

summary report

the future of power

Pokhara - March 2014

A series of exclusive conversations exploring the
'shifts in power' and their impact on leadership in the 21st Century



AN INITIATIVE OF THE
BRAHMA KUMARIS



Pokhara, gifted with unique natural diversity, is situated about 200 km west of the capital Kathmandu. Three out of the ten highest mountains in the world, Dhaulagiri, Annapurna and Manaslu, are situated within 30 miles of the city, so that the northern skyline of the city offers a very close view of the Himalayas.

The Seti Gandaki is the main river flowing through the city creating several gorges and canyons which gives intriguingly long sections of terrace features. Pokhara lies on an important old trading route between China and India and many hills around Pokhara still have medieval ruins.. Batulechaur in the far north of Pokhara is home to the Gandharvas or Gaaineys, the tribe of the musician. From 1959 to 1962 approximately 300,000 exiles entered Nepal from neighbouring Tibet who then sought asylum in Dharamshala and other Tibetan exile communities in India. Approximately 2500 Tibetans still cross the border into Nepal each year and have become a visible minority in the city. Until the end of the 1960s the town was only accessible by foot. The Siddhartha Highway opened the area to tourists in 1968.

Many medieval era temples and old newari houses are still a part of the city. Other places to visit include the World Peace Pagoda, the International Mountain Museum, Pokhara Regional Museum, the Gurkha Museum and Annapurna Natural History Museum which houses preserved specimens of flora and fauna. Pokhara region has a very strong military tradition with a significant number of its men being employed by the Nepali military, Indian army and the British army.

The Pokhara city marathon and other adventure sports such as base jumping, paragliding, canyoning, rock climbing, etc. attract many tourists. During early and late 1990s, music bands from Pokhara like Nepathya started their very successful fusion of western rock and pop with traditional folk music. More musical concerts are held in Pokhara than in any other city in the country. Media and communication were quite limited until the 1990s. However, there are now 17 privately owned local FM stations in Pokhara valley; two local television stations and 14 national daily newspapers.

Pokhara

FOP Participants and Feedback



"Power is spiritual and this we only get from God. No one except God and we are not God."

Dr Aleyamma John
Principal
Amarsingh Higher Secondary School

"Power is positive thinking, positive attitude, positive approach, positive action and reaction. Be happy yourself and make others happy."

Anand Raj Batas
Chairman
Batas Organization



"Power is simply the integrity and moral values which can bring peace, harmony and happiness in society."

Ananda Raj Mulmi
Former Vice President
Transparency International Nepal

"The world is changing and the way we are doing things has to change."

Anthony Phelps
Stategic Corporate Consultant, UK



"As a clinician, to me power is to witness, to listen, to value and respect and the power to remain innocent."

Dr Arnold Desser
Medical Trainer
National Health Service

"Power is the strongest thing that you have within which should be used in positive thinking for yourself and society."

Ashok Palikhe
Director
Fishtail Hospital and Research Centre



"The source of power is intuition, which requires purity of mind and deeds."

Dr Balram Upadhyay Regmi
Chief Editor
Astrology Weekly Magazine

Bam Bahadur Bhandari
Deputy Inspector General
Western Regional Police Office





"Power itself is divine. Be natural and true to your self to experience divine power."

Barry Jareckyj
Business Development Consultant

"Power means cleaning the mind and soul and understanding others with humility and grace."

Dr Basant Tamrakar
Founding Chairman
Fishtail Hospital and Research center



"Power is to identify the self. Who am I? I am a soul. It is to understand how the soul is connected to spirituality."

Bhim Kumari Ale
Head of Social Division
Rural Water and Sanitation Program

"Power means action, power comes only from performing action."

Bishnu Hirachan
Managing Director
Nilgiri Distillery



"Power is balanced use of spiritual and materialistic power."

Bishowambhar P Shrestha
Chief Judge
Appellate Court

"Power is the determination that comes from within the heart, or soul, and it reflects in self-realisation."

Chandrakrishna Karmacharya
Chairman
Karmacharya Group of Companies



"Power cannot be derived from outside, it is within you. You just need to understand and explore it."

Devendra Dhakal
Registrar
Appellate Court

"There are many types of powers. All of them are transformational in nature but the highest power is to be able to transform one's self positively."

Deviram Bhandari
Chief
Transport Management Office, Gandaki





"To recognise myself is power - who am I? To develop power, the first step is meditation."

Dibya Kala Bajimaya
Director
Regional Education Directorate



Dr Dil Bahadur Chhetri
Former Chief
Prithivi Narayan Campus



"The constructed thoughts which come from within the self can be transformed into spiritual power."

