

Sr Jaya's visit to Sydney, Australia

24th – 30th April 2017

Sr Jaya and Br Umakanth from Chennai visited Sydney for a week to conduct various programs which were well received. They were kept busy serving the Tamil community for the majority of the time. Everyone enjoyed Sr Jaya's simple and practical sharing.

Monday 24th April

For the first program Sr Jaya was interviewed on the topic 'All About Meditation' at one of the most popular Tamil Radio stations, Australia Tamil Broadcasting Cooperation (ATBC).



Tuesday 25th April

Sr Jaya led a morning class in Tamil at the Toongabbie class location. Thereafter, an interactive talk at a home in Lidcombe was conducted on the topic 'Make Your Mind Your Best Friend'. Nearly 50 people attended and actively participated by asking lots of questions at the end.



Tuesday 25th April

At West Ryde, Sr Jaya shared her insights on the 'Key to Unlimited Happiness'. About 30 people made the most of this event and requested regular classes. This was the first Tamil program in that area of the city.



Wednesday 26th April

Sr Jaya was taken to the Tamil Seniors Association, where she shared on the topic 'The Ultimate Goal of Life' with around 200 people. She and her husband Uma were then treated to a tour of Sydney city where they enjoyed the views of the Harbour Bridge and the Opera House, two of the most well known landmarks of Sydney.

Thursday 27th April

This day comprised of another Tamil recording on the radio and then a beautiful talk at InnerSpace, the main BK Centre in Sydney. Sr Jaya gave class in English about 'Fate and Faith' to a group of about 40 people.



Friday 28th April

The next stop was Liverpool for a quality get together. Sr Jaya facilitated a chit chat on 'Supersensuous Joy'. After a beautiful 'feast' for the soul, the group had a lovely breakfast. From there Sr Jaya and Br Uma were taken to the retreat centre, Brahma Kumaris Centre for Spiritual Learning, Illawarra to spend the afternoon in this magical place.

That same evening a home in Regents Park welcomed Sr Jaya where she spoke on the topic 'Fate or Faith' in the Tamil language. A group of approximately 25 people participated in this interactive session.



Saturday 29th April



Sr Jaya started the weekend by sharing spiritual insights in English at the Toongabbie class location. This was followed by a class on the topic 'The Art of Self-Management'. The students really enjoyed and made the most of her company.

Sr Jaya and Br Umakanth then visited the retreat centre Brahma Kumaris Centre for Spiritual Learning, Blue Mountains. After lunch they went sightseeing in the

sunshine. In the evening, both met the residents of the Retreat Centre for a casual chit chat. At night, amongst a gathering of about 50 people who were attending an introductory meditation retreat, Sr Jaya was interviewed by Sr Ami about the basics of meditation.



Sunday 30th April

The two visitors from Chennai were back again at InnerSpace, Sydney to meet the rest of the BK group and shared their experiences so far. Sr Jaya shared spiritual knowledge to the Tamil group. Later in the morning, she briefly gave the Raja Yoga Meditation course to a gathering of about 50 people. This was a full day program with lunch. Everyone was gifted a CD of Sis Jaya's programs.

After a rich package of spiritual insights and experiences, Sr Jaya and Br Umakanth left for another week in Melbourne the next morning after benefitting so many people through their words, actions and vibrations.

Om Shanti ☺