

summary report

the future of power

Kathmandu - March 2014

A series of exclusive conversations exploring the
'shifts in power' and their impact on leadership in the 21st Century



AN INITIATIVE OF THE
BRAHMA KUMARIS



Kathmandu, the capitol of Nepal, stands at an elevation of 1,400 m. It is part of three districts Kathmandu, Lalitpur and Bhaktapur and UNESCO's World Heritage Site lists all three cities attractions under Kathmandu Valley-UNESCO World Heritage Site. Its economy is focused on tourism with its rich history spanning nearly 2000 years and as a treasure house of art. Religious and cultural festivities form a major part of the lives of the predominantly Hindu and Buddhist residents. The local Newari artists travelled extensively throughout Asia, creating religious art for their neighbors. Bhrikuti, the princess of Nepal married Tibetan monarch Songtsän Gampo, and introduced Buddhism to Tibet. Nepali is the indigenous language, Hindi is widely understood and English is also understood by many. The city's literacy rate is 98%.

During most of the Malla era, Kathmandu dominated the trade between India and Tibet. Architecturally notable buildings from this era include Kathmandu Durbar Square, Patan Durbar Square, Bhaktapur Durbar Square, the former durbar of Kirtipur, Nyatapola, Kumbheshwar, the Krishna temple, and many others. The Gorkha Kingdom ended the Malla confederation after the Battle of Kathmandu in 1768. This marked the beginning of the modern era in Kathmandu and the empire itself was dubbed Nepal. During the Rana regime, Kathmandu's alliance shifted from anti-British to pro-British; this led to the construction of the first buildings of Western European architecture, including Singha Durbar, Garden of Dreams, Shital Niwas, and the old Narayanhiti palace, the first modern commercial road, Trichandra College, Durbar School and Bir Hospital.

Eight rivers flow through the city from mountains in the elevation range of 1,500–3,000 m and have passes which provide access to and from Kathmandu and its valley which are in the Deciduous Monsoon Forest Zone with oak, elm, beech, maple and coniferous trees. Famous for lokta paper and pasmina shawls, woollen garments and carpets, it also exports handicrafts and artworks.

Kathmandu

FOP Participants and Feedback



"The rapid pace of physical development is taking us far from our emotions, humanity and spirituality."

Khil Raj Regmi
Ex Head of Nepal Government

"Power is understanding one's self and radiating love and understanding."

Ambica Shrestha
President
Dwarika's Hotel



"Power comes from connecting yourself to the Ultimate Source, God, the Lord, the Almighty - the Brahman."

Ananda Raj Khanal
Director
Nepal Telecommunications Authority

"It is important to reflect on what qualities have brought our success and how we use spirituality in our life."

Anthony Phelps
Strategic Marketing Consultant, UK



"I don't want to live with blemishes. I don't want to shy away from the facts and forget that we have come with a two way ticket. It is good to remember everyday that you are mortal. Even Bill Gates can't buy back yesterday."

Dr Arju Rana Deuba
Honourable Member
Constitutional Assembly

"Coming together this morning created very good positive energy. Positive energy is power."

Dr Arnold Desser
Medical Trainer
National Health Service, UK



Akhil Chapagain
Chairman
Akhil Trading Concern

"Power is derived from dedicated spirituality, self control, discipline, continuous ethics and communication with others to gain a common understanding."

Bijaya Man Sherchan
Executive Chairman
Pashupati Energy Development Company





"Power is the application and realisation of my true self. The soul tries to do this through the body but when the ego gets in the way, it prevents me from expressing myself in my true and pure way."

Barry Jarecky
Business Development Consultant, Scotland

"The present power is gun, muscle and money. The future power should be spiritualism for humanity."

Bishwa Kant Mainali
Senior Advocate
Supreme Court



"Power is the ability to change negative thinking into positive and to recognise the 'I' in one's self and taking one's self to a higher stage of enlightenment."

Dr Chandra Lekha Tulachan
Doctor
Rotary Club

"Spirituality gives us peace and satisfaction in life. I will encourage young people to believe in spirituality and ethical thinking."

Dr Chet Raj Bhatta
Professor of Mathematics and Assistant Dean
IST, Tribhuban University



"'the future of power' is a great concept. I would like to have captured more details in the discussion."

Chiraka Shova Tamrakar
Dean
IST, Tribhuban University

"Power is spiritual energy, honest energy. Spirituality unites all and brings all religions together, to come together and unite is power."

