Eighteen Invaluable Points from our Beloved Sakar Baba for the Day of Remembrance

1. Sweet children, the forehead is the immortal throne of the soul, the immortal image. This throne can never have any illness or any difficulty. The extremely subtle soul, which never becomes big or small, is seated on this throne.

2. Children, whenever you are speaking to anyone, consider yourself to be a soul. Look at your brothers with your third eye of knowledge. By looking at the soul brother, the physical organs will not cause mischief.

3. Charity begins at home, that is, first of all consider yourself to be a soul and then explain to your brothers. When anyone says anything wrong to you, just remain silent. Be tolerant. If you want to constantly remain happy, then be manmanabhav. Consider yourself to be a soul and remember the Father.

4. This body is made of the five elements. These five elements pull the soul to remain here, because it is as though the soul has taken ownership of the body and regards it as its property. Remove your attachment to it, because you now have to go home.

5. You children are now becoming pure through yoga. When the soul becomes pure, it will shed its body as easily as pulling a hair through butter. It should remain in your intellect that you are going home to Baba.

6. Brahma Baba says: Children, God is not a bodily being. He has come to meet you children personally. He has come face to face with you children from the supreme abode. He is Knowledge-full, the Ocean of Knowledge. He has entered this body to teach you children Raja Yoga. So you shouldn't miss the study for even one day.

7. You have to pay full attention to your every action. You must never perform any wrong actions. Continually check: Do I have any bad thoughts in my intellect because of Maya? Do I have bad vision?

8. Continue to follow the shrimat that you are receiving at every step and your boat will go across. Always pay attention, "Whatever actions I perform, others seeing me will do the same". You have to pay full attention to the study. Don't perform actions that will defame the Father, Teacher & Satguru.

9. Every jewel of knowledge that the Supreme Father, the Supreme Soul gives you through the body of Brahma is worth hundreds of thousands of rupees. You have to imbibe these jewels of knowledge and donate them to others. The more you receive from Baba and give to others, the higher the status you claim.

10. You have been sowing the seeds of body conscious thoughts and actions for half the cycle. Everyone in this world sows these seeds. You now have to merge them. You mustn't sow any more seeds of body consciousness. Practise being soul conscious.

11. You have received an intellect to understand right and wrong. Therefore, don't perform any wrong actions through your thoughts, words and deeds. Don't cause sorrow to anyone. Just as the Father is the Remover of Sorrow and the Bestower of Happiness, so you have to become the same as the Father. You mustn't have any dislike for anyone.

12. You children have to be gyan-yukt in every action. When you make a donation, let it be to those who are worthy. Do not donate to anyone who would use that money for sinful actions. There are many people in the world who would give to sinful souls. You must also remove your attachment from the things that you have donated.

13. The Seed of this human world tree is up above. This is the unlimited drama. Souls become actors in it and are playing their own part. Just as people make monkeys dance, similarly, the soul makes the body dance, and makes it play its part.

14. This cycle continues to turn. It never stops. Time continues to tick away. This is the predestined drama of 5000 years which continues to repeat. Therefore, it is called the eternal and imperishable world drama.

15. God, the Supreme Soul, the Highest on High is the main One in this drama. You children lovingly call Him "Baba". Baba comes and now explains to you and also grants salvation to everyone. Your new kingdom is being established exactly as it was in the previous cycle. You should have this very firm faith.

16. This drama is accurately created. You cannot experience any loss in it. This is the benevolent drama and therefore, you don't need to worry about anything. You are now with Baba and so you are coloured with His company and your worries are reduced. If you remember the drama you will never fluctuate, you will remain unshakeable, steady and stable.

17. Children, you have to attend to your activities as a detached observer. You can also observe the activities of others, but first see your own self. By looking at others, you forget to look at your own self. Therefore, each one has to serve the self first.

18. You children say: "Wah, drama, wah! We are now receiving salvation through Baba's knowledge". This is the play of victory and defeat. Whatever happens in this is fine. The Father, the Creator likes the drama and so the children of the Creator would also definitely feel the same happiness.