



In light of the current speed of change, the instability of many areas of our world, and the suffering of millions, perhaps there is another way we can help.

Three Ways You Can Help
Heal the World
and Empower Yourself

TIME WITH ONE

join us mornings and evenings

Where: **At Global Cooperation House**

When: **Monday 15th to Friday 19th September**

Every morning 7:00am - 7:30am and

Every evening 7:00pm - 8:00pm except

Thursday 18th: 7:00pm - 8:30pm with insights shared by

Sister Jayanti, European Director of the Brahma Kumaris.

Saturday 20th September:

Morning 7:30am - 8:00am and Evening 7:00 - 8:30pm

Sunday 21st September:

Morning 9:00 - 9:30am and Evening (see below)

What: Cultivate your "personal connection" and spend some time with ONE. Includes a meditation, short talk and conversation about all aspects of connecting and staying connected.

BEING WITH ONE

stay connected during the day

Even during busy days, we can stay connected and draw on the power of ONE to help us:

- Pass on to the world the light and love of ONE.
- Interact positively with others.
- Think clearly, make quality decisions and remain stress-free.

We will share with you ways on how to stay connected at work and at home when you join us for the morning or evening meditations at the center.

THE LOVE OF ONE

be part of the Global Finale

Join thousands of people across 135 countries
on Sunday 21st September 2014.

You are warmly invited to be extremely quiet while powerfully connected to The Source. You will be one of thousands across the world linking the heart of humanity during an evening to celebrate the Love of ONE.

The Love of ONE

Global Cooperation House

6:15pm – 7:45pm



BRAHMA KUMARIS
WORLD SPIRITUAL UNIVERSITY (UK)