Dipendra Marsani
President
Siddhartha Club

"Truth, honesty, purity, transparency and service is power. Money, gun and political power is temporary but wisdom and the sound of the soul is permanent."

Dipendra Shrestha
CEO
Radio Annapurna



"A small baby has the power of innocence. Hard power comes from the mind, soft power comes from the heart."

Francois Becher
National Co-ordinator
Brahma Kumaris, France

"Thoughts - think about past, present and future in the context of humanity, civilisation, emotions, conservation of nature and of human consciousness."

Ganesh B. Bhattarai
Managing Director
Boomerang Restaurant



"Power is within, which is filled constantly by the Divine Power. This power has tremendous potential to change the self and others."

Dr Ganga Datta Subedi
Director
International Nepal Fellowship

"We need to use soft power in our social, political and practical life. I realised today that it is a big challenge to become a true super power."

Gangadhar Parajuli
Chairperson
Sunaulo F.M.





"Power is the strength to be my true self in all its beauty, gentleness, stability, strength, love, peace and clarity."

Gudrun Duwe
Horticulturalist
Global Retreat Centre

"Today's program was like a bouquet of beautiful flowers, a fragrance which will spread peace and harmony in the entire human race."

Hanif Miya
President
Ali Miya Lok Wangmaya Pratisthan



"The constructed thoughts which come from within the self can be transformed into spiritual power."

Hari Pandey
Former Estate Minister
Pokhara Foods

Himal Bakhrel
President
United Club



"Powers are necessary to increase human satisfaction and to make life meaningful. Only through spiritual knowledge is happiness possible and the source of power is happiness."

Jhalak Ram Adhikari
CEO
Pokhara Sub Metropolitan Office

"Power means the inner heart's power that is confidence, tolerance, a positive outlook and attitude. Spirituality energises us to be confident."

Kailashnath Kharel
Chief District Officer
District Administration Office



"We have to realise and use power in our work and in our daily life to change the world for the better. I got this knowledge today through this program."

Dr Kalu Sharma
Chairman
Western Regional Hospital

"Purity is the best foundation of the future of power. That is why the centre of purity should be strengthened in order to strengthen the future of power for enlightened leaders."

Prof Krishna K.C.
Professor of Geography
Prithivi Narayan Campus





"Who am I? Curious, courageous, confident and a moral person who has power to use for the goodness of society."

Lekh Bahadur Gurung
Campus Chief
Pokhara Engineering Campus

"There is a probability that Planet Earth will vanish. Conscientious groups need to use power positively for benevolence and progress."

Loknath Gautam
Chief Treasury Controller,
Pokhara



"Power is balancing the system of the body to allow a healthy flow. It becomes dark and ego based without affection."

Lucky Chhetri
Executive Director
3 Sister Adventure Trekking Company

"Power is to change the perception and belief of the people. To make their ears and eyes open and give them a taste of these benefits for their life."

Dr Mizue Honda
Doctor
Japan Overseas Health Administration



"Every one has there own power. We need to Identify how to use power for the betterment of the world to maintain prosperity."

Mukunda Raj Aryal
Chairperson
Nepal Bar Association

Dr Man Bahadur K.C.
Registrar
Pokhara University



"Power is the empowering of human beings to complete their required task. This comes from inner strength which helps us to complete our commitments."

Er Manoj Kumar Singh
Chief, Pokhara Distribution Centre
Nepal Electricity Authority

Maureen Chen
Participants Liaison
the future of power, Australia





"Power is an unseen feeling that is going on continuously in our behaviour in life. It is self generating, i.e. developing, due to the events which need us to keep a positive attitude."

Naryan P. Adhikari
Chairman
Nepal Brahman Society

"Awareness of soft power in eastern countries has helped us to realise the value of our place in the world."

Niranjan Shrestha
Director
Sujal Foods



"Power should be constructive not destructive. It can be gained itself through self confidence, activeness, interest and devotion."

Narayan P. Gautam
Campus Chief
Western Engineering College

"Feeling good about the self happens when our conscience is clear. We feel calm."

Nizar Juma
Initiator, the future of power
Industrialist, Kenya



"Power is truth."

Prakash Baral
Chairperson
District Sports Development Committee

"Each and every person has equal power but the results may not be equal because it depends on how and in what we will use that power. This is my understanding from today."

Prem B. Shrestha
Ex-Multiple Council Chairperson
Lion's Club International



"I realised how much spiritual power and values are crucial for the self and for the society. Human life is based on these two powers."

Parinita Didi
Director
Brahma Kumaris

"The emotion and intention which comes from our hearts is power. Because it contains the energy of the universe."

