

Bro Ken's Visit to Malaysia from 23rd June to 30th June 2017

Once again, Malaysian family was very fortunate to have BapDada's special jewel, Bro Ken from Brazil visiting Malaysia. Bro Ken is one of the original jewels from overseas centre. He arrived Asia Retreat Centre, Malaysia on the 23rd of June late night. We started our celebration on Mama's Day on the 24th of June right from amrit vela with 8 mothers and 8 Kumaris conducted special amrit vela. The powerful vibrations transported everyone into subtle region. We heard Mama's sweet voice through tape before Special murli on Mama's Day was read. Bro Ken shared very powerful inspirations about Mama's life; a life of stability, trust and faith. He described Mama's deep recognition, firm and full faith for God was like a Geometric compass's needle firmly fixed at one end, never "slipped" ie whilst reaching out to all type of people and services – never have any doubt or questions, always "Haji" to what Baba says, 100% obedient and always remain stable.

June 25th was another spectacular day for Malaysian family as we had double celebration- ARC 3rd Anniversary and Hari Raya Aidilfitri Celebration. After the murli, we had a very beautiful cultural performance. There were Indian-Malay-Chinese dance performance, as well as children performance and song by Korean family. An atmosphere of lightness and entertaining was felt throughout the celebration. A special acknowledgement and appreciation ceremony was arranged for ARC Nirwassis who have surrendered their life for Baba's seva, contributing their time and energy selflessly since the inception of ARC. They have received a lot of strength from Baba as a result of their dedication and love for Baba. Bro Ken was decorated in Malay traditional costume joining the ARC Nirwassis cutting special cake for celebrating ARC 3rd Anniversary.



3rd Asia Pacific BK Teachers Retreat and Training

The highlight of Bro Ken's visit was Asia Pacific BK Teachers' Retreat and Training on conducting experiential course, which was held from 26th to 28th June 2017. 130 BK teachers from 9 Asian countries took part in this 3-day retreat cum training for conducting experiential course. He divided each lesson of Rajayoga course into 3 sessions: Explain, Experience and Explore, making the course experience based rather than content based. Bro Ken reminded teachers that people nowadays are looking for real experiences and practical spirituality rather than lectures/explanations. Life has become more and more complicated and things become more and more tamopradhan, as well as people's attention span is becoming shorter and shorter. Therefore, we have to be prepared to give experience in a short time. Souls have truth recorded in them and our role is to help them to rediscover it. In giving the course, we have to keep to the essence, oblige ourselves to deepen our own experience and then share it with others. Participants realized that in giving the course, one needs to (1) focus on self progress, more churning of the knowledge, deepen experience with Baba and experience Baba's knowledge before sharing; (2) keep to the essence of knowledge, speak according to students' needs and not talking too much; (3) learn to give live commentaries in a powerful stage or conducting some experiential activities to guide the students into experience, in a natural way; and (4) guide students to explore what is already within them and let them draw their own conclusion. This will enable them to have good understanding of the practicality and relevance of the concept shared. At the end of the training session, participants' AHA moment was Rajayoga Meditation is really easy, light as well as entertaining when the course is conducted using methods shared by Bro Ken.



PUBLIC TALK on LIVING BEYOND LIMITS

On Thursday 29 June 2017, Bro Ken gave a very interesting public talk on “LIVING BEYOND LIMITS” at the Royal Selangor Club in Kuala Lumpur. Bro Letchu, the president of the Brahma Kumaris Malaysia in his opening address, said that there would always be problems in life. Obstacles come to teach us a lesson, therefore we should not be afraid to face and overcome them with courage. With the help of the Supreme Source and with humility we can overcome obstacles.

Ms Shahreen Kamaluddin, a “Call of Time” guest was invited to introduce Bro Ken to the audience. She praised Dadi Janki as being the embodiment of love. She also praised the Brahma Kumaris for holding retreats, seminars and workshops for people and working selflessly and professionally to uplift people.



Bro Ken highlighted in the talk that things are getting out of control and we get upset over trivial things. By staying in comfort zones, it prevents us from growing and we do not have an aim and objective. We can go nowhere without obstacles. Obstacles bring out something hidden within us, therefore we must not rationalize but discover what is within the self. Bro Ken shared his experiences of remaining calm and stable in many chaotic and stressful situations. He explained that all of us have intrinsic values of which nothing can take that away from us. We have to develop our values. No one can take away our peace, happiness no matter what the world does to us. Obstacles may appear big but we have to show that we are bigger than the obstacles. With self respect, obstacles become small but without self respect, obstacles become big. We need a spiritual intellect and have the sense of values of who we are. We can deal with anything, not being sensitive but to help others; not to be detached but to support and so we have to be strong in every situation and not get weakened. Everything that exists has a purpose. We are our own biggest obstacle. What is in me, what do I do and what do I have to become? Physical things have a clear objective. What about me? I am painting my own path forward. I need to see things with clarity and not throwing rocks at the self.



After his enlightening and rejuvenation session there was a meditation commentary by Didi Meera. Blessings and toli were distributed to the audience after the programme. About two hundred and eighty souls took benefit from Bro Ken’s programme.



COURTESY CALL ON INDIAN HIGH COMMISSIONER

Bro Ken had a courtesy call on Indian High Commissioner to Malaysia, H.E. Mr. T.S. Tirumurthi on the 29th of June 2017. He had a very interesting discussion with the Excellency on the subject of meditation and conducted few minutes of meditation before concluding his visit.

LIVE TV INTERVIEW NATIONWIDE

There was also live TV interview on Bernama News Channel, Astro Channel 502 with Bro Ken on the topic "Ethics in the workplace through Positivity". Within 20 minutes of interview, Bro Ken was able to share many aspects of meditation values with the audience.

Malaysia and other Asian countries brothers and sisters enjoyed the company of Bro Ken and were totally empowered, energized and rejuvenated after the retreat and training.

Thank you Baba, thank you Drama and thank you Bro Ken, Baba's right hand instrument.