Deepak Bista
Taekwondo Master; President
Nepal National and Int'l Players Assn



Deepak Man Sherchan
Executive Chairman
Creative Builders Collaborative

"Power is the enlightenment of who you are through the understanding of spirituality."

Dr Dinesh Raj Bhujju
Academician
Nepal Academy of Science and Technology





Durga Raj Regmi
Deputy General Manager
Nepal Bank

"Power is to be aligned with your truth."

Francois Becher
National Coordinator
Brahma Kumaris, France



Gagan Kumar Thapa
Honourable Member
Constitutional Assembly

"Moral value is the future power. Yoga and meditation will help and Spirituality has a bright future."

Ganesh Shah
Ex- Minister
Dept of Enviroment, Science & Technology



"Power creates energy which can be used to fulfil your capacity. This program will help me to use this positive energy for myself, family, society and all human beings."

Gyanendra Lal Pradhan
Executive Chairman
Asian Council on Water, Energy & Environment

"I liked the message that spirituality should bring ethical and moral values in our life. I need to take this message to all."

Hari Bhakta Sharma
Executive Director
Deurali-Janta Pharmaceuticals



"All power comes from God, the Almighty, omnipotent and All presence. We need power to love, forgive, respect and to be humble. Jesus Christ gives me power to do all this."

Dr KB Rokayo
President and General Secretary
National Council of Churches

"The power of noble deeds will lead other people to be creative, ethical and productive. Material power is not permanent but spiritual powers are eternal and sustainable."

Khadananda Chaudhary
Deputy Inspector General
Metropolitan Armed Police Force





"I believe in materialism but after this dialogue, I am trying to find the space of spirituality within materialism. Internal power, self discipline is most important."

Khimlal Devkota
Central Committee Member
Unified Communist Part of Nepal (Maoist)

"My aim is to keep the remote control of my life with myself and not with others."

Kishore Thapa
Secretary
Ministry of Urban Development



Krishna Prasad Sharma
Chief Executive Officer
National Commercial Bank

"I learnt about myself and who am I. Spirituality should be the best way of life."

Lakshman Lal Karn
Honourable Member
Constitutional Assembly



"I feel empowered to realise myself after this program. Now there is greater realisation that power lies within your honesty and integrity."

Madan Chitrakar
Senior Artist
School of Arts, Kathmandu University

"I hope that through spiritual awareness we will eventually be able to change the society at large and personally as well."

Dr Mahendra Nath Subedi
Research Associate
Royal Botanical Garden



"Soft power is long lasting, it makes a difference, it is sweet and gentle, and it is common to all. It is from within, our own true identity."

Dr Mizue Honda
Doctor
Japan Overseas Health Administration

Moana Ansari
Member
National Women Commission





"All need to reduce the gap between the soul and the body. Spirituality is the reality of life."

Neel Kantha Uprety
Honourable Chief Election Commissioner
Election Commission

"Each nation needs to balance soft power with all other powers to use smart power."

Nizar Juma
Industrialist
Initiator, the future of power, Kenya



"Inner power is important to guide one's life and to connect with other humans. Try to realise that power is for the good of the people and the universe. It is the power of one!"

Pushkar Raj Bhattarai
Head of Office
UN High Commissioner for Refugees

"God is our friend and comes when peace, happiness and love needs to be rekindled in our awareness."

Raj Didi
Zone Incharge
Brahma Kumaris, Kathmandu



"The power in the soul can empower the mind to think for the future with purity of thought."

Ramchandra Lamichhane
Chairman
Imagine, Nepal

"I want to become a clean, clear instrument of God so that His power can help me in all that I do."

Ram Singh Ayer
Vice Chairman
Brahma Kumaris, Kathmandu



"Physical power is temporary and transitory. Even atomic power is less effective than spiritual power, the unknown cosmic power that guides mankind."

Dr Ramesh Chandra Adhikari
Professor of Political Science
Tribhuvan University

"Power comes from my inner heart. Spirituality is an asset. I need to follow the path of spirituality and get success with this power."

Dr Rishi Ram Sharma
Director General
Dept of Hydrology & Meteorology





"I make the effort not to see titles and positions. I experienced the greatness in each person I interacted with today and this helps me to become great."

Rosemary Turberville Smith
Coordinator
Inner Space, UK

"Power should be practised in the right way to yield happiness to serve the provider and consumer to make this world full of love."

Dr RP Bichha
Director
Kanti Hospital



"I work with people who have money power. They realise that it does not bring happiness as it does not help them to know themselves."