Rabi Prasad Baral
Principal
Gandaki Boarding School





"Power is creating something innovative, energy that can transform the society and country."

Rabindra Adhikari
Member of Parliament
CPN UML

"Feeling good about the self happens when our conscience is clear. We feel calm."

Rajendra K. Khatri
Director
National Inspection Regional Office



Ram Krishna Gyawali
Western Regional Director
National AV News TV

"Power is peace in the heart."

Ramkali Khadka
Founder & Director
Women's Skill Development Organization



"Power is internal strength manifesting externally in a soft, pure way – no longer needing any force to live my life and relationships."

Rosemary Turberville Smith
Administrator
Inner Space, UK

"After this dialogue I understood that you need different powers for different aspects of life."

Sarada Mohan Kafle
Civil Engineer
Pokhara Sub Metropolitan Office



"Power is the natural energy of the soul that is renewed by connecting to the source of power - the supreme soul."

Dr Sarah Eagger
Senior Lecturer
Dept. of Psychological Medicine, UK

"If a person is pure and peaceful they develop love and compassion which takes them towards happiness which leads towards power."

Yuvraj Subedi
Judge
Appellate Court





"I am quite confused about how soft power works but it is fruitful to think about this."

Sarubhakta Shrestha
Poet, Novelist and Dramatist
Pokhareli Youth Cultural Family



Shailesh Raj Baral
General Secretary
Brahma Kumaris, W Nepal



"By joining hard and soft power we will have smart power. Smart power is to think positive, respect all and have love. Love is great."

Sulochana Dhakal
Co-ordinator
Manipal Teaching Hospital



"The definition of Power was simply defined, especially the difference between soft power and hard power. I realize how to use power to live a life happily."

Sunil Kumar Goshali
Director
Goshali Print Pack and Packaging



"Power is something beyond visible and physical dimensions. It can only be felt through the application of spirituality."

Surendra Didi
Director, Brahma Kumaris,
Banaras & W Nepal



"Power means dedicated, moral support, honesty, cooperation, helping others in need."

Yadav Prasad Koirala
Chief District Officer
District Administration Office, Kaski



Pokhara Overview

The Pokhara Grande Hotel was the venue for 'the future of power dialogue' on 8 March 2014. 58 leaders, the largest number and the most prompt group of delegates, were eagerly awaiting to enter the venue even before time! Nizar Juma opened the dialogue with the comment, *"Spirituality is the common ground for all, it is universal and does not need religion."*

Anthony Philips from the UK facilitated the dialogue. When asked about events that have empowered their life, Ganga Subedi, Director, International Nepal Fellowship, shared that he and a low caste boy were caught doing some misdemeanour, however only the low caste boy was punished. This led to his PhD on untouchability. Dr Kalu Sharma, Chairman, Western Regional Hospital, shared that a visit to a dentist who was oblivious to the pain he had caused his patient, led him to become a doctor.

After the tea break a rich dialogue on the difference between spirituality and religion ensued. Maureen Chen from Australia share, *"Superstition is anything done in fear; spirituality connects us whilst religion is tradition and is used either with fear or love, connectedness."* Dipendra Shrestha, CEO, Radio Annapurna, *"Parents do not even take time to have meals with their children. How can they enrich their lives with values and culture."* Dr Krishna KC, *"Computers have software and hardware but no heartware. Humans have heartware, the sound of soul and purity is the fundaton of the that."* Mr Ashok Palikhe, Director, Fishtail Hospital and Research Centre, *"Humans have the propensity to copy. As values are deteriorating, we must become powerful to resist this trend and think for ourselves."*

In a larger room of the same venue, 500 participants gathered to hear the outcome of the morning session. Brahma Kumaris Banaras Zonal Director, Didi Surendra, welcomed all participants. This was followed by an introduction to the concept of soft power by Nizar Juma. He spoke about his initiative of a 'Blue Company' system which he has initiated In Kenya, where companies will be certified as corruption free.

Through a Talk Show, hosted by Anthony Phelips. Dr Arnold Desser, a Medical Educator from UK, *"This morning was fantastic. The most important quality is to be connected! whatever language we use the vibrations go through."* Divyakala Shrestha, Regional Educational Director, *"We have both positive and negative inside us. The victory of positive over negative will give confidence, love, peace, etc. We need to incorporate this kind of knowledge in the text books designed for youngsters in school level."* Anandaraj Mulmi, Former President of the Federation of Nepalese Chamber of Commerce, *"I realized today that spirituality is not religion. The future of power is for the next generation, so we must leave a legacy for them."*

The Chief Guest, Justice Bishowambhar Prasad Shrestha, Acting Chief Judge, Appellate Court, shared his insight, *"We know we have a soul but never knew how to empower it. From these deliberations, I have learnt an easy method of how to implement and apply the inner qualities and that we already have these inside us."* Senior Bk Pareeneta, Director of Western Nepal, thanked all who have made the programme a wonderful beginning for a new way forward.



