

## Jayanti Bhen – 24<sup>th</sup> May 2020 – Shantivan

### The power of time

Each Murli is so special. Baba really tries to lift us up so that we come into that awareness of who we are and to who we are related. Dadi always asked us to think of what we need to do. So firstly I am aware of who I am. Secondly I know who I belong today and thirdly it is very easy now to know what I need to do. Baba is reminding us today that our contract with God is very easy; it doesn't involve effort on our part or take up too much time. No labour, no effort, no expense. Usually a contract involves give and take; I give something and you give something in return. Here Baba gives us so much for the whole kalpa. We all receive at least chapattis and dal. Baba says all this happens because you said 'My Baba' from the heart. That is the contract. The cleverest entertainer of all accepts this because He loves you. Although he is the cleverest, the contract is only to your advantage – Baba does not receive any advantages but He accepts because He sees you are innocent. He loves the innocent ones; He doesn't get on with those who think they are very clever.

Once you have made this contract your accumulation for the whole kalpa begins – especially for the kingdom. So look at what you are doing today with your thoughts, words, actions and time. Is it all being used in a worthwhile and so there is accumulation? Or am I not able to use things in a worthwhile way. If not, you are wasting time. If what you are doing is ordinary there is no accumulation. If you go into waste then your account is actually debited. You may have had a busy day but what has been accumulated in your account during the day? Did you give sorrow or did you give sorrow. If you didn't give sorrow or happiness then nothing has been accumulated. Was I able to inspire, encourage, motivate or uplift anyone? These are not things we need to be sitting on a gaddi to do. They are things that can be shared with family and friends. They can be shared with people you are in contact with on Whatsapp. If I am full, aware and attentive then I will want to use these treasures for others. I will then be using my time in a worthwhile way. Baba calls this the power of thought, the power of words, the power of actions and the power of time. How precious is time? To whatever extent I value my time I become valuable others also value my time and they value me. If I don't have value for my time and am squandering it then time is slipping through your fingers. So check in any day how you are using time. If I become aware of how much value time has then I will use it for uplifting myself, to serve everyone around me and I can use it to serve the world. This is Sangamyuga. In Sangamyuga I have all three possibilities.

Am I using my time to come closer to God, to deepen and strengthen my faith? By emerging experiences of the times I have experienced Baba's protection, support and intervention then that realisation will help strengthen my faith. This will bring me closer to Baba. If I am using my time and thoughts in a worthwhile way then that will be visible on my face. How do we know if someone is depressed? It can be seen on their face. Baba reminds us that our faces should reveal our fortune.

Baba tells us if we use all the treasures we have been given now then we become carefree emperors. I am in charge of my senses, of myself, my experiences and I am sharing all those good things with people around me. They can feel the benefit, that I am truly the great donor. If I am carefree emperor it means I don't have a care in the world. I have responsibility but that doesn't weigh heavily on my mind or my heart. I won't wonder how things are going to get done. If I am able to support others through my good wishes for them there will then be co-operation. If I haven't invested in relationships and haven't helped others at a time of need then doors are shut – people are not ready to help. If I am anxious or worried about anything – the seed is fear. Baba explains that the root cause of fear is 'I and mine'. First I move into the consciousness of 'I' and then into the awareness of 'mine'. When I consider something as 'mine' then there is always the fear that it will be taken away from me. We are afraid of losing anything that we hold onto as 'mine'. We are Baba's children; why should we be afraid of anything? We are Baba's children, we are following Shrimat. We don't need to worry about the future at all if we are doing what is right today. In soul consciousness I am in the present and am aware of Shrimat. In mindfulness people are in the present which is beautiful but in soul consciousness we know how to use the present for maximum benefit through Shrimat. We are using Shrimat not just to benefit ourselves but to bring benefit to everyone. This is using all that I have in a worthwhile way and then it is not just for the future but accumulation is taking place all the time. If we use everything in a worthwhile way now then there is no fear for the future. If there have been mistakes but I use Baba's power and help to change then I am able to forgive and forget, even if those mistakes involved other people. I am able to have a big heart and forgive. I then don't need to have any thoughts of the past or any worry about the future.

We are all sevadhari. Sometimes Baba uses this title for teachers. 'Teacher' is a position but as a sevadhari – a server, there is no position involved. I am ready to do any service that comes my way. I have not just to be a server but an instrument server. I am an instrument for God. Then teaching is by example – not just through words but through my consciousness too. I am an instrument server on Godly service. Then there is always some service that is available for me to do. Baba tells us that service is fortune and truly it is – good karma, coming closer to God, karmic connection with God, creating a golden chance for fortune. So let me see that opportunity to serve that comes to me in lockdown. Stay safe, stay healthy. See what you can do in your own situation; it may be service through your thoughts, your words or your mind and that is an act of kindness to help others.

Om Shanti