Dr Sarah Eagger
Clinical Senior Lecturer
Department of Psychological Medicine, UK

"I always try to remember that life is a drama and to be an observer. In this way I do not lose power becoming involved in anything unnecessarily."

Sarah Fitzgerald
Interior Designer, UK



"The more powerful I am inside, the more powerful I will be in my life and the more I will be able to share power with others through spirituality."

Serena Rix Tripathee
Senior Advisor
Search for Common Ground, Australia

"The discussion was very good and I hope you organise such programs all over the country. I request motivational programs like this."

Shashi Bahadur Thapa
Environmentalism



"Power comes from 'TRUTH'"

Shovan Dev Pant
Chief Executive Officer
Lumbini Bank

"Spirituality is real power for the future. Understanding one's self, strengthening the soul through spirituality and knowing one's self will empower one in real terms."

Surya Prasad Silwal
Secretary
Office of the Prime Minister
and Council of Ministers





"Meditation and connecting with people from different walks of life would be power."

Sushil Kumar Bhattchan
Chief Adviser
Japan International Cooperation Agency

"Power is to realise who I am and awakening ethics in all walks of society."

Jean Terry Borne
International Teacher
Beijing International Management Institute



Tika Dutta Niraula
Honourable Member
Public Service Commission

"Power is your personality and how you can move someone onto the right path."

Vijaya Laxmi Rana
General Secretary
Himani Trust

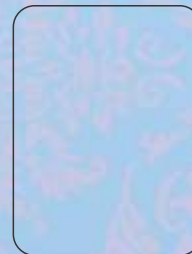


"Power is within me, outside and everywhere."

Chief Development Commissioner
Kathmandu Valley Development Authority

"Power is understanding who you are. It is reducing the difference between what you are outside and inside and conquering your ego."

Vishnu Kumar Agarwal
Managing Director
Morang Auto Works





Kathmandu Overview

Hotel Annapurna was the venue for the Kathmandu dialogue on 7 March 2014. 53 participants fully engaged themselves in the process, making it one of the richest dialogues to date. Nizar Juma opened the session with an appeal, *"We need your power, when you speak people listen. Things are changing; power is coming back to this subcontinent."* The facilitator, Anthony Phelips from the UK, was quite passionate about bringing 'the future of power' to Nepal, *"I dream of taking this conversation to the whole country."*

Bishwa Kant Mainali, Snr Advocate, Supreme Court, *"While speaking out as a young man at university I was imprisoned. I discovered that even hardened criminals have humanity and that our justice system is defective. The experience taught me to become a professional lawyer."* Shovan Dev Pant, CEO, Lumbini Bank, *"Do not imitate anyone, otherwise you will know what you have missed. Be yourself in your personal and professional life. Your mind can become as strong as a mountain."* Serena Rix Tripathy, Advisor, Search for Common Ground, *"By planning and reflecting, we can perform actions thoughtfully and with integrity. As the world is speeding up, we need to root ourselves in what we feel is fundamentally right."*

Sarah Eaggar, Lecturer, Dept. Psychological Medicine, UK, joined Nizar Juma to respond to questions from the morning session. *"Our attitude, vibration and our being does the talking, not words. I need to be the embodiment of what I am talking about. We are human beings not human doings."* How do you measure the spirituality you have? Nizar Juma replied, *"If you feel happier about yourself, good about it, that is a way to measure. Quality of life itself is a measuring rod."*

In the evening a programme was held at the National Academy Hall to share the outcome of the dialogue. Raj Didiji, Zonal Director, Brahma Kumaris Kathmandu, welcomed all participants, *"God has to come when there is no peace, happiness or justice. God is our friend in this regard, and is there to inspire and guide us back to our true and original pure nature."* Nizar Juma followed on, *"This country has to decide if the government should rule with gun power or with other soft power. Anthony Phelips anchored the programme, interviewing several participants in a Talk Show."* Dr. Arju Rana Deuba, Member, Constitutional Assembly, *"This point about the soul having a body, not the body having a soul has been a deep realisation."* Kishore Thapa, Secretary, Ministry of Urban Development, *"My aim is to keep the remote control of my life with myself and not with others. As an engineer designing buildings, I realized even buildings need a soul to make it complete."* Ambika Shrestha, President Dwarika's Hotel and Francois Becher from Paris joined in to make it a very lively session.