Hotel Pokhara Grande, Pokhara, 8 March 2014

Standing (L-R): Hanif Miya (President, Ali Miya Lok Wangmaya Pratisthan), Hari Pandey (Former Estate Minister), Yuvraj Subedi (Judge, Appellate Court), Devendra Dhakal (Registrar, Appellate Court), Anand Raj Batas (Chairman, Batas Organization), Jhalak Ram Adhikari (CEO, Pokhara Sub Metropolitan Office), Dr. Balram Upadhyay Regmi (Chief Editor, Astrology Weekly Magazine), Rajendra K. Khatri (Director, National Investigation Regional Office) Lekh Gurung, (Campus Chief, Pokhara Engineering Campus), Dipendra Shrestha (CEO, Radio Annapurna), Naryan P. Adhikari (Chairman, Nepal Brahman Society), Deviram Bhandari (Chief, Transport Management Office, Gandaki), Narayan Gautam (Campus Chief, Western Engineering College), Dipendra Marsani (President, Siddhartha Club), Rabi Prasad Baral, (Gandaki Boarding), Dr. Arnold Desser (Medical Trainer, National Health Service, UK), Sarada Kafle (Civil Engineer, Pokhara Sub Metropolitan Office), Dr. Kalu Sharma (Chairman, Western Regional Hospital), Bishnu Hirachan (MD, Nilgiri Distillery), Kailashnath Kharel (Chief District Officer, District Administration Office, Baglung), Francois Becher (National Co-ordinator, Brahma Kumaris, France), Anthony Phelps (Strategic Marketing Consultant, UK), Prem Shrestha (Ex-Multiple Council Chairperson, Lion's Club International), Dr. Basant Tamrakar (Founding Chairman, Fishtail Hospital), Ashok Palikhe (Director, Fishtail Hospital), Prakash Baral (Chairperson, District Sports Development Committee), Barry Jarecky (Business Development Consultant, Scotland), Chandrakrishna Karmacharya (Chairman, Karmacharya Group), Mukunda Aryal (Chairperson, Nepal Bar Association), Loknath Gautam (Chief Treasury Controller, District Treasury Controller Office), Dr. Ganga Subedi (Director, International Nepal Fellowship), Prof. Krishna K.C. (Professor of Geography, Prithivi Narayan Campus), Manoj Kumar Singh (Chief, Pokhara Distribution Centre), Sarubhakta Shrestha (Pokhareli Youth Cultural Family), BK Shailesh Baral (General Secretary, Brahma Kumaris W Nepal), Ganesh. Bhattarai (MD, Boomerang Restaurant)

Sitting (L-R): Ramkali Khadka (Founder, Women's Skill Development Orgn), Dr. Mizue Honda (Doctor, Japan overseas Health Administration), Gudrun Duwe (Horticulturalist, Global Retreat Centre, Germany), Rosemary Turberville Smith (Inner Space, UK), Dr. Sarah Eagger (Senior Lecturer, Dept. of Psychological Medicine, UK), Bhim Kumari Ale (Head of Social Division, Rural Water and Sanitation Program), Maureen Chen (Participants Liaison, future of power, Australia), Sulochana Dhakal (Co-ordinator, Manipal Teaching Hospital), Nizar Juma (Industrialist, Kenya), Bishowambhar Shrestha (Chief Judge, Appellate Court), Surendra Didi (Zone Incharge, Brahma Kumaris, Banaras & W Nepal), BK Parinita Didi (Director, Brahma Kumaris, W Nepal), Aleyamma John (Principal, Amarsingh Higher Secondary School), Sarah Fitzgerald (Interior Designer, UK), Divyakala Bajimaya (Director, Regional Education Directorate)

Not in Photograph: Yadav Prasad Koirala (Chief District Officer, District Administration Office, Kaski), Himal Bakhrel (President, United Club), Ananda Raj Mulmi (Former VP, Transparency International Nepal), Dil Bahadur Chhetri (Former Chief, Prithivi Narayan Campus), Ram Krishna Gyawali (Western Regional Director, National AV News), Lucky Chhetri (Executive Director, 3 Sister Adventure Trekking), Sunil Kumar Goshali (Director, Goshali Print Pack and Packaging), Niranjana Shrestha (Director, Sujal Foods), Rabindra Adhikari (MP, CPN UML), Gangadhar Parajuli (Chairperson, Sunaulo F.M.)