? If it is, then I will automatically have pure thoughts. If I stay in such an elevated stage, then everyone will automatically have respect for me.
41. According to the time, have very good practise of concentration. In one second, stop your thoughts and remain up above. Fly away from this body. Sit in Baba’s sweet, silence home and you will make your life very lovely and unique. Then you will become Raj rishi, yogi and gyani souls. You now have to give Baba such proof practically. Now is the time to check yourself and so, whatever happens, find a solution to all of that, and then first go to Baba, to the world of angels and then go to our home.

42. Now, divinise each of your physical senses. Check: Have my ears become divine? Do I still have an interest to listen to please the ears? My eyes are for looking at others with a feeling of love, with the vision of brotherhood and to see everyone as Baba's jewels. Do my eyes look at others with a bad vision or with a vision of duality? Check each of the physical organs in this way and divinise them.
43. Do not have the slightest habit of having an "off mood". To have an "off-mood" means to be off. Such souls cannot be offered love. Where there is divinity, the question of respect and disrespect finishes. When you ask for respect, that person becomes distant. We are kings of kings, and so we can never ask for anything. A king can never say that this lay person is making me lose my honour. The orders of a king are obeyed. So, ask yourself: Am I a self-sovereign or am I dependent on my lay people?
44. All of us are the children with hearts, children of the Comforter of Hearts. Since we have given our hearts to the Comforter of Hearts, how can we be attracted by bodily beings? To be attracted towards anyone means to become one who is selling your heart. Baba has given us children permission to earn our livelihood, but not given us permission to watch dirty movies or read novels etc. Some say that they read such novels when they are a little unhappy. If you read such books or watch such movies, then your intellect will definitely be disturbed.
45. Never allow your head to be heated in questions such as "Why?" or "What?" Let your head always be cool. Become yogis who have cool bodies. Even if someone has dug a pit for you, if you are honest and you have good wishes for everyone, then Baba will protect you. Never allow impure feelings inside yourself. Do not become Durvasa who curses everyone. Raj yogis can never become like Durvasa (one who cursed others).
46. Baba's shrimat is: Children, you have to live like sugar and milk. Never become like salty water even in your dreams. If someone becomes like salty water, they cannot be called Brahma Kumars or Kumaris. My duty is to be like sugar and milk. If I have any saltiness, then others will sprinkle salt over me. To always be like sugar and milk means to stay in unity. To leave the study means to become handicapped.
47. This heart is my Baba's home. Those who have love in their heart have Baba's remembrance in their heart. They would have all of Baba's jewels in their heart. It is Baba who enables everyone to move. All are Baba's lovely children. So, have unlimited feelings. Do not get caught up with the limited.
48. Baba has made us Raja yogis and sat us under the unlimited tree for renewal. We have to pour the water of the power of remembrance and the power of purity. Our Baba is the founder and He has made us sit in the foundation. So, sow the seeds of yoga, sow the seeds of purity and with this power of knowledge, strengthen this building. We are the yogi children who donate purity and we are giving the co-operation of yoga and purity. This is the basis of the renewal. The world is to be uplifted on this basis.
49. Baba has given us the mantra: Children, do not look at what you can see, but remember the One whom you cannot see. All the variety of sanskars are our karmic accounts. I have to settle my karmic accounts, not create more. I am sitting here to settle all my karmic accounts and to become karmateet. So why should I create more karmic accounts under the influence of any of the sanskars?
50. We yogis have all relationships with the One. Our relationship is with the One, we are connected with the One. We all belong to the One. That One has made us belong to Him. The wonder is that One belongs to each one. All relationships of each one are with Him. This One is the one with whom all the children have all relationships, and this is why we all are one, there is oneness, there isn't two or three. The disciplines and codes of conduct of all of us in this Raj yogi life are the same. All of us children have been sustained with the same mould. Baba has given us the mantra: one direction, constant and stable and to have economy. Our shrimat is the murli. The murli is our study and our inculcation. Where there is one direction, there cannot be duality or conflict. There is no discrimination nor any fighting. We have Baba between all of us and this is why there cannot be two opinions.
51. Baba says: Children, become beggars even of your own bodies. So, check: Do I have any body consciousness in me? Have I renounced body consciousness? One is to be a renunciate and the other is to be a complete renunciate, and A-Z renunciation of everything is included in this. Greed, attachment, body consciousness are all included in this. When there is renunciation at every step then you will be said to be soul conscious. First, there has to be the renunciation of attachment to the body, and then the renunciation of greed, hopes and desires etc. becomes easy. Such renunciates and yogis are said to be tapaswis.

*** O M S H A N T I ***