The Chief Guest, Khil Raj Regmi, Former Head of the Nepalese Government addressed the audience, *"The rapid pace of physical development is taking us far from our emotions, humanity and spirituality. Spiritual education will bring success in giving an all round education."*



The Future of Power, Kathmandu 7th March 2014, Hotel Annapurna

Standing (L-R) : Durga Raj Regmi (DGM, Nepal Bank), Pushkar Raj Bhattarai (Head, UN High Commission for Refugees), Bijaya Man Sherchan (Exec Chairman, Pashupati Energy Development Co), Ganesh Shah (Ex-Minister, Ministry of Environment, Science & Technology), Dr Rishi Ram Sharma (DG, Department of Hydrology & Meteorology), Dr K B Rokayo (President, National Council of Churches), Bishwa Kant Mainali (Senior Advocate, Supreme Court), Madan Chitrakar (Senior Artist, Kathmandu University), Yogeshwar K Parajuli (Chief Development Commissioner, Kathmandu Valley Development Authority), Ram Chandra Lamichhane (Chairman, Imagine Nepal), Kishore Thapa (Secretary, Ministry of Urban Development), Krishna Prasad Sharma (CEO, National Commercial Bank), Mahendra Nath Subedi (Research Associate, Royal Botanical Garden), Dr. Arnold Desser (Medical Trainer, National Health Service, UK), Shovan Dev Pant (CEO, Lumbini Bank), Barry Jareckyj (Business Development Consultant, Scotland), RP Bichha (Director, Kanti Hospital), Neel K Uprety (Hon Chief Election Commissioner), Anthony Phelps (Strategic Marketing Consultant, UK), Deepak Man Sherchan (Chairman, Creative Builders Collaborative), Gyanendra Lal Pradhan (Chairman, Asian Council on Water, Energy & Environment), Khadananda Chaudhary (DIG, Metropolitan Armed Police Force), Hari Bhakta Sharma (Director, Deurali-Janta Pharmaceuticals), Laxman Lal Karn (Hon Member, Constitutional Assembly), Shashi Bahadur Thapa (Environmentalism), Dr Chet Raj Bhatta (Professor of Mathematics and Assistant Dean IoST,TU.), Francois Becher (National Coordinator, Brahma Kumaris, France), Khim Lal Devkota (Central Committee Member, Unified Communist Party of Nepal), Dr Ramesh C Adhikari (Professor, Political Science, Tribhuban University), Ananda Raj Khanal (Director, Nepal Telecommunications Authority), Surya Prasad Silwal (Secretary, Office of the Prime Minister and Council of Ministers), Dr Dinesh Bhuju (Academician, Nepal Academy of Science and Technology), Ram Singh Ayer (Vice Chairman, Brahma Kumaris, Kathmandu), Deepak Bista (President, Nepal National and Int'l Players Assn), Bishnu Kumar Agrawal (MD, Morang Auto Works), Sushil Kumar Bhattchan (Chief Advisor, JICA)

Sitting (L-R): Sarah Fitzgerald (Interior Designer, UK), Rosemary Turberville Smith (Coordinator, Inner Space, UK), Ambika Shrestha (President, Dwarika's Hotel), Serena Rix Tripathee (Senior Advisor, Search for Common Ground), Dr Sarah Eagger (Clinical Senior Lecturer, Department of Psychological Medicine, UK), Vijaya Laxmi Rana (General Secretary, Himani Trust), Dr Chandra Lekha Tuladhar (Doctor), Nizar Juma (Industrialist, Kenya), BK Raj Didi (Director, Brahma Kumaris, Nepal), Arju Rana Deuba (Hon Member, Constitutional Assembly), Chirik Shova Tamrakar (Dean, IST, Tribhuban University), BK Kiran Didi (Dty Director, Brahma Kumaris, Nepal), Terry Borne (International Teacher, Beijing International Management Institute), Dr Mizue Honda (Doctor, Japan Overseas Health Administration), Neetu Gupta (Communication Head, the future of power)

Not in Photograph: Anuradha Koirala (Chairman, Maiti Nepal), Chandra Prakash Dhakal (Chairman, Global IME Bank), Akhil Chaipagain (Chairman, Akhil Trading Concern), Padam Jyoti (Chairman, Jyoti Group), Ramesh Kharel (Snr Supt of Police, Kathmandu), Bikram Pandey (Hon Member, Constitutional Assembly), Karna Shakya (Chairman, Kathmandu Guest House), Laxman Humagain (GM, Nepal Television), Suresh Kumar Karki (Director, Radio Nepal Broadcasting Services)